

April 2020 Newsletter



Into

Hi & thanks again for reading my newsletter. This one is aiming to be as positive as possible in order to eliminate the last little bit of fear any of you might still have with all the 'mongering' going around.

What an excellent range of opportunities we now all now have. The opportunity may vary from focusing on eating more healthily and boosting your immune system to catching up with all the jobs in the house and garden. For me it has allowed me time to tune in more carefully to what is happening, what is being shown to me and what I must be doing in the short term. There is so much I could be doing right now, as I have many projects on the go, but each are waiting for the synchronistic signs for me to turn to them again.

This is a time to break down the old ways of thinking, planning and preparing and to move to short term goals and to listening to the signs you get from the numinous. I use that last word in the terms that Jung himself used it towards the end of his life and that is as a noun and not the way it is currently used by the Jungian community (who Jung himself had begun to intensely dislike towards the end of his life). They have turned the word into an adjective in their rather feeble attempts to diminish what he was really saying because of what he had really discovered and that was another side to reality itself. Jung named the higher Worlds of Spirit - the numinous. Unfortunately, because so many people want to suppress his findings they turned it into an adjective meaning having a spiritual quality. What he did discover is astonishing and to even begin to extract that out of his red book is tough due to the editing. Add to that what he has missed through no fault of his own – due to more recent discoveries and we find some truly incredible truths arising from his work.

More on this in my coming online seminars later this year.

Earth Energy news

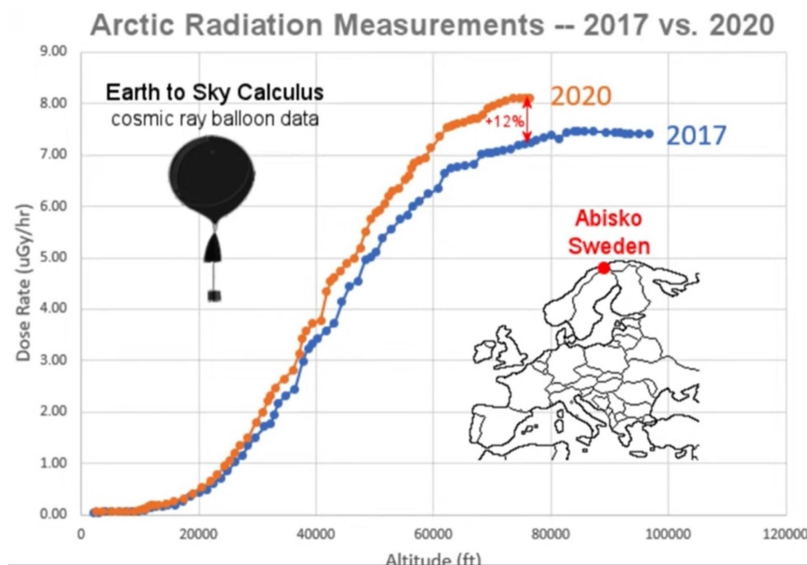
So March was pretty turbulent energetically for some people with many intense emotions – both positive and negative. There was good reason. The next bow shock wave hit us on the 12th March and has lasted nearly the whole of the rest of the month. In April it will ease off but it will be back

again in July and we can expect them to come more regularly after that. The only way to go is to accept them and relax into them. They will intensify the positive in you if you let them and they are definitely helping to prepare you for the big wave that is coming. (Remember our early ancestors went through this, as it is a cyclical phenomenon, so it has to be an easy process to follow).

This necessitated a bit of research and what has been found is that the energy lines have picked up in their widths again with the central band being what has widened. A type 3 line width has increased by around 8 paces making it around 45 – 48 paces wide now.

It does not appear to be that these bow shock waves are affecting the energy line widths. These cosmic bow waves do affect us but the energy line widths seem to be a factor of the lowering magnetic fields and the steady increase of cosmic energy that is getting through.

The emperor dragon energies are from Active galactic nuclei sources and their cosmic energy emissions and it is these that increasing the widths of the lines. These are not the same sources though as the source of the bow shock wave. The bow shock waves are found running ahead of the Superwave. (Read my post 196 for more information on that if you have not already). The origin for this superwave is something that is, as of yet, uncertain. What I am looking into at the moment is the possibility that our own Galaxy is putting out an expanding wave of energy along its central sheet – the galactic plane. Our solar system at the moment though is some distance from this plane but there is a school of thought that this plane has a vertical wave component which goes up and down either side of the plane. If this is the case we may well be passing through this wave front on a more regular basis than we pass up and down through the galactic plane itself.



