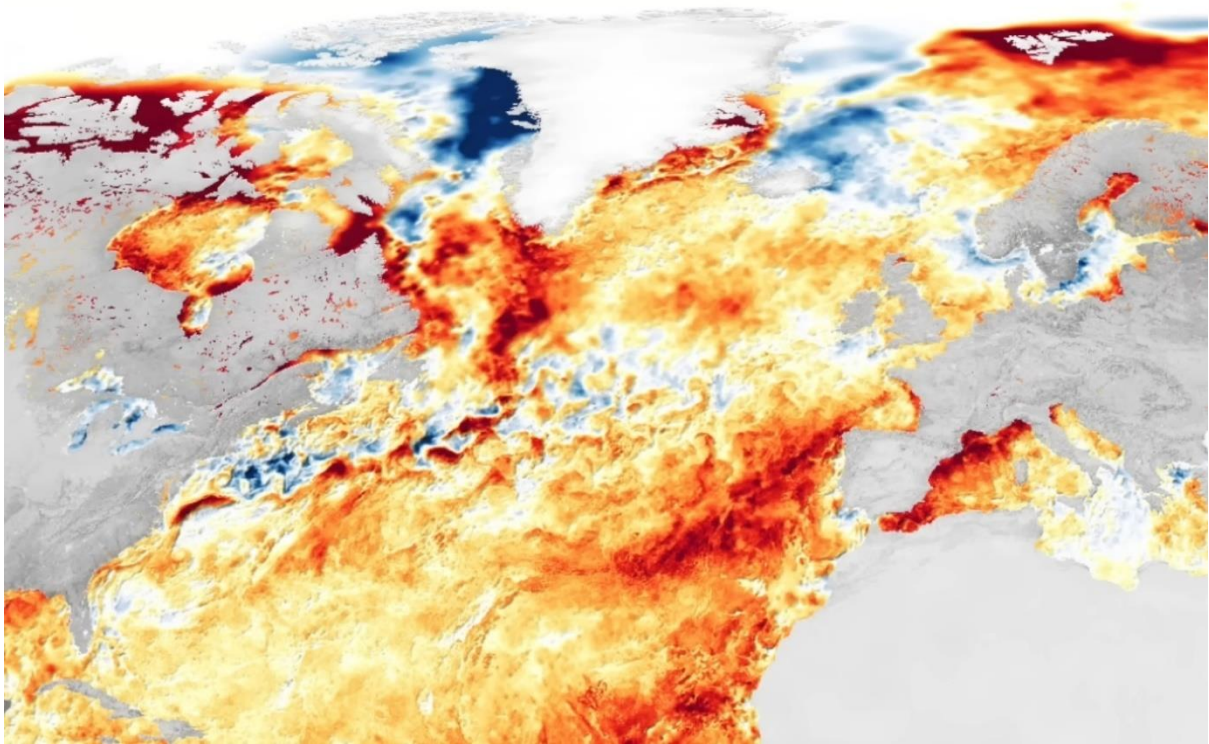


September 2023 Rory Duff newsletter



Ocean temperature map using data from the National Oceanic and Atmospheric Administration – July 2023

Hi to you all

Thank you again for choosing to read this newsletter. I had not intended to write one for this month, but circumstances compelled me to share this timely information as we head towards another Autumn equinox harmony time opportunity.

Autumn harmony time meditation update

The very first thing I would like to draw to your attention is **the timing** of this group meditation. We usually start at midday wherever you are in the World but this time around I am going to suggest **you start at 2pm.**

The reason is because the moon is **void of course from 12.30 to 1.20pm.** If void of course is new to you it is when the Moon makes its final aspect before leaving a zodiac sign—and before entering the next sign. During this time there are no lunar aspects and no more messages to shoot our way.

A message from Pam Gregory is that you should never begin anything new during void of course as it will be unlikely to reach completion. Since we begin three meditations during the harmony time ceremonies, and we wish to send good intentions out into the World, it seems appropriate to wait until after 1.20pm.

If you would like a table to see of the times of ‘void of course’ this year, this link will take you to a very useful one.

<https://wemoon.ws/blogs/journey-into-astrology/moon-void-of-course-data>

I will be at Oliver's castle again this Autumn, so if you are able to join me that would be lovely. Location details for this sacred site and others can be found on the [Sacred Network](#) (*An update on this is found in the other section*)

In the Spring harmony time meditations this year there, we all felt a universal experience of Joy. In summer meditations, we had the group experience of Peace – two of the main emotions that are said to make up the feeling of Love.

I am wondering now just what positive emotion we will all receive this time.

Seminar update

The Seminar titled '**A Group Exploration into the coming Universal prophecy through Symbolism, Spirituality and Science**' on the 24th September has now sold out. So I am sorry if you would like to have come along.

Due to the amount of interest in people wishing to become facilitators for the sacred path modules, we are looking at possibly organising another event and maybe an online one. I will let you know more about this as soon as arrangements are made.

Introduction

In this newsletter, I would like to start by offering an **optimistic look back over the last ten years from the year 2033**. It aims to take our current position and project it forward as a sort of realistic vision of what can become possible if we come together. Unfortunately there are obstacles that need to be overcome in the earlier years. In order to come up with any way forward, we need to know the reality before we consider our options. This is part of the old GROW model in coaching where G stands for Goals, R is the reality, O is the options open to us and the W refers to which option we choose.

In the **Science section** there has been a series of recent scientific papers about physical changes on our Earth and Sun. The link to water is made in a way that connects up with energy problems in Rome, London and Washington DC and a final action point is suggested for the next harmony time meditation. If enough of us do this, I am confident it will have a major positive impact.

In the **Social media section** there is a video that I saw this month that possibly gives us a glimpse of how group consciousness might be experienced. Although we don't need to do, or replicate, the experiment ourselves, it leaves a pleasant feeling of optimism as to its possibility and recognition when it happens.

In the **Other section** there is an update on the Sacred Network and the Sacred path modules.

Looking back

As I sit here and write this today on the 28th August **2033**, with the World slightly colder, it is easy to now see the moment everything began to change back in August 2023.

Today though, the green shoots in the Western World are now clearly rising and giving hope to millions. The 9th BRICS games produced some incredible athletic performances and the feeling of optimism was in the air.

Innovation within the energy market has now become unstoppable due to the energy crisis in the years before. Nothing could stop the previously restricted research and the many suppressed free energy devices are now powering homes in the new communities that have sprung up across Europe and Northern America.

Tesla, Moray, Marinof and many other early pioneers would have been proud to see how their original ideas were now being used to assist the growth in organic farming and the flourishing small business tech industries.

With the scientific research budget now being far more evenly distributed, investors had poured funds into the new technologies with confidence now that local markets were protected due to the changes brought about by decentralisation. Previous patent applications that had secrecy orders slapped on them by the authorities because of National security interests could be suppressed no longer.

The previously vast and powerful Military Industrial Complex (MIC) had suffered mightily due to the US dollar depreciation against the BRICS 40 nations gold back trade settlement currency.

Nearly all of the US bases around the World had been closed 7 years ago as the rest of the World had rejected their presence. In the end it was the lack of funding that had become the problem.

The demise of NATO came earlier because of their appalling losses in Ukraine at the end of 2023 and early 2024. They had sent more and more of their advanced weaponry into the country along with specialists trained to use them and all had been gradually wiped out with hypersonic missiles and more advanced command and control communications. NATO's inability to plan ahead so that supplies of more ammunitions would be available was central to their failure. Profits before success had been their central tenet for too long. Having lost all their previous wars in Korea, Vietnam, Iraq, Afghanistan and now Ukraine, the MIC had been shown to be nothing more than a profit driven centre for only a few small groups of people.