The above graph shows the difference in the amount of cosmic energy we are not getting compared to 3 years ago. You may think this is only well up in the atmosphere and not down on the ground but remember that on hitting the atmosphere at the top they convert to gamma rays and high energy neutrinos and it is the latter that speed directly to the inner core where they get transduced into the Ultra-low frequency spherical sound waves that lead to the presence of the Emperor Dragons on the surface.

There are two new things that have happened this month energetically that have never happened before and this makes this month and the coming weeks even more special. The first thing is that this cosmic bow shock wave is the first one that has occurred during a harmony time. The two to three smaller previous ones each missed these times. This meant that this last harmony time was much more powerful and a few people realised this fairly instantly. What I loved about this recent harmony time was that there were the several reports from different gatherings that each reported the presence of the supreme joy that arose. I was at St Edith's well in Bristol with a lovely group of people and whilst in the middle of sending positive energy to the Coronavirus to mutate into a benign form, I was hit with an image of a bird beak facing me front on (without the bird's head I would add). The beak was crossed over and the only bird beak I knew like this was from a crossbill – hence the picture at the start of this newsletter. It gobbled up all the energy that was being sent for a moment and then it burped at me. It made me start to giggle and soon I could not stop laughing – not something you really expect to happen in a meditation. At Stanton Drew stone circle later, another incident with one of the other people there set us all to laughing and a similar experience happened at the Tor in Glastonbury. Somehow a message was getting through that it was about being happy and joyful at that moment in time.

If my memory serves me, in the last few gatherings, we have had peacefulness coming though in the past and also positive expectation. It will be interesting now to find out what comes through at the Summer harmony group meditations. What may well be happening here is that each quarterly harmony period might now be related to a specific emotion – Spring – Joy, Summer – Positive expectations – Autumn – Self Esteem, Winter – Peace. When thinking about this I cannot help thinking about agriculture and growing crops and livestock. New shoots of life & lambing in Spring (joy), Planting in the Summer (expectation), A successful harvest in Autumn (Self Esteem) and a Peaceful calm before the Winter storms (Peace).

We shall have to see.

The second thing that was new this time is that we now have to stay in one place for much longer. This is going to have a huge effect on people in many ways. The obvious ways you will all know about but the one that most people will be unaware of is the effect of the energy lines that run through houses. Aside from the few lines with frequencies that are really not good for their health, these energy lines will accentuate the emotions of people living on them.

This means that all we have to do is to recognise this effect and set our minds in motion towards the positive. This is actually far easier than you might imagine. You will have past recollections of moments when you were joyful and times when you felt at peace and times where you have high levels of self-esteem and times when you filled with positive expectation.

Everyone should be able to remember and recall these moments and it helps by starting to make a list of these moments. You may also be able to find an old photo of those moments in your records to help with this recollection.

Allow yourself a few moments during the day to remember each occasion with the sole purpose of recreating that past feeling. Visualise all you want but it is the feeling that needs to be allowed to come through. These feelings are connected to chemical reactions in the body and these last for a

while before being replaced by other chemicals. If you practice and get good at this, chemical production becomes faster and more efficient and they last in your system for longer periods of time. This helps in so many ways. It boosts your immune system, it protects you from any negativity and it will also allow you to get so much more of your work done.

So recreating past positive feelings & cherishing them and nourishing them will reward you. This is also the first step before even beginning to go on to have a successful meditation session.

One tip I must now add is this:- Keep adding to your list of positive experiences as you go through life. You need to do this as even strong good old memories can begin to fade in their strength over time.

So with so many people now staying for much longer in their homes, there will be changes. Life will never be the same again for some so we have to make this change a positive one.

Science

Continuing on with this theme of hope, I want to return to a topic I touched on in a newsletter last year. This was in regards to the SAFIRE project <https://www.safireproject.com>

There has now been an update from them with is incredibly exciting and positive.

In short the SAFIRE team set out initially to see if they could model how the Sun works in the laboratory. They did not accept that it was a giant fusion reactor that was the equivalent of thousands of hydrogen bombs going off every second. Instead they thought it much more likely to be down to plasma and that it exists within an interconnected plasma universe.

Their model worked surprisingly well and had some interesting side effects. Firstly the conditions they found led to new elements being formed at the anode and secondly there were moments when an increase in energy, over and above what was being put in, suddenly appeared.

This set them to thinking that this could have commercial potential as a new power source and as a way to remove radioactive waste.