What was incredible was the realisation of just how many people did not want the MIC anymore. They had been the confrontational force in the World, whereas nearly all the other countries forces had been non-confrontational and served only as a sovereign defensive mechanism.

The other surprise was that most of the US corporations and businesses just wanted peace in the World so they could trade with other countries and make money. Even they did not want the MIC anymore. As the MIC also ran and controlled NATO, it became more and more obvious to the clear majority Europeans that they too did not benefit at all from NATO's offensive actions.

Ukraine had gone through inner turmoil for a couple of years as a new government had been chosen in elections over seen by a panel of adjudicators from the BRICS nations and after the complete demilitarisation of the country had been carried out and all of the Western Biolabs had been decommissioned.

That was in the past though. Now the country had begun to thrive as it always should have been able to before the Globalists interventions. Many of the people who had emigrated to rightfully protect their families from the special military operation had returned and, even though the country was half the size it once used to be, its inclusion into the BRICS nations, with their injection of infrastructure money from the New Development Bank, had revolutionised its organic, pesticide free, farming industry. It was also greatly benefitting from not having the expense of running a defence force and a much downsized political class. Instead there was a peace keeping force made up from several BRICS nations, excluding Russia, and it was ensuring everything ran smoothly with no further corruption.

In the West there had been a new drive to become competitive again in the export markets. Waste was being trimmed in every area possible. The death of the two party system and the introduction of frequent referendums, much like the Swiss people had been doing for over 40 years, had given back the power to the majority of people and a new meritocracy had led to sovereign states and sovereign regions within countries. All of them were now committed to coexisting interdependently with one another for mutual benefit.

People could now vote with their feet and if they did not like what their state or region was doing, they could move to another one.

The one and only end result from this, was that states and regions had to make their places the best places possible to live and work and bring up children.

Everyone soon realised that working was infinitely preferable to free hand outs of food and rent stamps. Unemployment was below 1% and wages were again able to sustain families.

It had not always been like this though and times had been extremely tough for everyone.

One unexpected thing that had really helped was the new BRICS 2023 initiative to bring together all of the ancient traditional medicines from each of their countries in order to sustain their knowledge and to integrate it with modern medical practices. This had sent shockwaves through the pharmaceutical industry worldwide. The result was that a whole host of much cheaper, and often more effective, treatments became available to the poorer nations. The really good news was that they made this available to the Western nations.

The huge profits of the vaccine companies, with their no liability financial risk, became a thing of the past. They still made money but the move to holistic medicine away from the old one solution fits all types of people was becoming a thing of the past. The disastrous mRNA vaccines, were now being put to far more effective use on a tailored one to one basis, in much more measured amounts, such that there were no more excess deaths from too many spike proteins being released from the cells.

Even the previous ruling classes and their financial backers had had their comeuppance and many were now behind bars. Loss of freedom was not what was hurting them though, it was the new financial penalties that had been implemented that ensured that their crimes would never pay in the future.

They and their families had had all their worldwide wealth taken from them.

Multi billionaires everywhere were now using their skills for the greater good of mankind and that meant good investments, good careers and good incentives and good opportunities for those who worked hard.

Taxation obviously still had to happen in order to help those less able than others and to run the basic services. The new higher unearned income tax rate and lower earned income tax rate, along with the tax rebates based on the numbers of people you employed with a good living wage, had really helped inspire business owners to realise, despite the advantages of AI, just how important people were to their profitability. If they wanted to make loads of money, they had to employ a large number of people on living wages.

Living wages had been redefined as the ability to bring up a family.

It had taken awhile for the corner to be turned and to reach this moment, but as usual, it was adversity that had driven change. Looking back, it was clear to see that when mankind faces its darkest moment, the strong stand up and others rally around.

It was not the weak, the greedy and the parasitical, but the hard working core group of people found in all countries, who are really the backbones of the nation.

These stalwarts had found themselves faced with loss of everything through no fault of their own. They were going to lose their houses, their businesses and the health of their families.

The past global leaders at first tried to blame the Global South for the economic disaster that the West endured. It soon became clear though that it was their leaders own policies that had led to it.

In **August 2023, ten years ago**, the BRICS nations of Brazil, Russia, India, China and South Africa held their conference in Johannesburg. Of the many things they discussed, it was agreed to let six other nations join their group – Saudi Arabia, United Arab Emirates, Iran, Argentina, Ethiopia, Egypt.

They also announced that the BRICS 11 countries would start using their own currencies for trade between the BRICS countries. Any surpluses and deficits after imports and exports between countries would be sorted out by a new trade currency that was backed by physical gold.

It was a game changer as was the NDB – the New Development Bank that had billions injected into it purely to help finance infrastructure in BRICS nations in order to increase trade. This was so popular it led in less than two years to the BRICS40 nations and shortly after that, all South American countries, all African countries joined and trade between them all was growing rapidly.

The knock on effect of all this was that no one wanted to use US dollars to trade. The old reserve currency, that at one time 70% of the World used, was now used at around the 25% to 30% level. This is what led to a huge funding crisis.

The pound, the Yen, the euro and the dollar all fell in purchasing power and their exchange rates dropped dramatically.

This Geopolitical position left the Western nations very short in energy products. Oil and gas costs rocketed upwards. Imports of food also had huge increases in costs. No one in the BRICS nations

wanted to buy US Treasury stocks of Eurobonds or UK Treasury Gilts. Western governments and their controlling central banks had no option but to increase interest rates to attract foreign buyers.

This led to domestic interest rates to go up into double figures in 2024 along with hyperinflation now above 20%. It had a devastating effect on the economies of the West.

Although the political leaders tried to blame the BRICS, they were putting in place their own plans and these were detested by more and more of their people.

The bankers with their fiat money system and the extreme levels of debt, had no option, and they had known this as far back as 2008. They had to have full control over the money system to keep it solvent and that meant eliminating cash and introducing a digital currency that was programmable.

If you did not spend your money the way they wanted, it would attract negative interest rates. If you were a good citizen and did not criticise their politics, you were rewarded.

Savers were particularly hammered as there was now no incentive to save and restrictions on how you could invest your money were put in place. Buying gold, silver and cryptocurrencies had been given massive financial penalties to make it unworkable. They did not have to make them illegal or confiscate them, they just cut them out of the payment system by adding huge transaction taxes. Even private exchanges had to be declared on tax forms. This was all very well for a few large transactions but it became impossibly time consuming if you had many of them.

Many more people than the central bankers thought ended up reacting against this. They did not appreciate this loss of freedom, and to add to that restriction the World Economic Forum (WEF) had ensured the introduction of vaccine passports that were linked to the new digital money and their new regional, national and international travel pass.

More and more of us were not complying and the establishment were getting desperate.

They had been planning all this for decades but Donald Trump had lost them 4 years and they knew they were behind schedule. That meant that many more people had had time to wake up to what they were doing.

The banks were also becoming increasingly more and more insolvent with their huge derivative debt ratio so there was further pressure to move fast.

Money printing, backed by nothing tangible, was at full tilt. Fraud, bribes and nepotism had become so prevalent that it could not be hidden anymore and the people were growing more and more aware of this.

Left wing or right wing, republican or democrat, were all now seen as the same with the same policies and the same fraudulent establishment. This included the civil servants, the legal system with their compliant judges. Millions were also now not paying to watch or read their media so influence was fading fast.

Switching off the internet was even being talked about as it was proving just too difficult to stop the freedom of speech on the many platforms.

Something had to give and it just needed a small push. The question was what would give first and when.

When the inflation began to really kick in towards the end of 2023, the BRICS nations and in particular China was blamed, and at first the majority of people began to believe that. However it was around the same time that the globalists had arranged for their next flu pandemic. Vaccines were again mandated and shutdowns were attempted in many parts of the Western World.