The team have now put together an investment proposition that is based on atomic hydrogen self-organising in a high energy plasma. They intend to develop a nuclear-plasma reactor.

This is not nuclear fission, which leads to dangerous nuclear waste and it is not nuclear fusion which is still unstable and needs huge amounts of energy for a controlling magnetic field (which they still have not been able to achieve). Instead this is new technology and a promise of wonderfully clean energy for our future in a way that is wholly scalable so that it will be able to power industry as well as homes.

Have a look at their latest video

<https://www.youtube.com/watch?v=ZBlNhPFFVog>

All that now remains in their way is the existing financial system and its controllers who want to keep their status quo. Fortunately the level of debt they have allowed to build up, together with

their fraudulent incompetence, has led to an over inflated asset bubble which is now in the middle of collapsing having been burst by the inept World leaders tardy reactions to the accidental (?) release of a bioweapon that the crazy, neoliberal, warmongering, military industrial complex made and what is now called the coronavirus 19. The joke is that it is not even a very powerful bioweapon but with help of the media and some test kits that only test for Coronavirus and not selectively for Covid 19, scaremongering can create a Worldwide crisis and an excuse to introduce more draconian lockdown laws that favour the nutters.

All this is good news though as it means change is on its way. The new Golden Age that is coming is far more powerful than one or two psychopathic humans, who are being helped by a few Intra-Terrestrial (IT's) demonic 'Beings' from one of the lower matter frequency Worlds. We are going to need some good clean energy in abundance in the near future and, for me, this is just one more positive sign of things to come.

Social media news

Global communication can creep up on you without you really noticing. Unless you stop for a moment and take stock of things, it is easy to forget where we have come from and then to perhaps see where we are going. Make no mistake the powers that would be, are fully aware of where we are heading and it is scaring them massively. They are desperate and they don't know what they can do other than closing down the internet altogether. They may even try that when they contemplate their own demise.

So what can we see and learn and predict.

I began my first website back in 1999. I used a program called Microsoft Front Page. I was lucky to have learnt some basics back then as it made it easier to keep up with the constant changes over time. Early on I was also fortunately also aware that you could spend hours and hours on an online project only to find technology and programming had changed and your work was now pointless to continue. The trick was to try and find a company and a program that would last a long enough time for your work to count. The market has stabilised a bit now but what has continued to grow exponentially is interconnectivity.

Everyday large internet companies now look for ways to try and limit one person's ability to distribute information to thousands and thousands of people. They will close accounts, ban you from posting and make it harder and harder to build a subscriber base. The powers to be just do not want that much control leaving their hands and being placed in someone that they don't or cannot control. This was actually why many channels were monetised and done so in a way that favours the content providers who were most popular. There is nothing wrong with this of course but if you are used to a regular income, you soon learn to tow the mainstream narrative line in order to keep your pay checks coming in.

There is one thing though that they can do nothing about and that is multi networking and this is beginning to grow big time. What I mean by this is that each of us can have 50 followers and each of those people can have 50 followers, and different ones, and then each of those people can have 50 and so on. This has crossed national boundaries and we now have networks within networks with messages going vertically both ways and horizontally both ways. Instead of one person starting a

message and this getting shared downline, the networks get merged with one another making them far stronger, not at all easy to spot, and almost impossible to intercept a message that has started once it is on its way.

What we now have is the emergence of trusted online communities. True there are moles who join in order to report things they do not like, but these are now getting weeded out by the smart 'admins'. This is where we can now begin to see that censorship of the truth is becoming nigh on impossible for those with vested interests who fear the truth emerging.

The swiftness that truth can now travel unhindered throughout the World, via trusted sources, is increasing.

As a sharer, of what I see & feel is the truth anyway, I can see a change in behaviour going on in the web. Whether this is via videos, comments, tweets or messages, people are becoming more and more compelled to share the truth.

When you look for a reason why, it comes back to these changing energies and our slow evolution of consciousness. We are already starting to increase our empathy with others. Telepathy is also growing and this is most evident with lies. We have already become more sensitive to lies to the extent that we ourselves have no desire to misinform other and instead wish to share what we feel deep down is true.

We also sense who else online is doing this and we network with them and this is how each of our trusted networks grow and develop. We do not need a million followers anymore - indeed that would become our Achilles heel. All we each need are 50 trusted followers or subscribers that we know will share what we share, and will read what we send, just as we will read what they send.

It is the efficiency of this system that is growing exponentially and if we look into the future just a couple of years, this multi-networking will become so much more powerful.