The mainly docile masses in some countries complied but in France and the USA there were mass protests. They were still remembering the huge numbers of excess deaths that had occurred due to the excessive production of the spike protein. Vaccines had always in the past had a very careful dosage, but with the mRNA vaccines, the amount of spike proteins produced inside the cells was extremely erratic. It was when these were released into the blood stream that the cardiovascular and stroke problems had rapidly increased.

The German economy was also nose diving because their high energy costs were making them very uncompetitive in the World market. They had voted out the politicians who still supported the USA because of their bombing of the North Sea gas pipeline. It was the cheap gas from Russia that had previously kept their economy buoyant.

The European union with its unelected, undismisable and incapable leaders had created this disaster and the sovereign nations making up the community were waking up to the fact.

It was only years later that everyone eventually realised that this destruction had all been planned by the WEF.

The purposeful destruction of the west by the World Economic Forum (WEF), with their Manchurian candidates in political power in all the Western nations, had been their aim all along.

The WEF and the globalists pipe dream of a 'New World Order' required that they first bring down the economy as they knew their fiat currency system was failing and they needed an excuse to introduce a new one. The trick they had to contend with was to be able to blame someone else.

With the BRICS breaking away, they now knew that full control was impossible, so instead they opted to just take control the West for now. Hyperinflation with interest rates of over 15% was their way of achieving this destruction along with another massive wealth transfer to themselves.

The new digital currency, vaccine passport was then going to bring them control and a new carbon tax to counter the supposed threat of climate change was going to bring them an added source of new money to help pay for that control.

The climate certainly did change and we have now had six years of much colder weather all around the World. Even the globalists had realised that their 'Chem trails' and their aims of blocking out the sun were seriously backfiring on them.

What was also backfiring was the goodwill of the decent people in their countries. These good folk had not taken to the streets, it was not their way, but they did react by looking to build communities around where they lived. They knew now that the government was never going to help them or save

them in any emergency and there was one that was looming very quickly – good healthy food and water.

For years the standards of drinking water had been declining. The water company profits had been increasing and the food industry was increasingly cutting back on providing anything actually healthy to eat. Over 80% of food being sold in supermarkets in 2024 had been deemed as poisonous by the new health groups that had been forming.

Additives, pesticides and many other things were causing increasing levels of toxicity within humans and the food they consumed and this in turn had seriously increased ill health and obesity to the extent that hospitals had been deliberately overrun with patients.

Again this had all been by design as the globalists and the WEF had long been known to have a population reduction agenda. The Georgia guidestones had openly stated they wanted a target of only half a billion people. That meant killing off seven billion people!

Even all these problems had not been the trigger for change to begin. It had made a huge difference in waking up at least 35% of the Western World as to what had been going on but the globalists were still able to double down on their agenda. They knew there was no going back for them now.

The trigger that finally happened was one that no one could have really predicted.

The global supply chain had been seriously impaired since the first lockdowns in 2020 and 2021. The container ships travelling across the oceans were having some tough times. The Panama canal, where 40% of the USA's exports and imports cross through had been having serious water shortage problems and the waiting times to use the canal had reached over a month.

At the same time the grain from Ukraine that was going to Europe was now only getting through to African nations who were actually more in need of it.

The result was a growing food shortage in the West. Rising food prices and shrinkflation and the serious demise in product quality in the shops had become all too apparent but when the shelves began to get emptier and emptier, hunger and poverty were two sides to a problem that was never going away.

The final crunch came with the sugar problem. Manufacturers were finding more ways to cut costs and sugars and the alternative sweeteners were an increasing cost and something they could reduce.

Sugary drinks and foods were becoming more expensive and less available and their sugar and sweetener content was now much lower. The gradual increase in sugar cravings of the obese became more and more insatiable and it was not long before their bodies reacted and unexpected bouts of anger would erupt from them.