Just think back to time when we bought newspapers every day and watched the news each night on TV or even before that listening to it on the radio. Very few people I know do this anymore. We are all now broadcasters of the truth each day and several times a day. Inside information can now get leaked through trusted sources this way too.

We have still yet to fully realise our collective power. Make no mistake though, the 'powers that would be' can see this coming and they are now caught between the devil and the deep blue sea - To let it continue, or to switch us off. At some point they will choose the latter but by then it will be far too late for them.

Change is coming. The truth will emerge and the future is Golden.

Courses, Seminars, Workshops news

With the current lockdown in place, I am not able to run any courses or seminars for the time being. I am developing some online courses though.

We live in an information rich World. There is loads of it and lots of really good stuff too. There are some great books we can read but we just don't have time to read them all. There are two key things here that stand apparent to me with this.

Firstly how do we know what we should read and what not to read? What do we really need to read for our path, our journey in life, and indeed in what order should we read things. What should we read first? The answer is to apply synchronicity to this and there are some great techniques that can be learnt to do this well and to get much more synchronous events coming into your life.

Secondly, we are overloaded with things that have to be done in this fast changing World. Our attention is constantly being distracted and our ability to focus is weakening and we really need that to be strong with what is coming (more on that in the future). What this all leads to is less comprehension and retention of what we read.

It is as though we have become avid information collectors but a year later nothing is remembered. Gone are the days of our past when we were taught how to think and recall things. Repetition, writing notes are all things we can employ, but what is still missing is one other critical piece of the equation – meaningful discussions with key learning points – ones that are drawn out by a skilled facilitator. These are lessons that are never forgotten and, if a subject is worth reading, it is going to be worth remembering. If it is part of what you need to know in life, you need to remember it for ever.

With that in mind, and with the coming evolution of consciousness already creating life lasting changes, a group of us have been putting together a series of online learning modules based around key critical source information like books, videos and audio streaming.

Much of this is new, much of this is what you may have come across but are perhaps unsure of how you can best apply it to your life and some of it will leave you searching more accurately for what you still need to find out about.

I won't mention the topics in this newsletter but will in a future one. One last thing I would add here is that although these are online courses, they can be run in small local groups and if you have done a module yourself, should you wish to and with the help we can provide you, you can run that module yourself for other people. This can provide an extra income to those who would wish to do this, in order to help others through these coming changes.

If anyone is interested, please wing me an email and I will be in touch nearer the time. I personally see these groups as offering a potential lifeline to people who are experiencing difficulties with the changes going on, or people who are experiencing things that they just cannot understand or cope with.

Book news

Sorry but this month, I have just not had enough available time to be able to do this section justice.

So in conclusion to this month's newsletter, if there is one message it is to stay positive and have hope. Things are going to get far darker in the months to come. We will be hit with more and more atrocious government actions on behalf of the Psychopaths. This is for our benefit. This is being done

to help us gear up and prepare for the coming changes. Not physically of course but mentally emotionally and spiritually. We must become stronger in all these areas and we must help enough other people to do the same.

We must adopt the same positive spirit that the prisoners had in the Japanese POW camps. I had the pleasure once of meeting and talking with one of these great people. He was one over 1500 prisoners who were marched North for several weeks through mosquito and disease infested jungle to the POW camp – only around 280 people arrived due to deaths from malaria and cholera. Somehow he survived the years he was there. Back in the UK his inner strength stayed with him and he went on to have an incredibly successful career. I cannot say what work he did as that would identify him and I don't wish to do that as I never had his permission to share what he told me privately.

We will need that fighting spirit in the coming months. This is about the freedom of the human soul and if you think this is rather excessive, I would point you back to the time of the French revolution. The refugees that left France and went to Germany used to read a publication that was specifically written for this market, called 'The Hours'. In that, a series of articles was written about the importance of freedom and of being free and what that meant. The last one was written in order to show the importance & significance of the freedom of the human soul. It was written in the form of a short fairy story called 'Das Marchen'. It was written by an amazing man called Johan Wolfgang von Goethe. We know the story today by the subtitle 'The Green Snake and the beautiful Lily'. If you would like to know more about this book and to read a full interpretation on it, click here:-

<https://roryduff.com/goethes-fairy-tale-a-full-interpretation/>

It is a vitally important publication even for today as part of it came to Goethe in a dream vision and it contains a message for all of us.

At the bottom of the webpage is a free 'soundcloud' recording of a modern abridged version of the story.

Anyway thanks again for reading this newsletter. Please do let others know about my work if you think it is right and appropriate.