It led to a herd mentality backlash the like of which had never been seen. It was not a safe time to be on the streets or to be a politician.

Withdrawal symptoms have their chain of effects and it was not long before anger led to fatigue and illness. Businesses just stopped as office staff in their masses just gave up trying to go to work. Countries just ground to a standstill.

It had left millions in dire need of medical attention due to the internal shock to their system but this had been at a time when there were further increases in hospital admission due to vaccine injury as well as people suffering from inflammatory diseases. Stress was also becoming a major problem.

The latter was down to the increase in mortgage payments, millions of people falling behind more than 3 months behind in their payments and the huge surge in repossessions.

This triple whammy of food shortages, ill health from stress related diseases and people not working, was what led to the perfect storm at the end of 2024 when everything stopped.

This was also literally the case as buses, coaches and trains all stopped working for health and safety reasons due to low staffing, Petrol prices and not going to work physically meant that very few were using their cars for anything but the most important of trips and the aeroplanes had stopped due to lack of air crew and ground crew. Even the shipping lines were affected and containers took even longer to reach their destinations.

There was no doubt that most of the people in the West were just not fit or healthy enough to go to work.

Governments could do nothing. On the one hand they had the unhealthy who wanted help and on the other hand they had the healthy who wanted nothing to do with the government and who had been preparing for just this eventuality.

The food manufacturers and the pharmaceutical industry were also beginning to suffer financially. Their main market was dying and despite all their attempts to attract new customers, the healthy people were doing everything they could to find and eat organic healthy food and fasting when they could and avoiding the ill health service specialists and their drugs and chemicals.

One of the reasons why fasting had become so popular was that it was known to bring on autophagy in the body. This lowered inflammation and that helped their bodies reset themselves such that their immune system could get to work and do the job it was built to do.

It was later learnt that fasting had been the one thing that could be done about the increase in gamma ray radiation. The latter was increasing because the earth's magnetic field was reducing and more cosmic energy was getting through to the Earth's atmosphere. It was interactions there that led to the gamma ray radiation and the increase in inflammation.

Looking back on those times now, it was a really hard time for many people and unfortunately many passed over before they could be helped.

However the complete helplessness of the government and their lack of provision of resources, helped convince the good people in the countries of the West to stand up and be counted. Local communities soon started to flourish and bonds between them were strengthened with regional barter and trade.

It was not long before new local political systems began to emerge. It was the perfect environment for decentralisation and a chance for people to take back control. In the United States, gradually each state seceded from the union and declared their independence. In the UK counties did the same. In Europe, the different regions adopted the Swiss Canton model and each set up their own institutions to help and guide the people in their regions.

Local entrepreneurs flourished with new thinking and new creative solutions to problems. Home educational programs were adopted to suit the different regions and their needs.

This transition did not happen smoothly at first unfortunately. The parasitical class did not want to give up their paid lifestyle of fine dining and overseas travel at the taxpayers expense.

At first they brought in new laws and tried to get the police to intervene and to stop the practices of barter and even sharing food and shelter with others in return for their work. With the broken transport system though and petrol prices having quadrupled, they were mostly ignored because they were so outnumbered.

Elections finally had to be called as the governments continual extension of their self-granted emergency powers had just not worked and pressure from their own lobbyists grew and grew.

The financial institutions and the large multinationals were losing billions and they had to do something to avoid losing everything themselves.

No one was now using the vaccine passports as they were found to be unenforceable. No one was using the hastily introduced central bank digital currencies due to the ridiculous restrictions that had been imposed on them and the fact that many people felt that their money had been stolen from them with the 'bail in' that began them all.

The 'bail in' laws had been stealthily introduced in 2011 allowed all money kept in the bank to become a loan to the bank and to be used in anyway the bank wanted. When many people found that they could not get out their life savings, all remnants of any trust in banks was lost forever.

We can only look back now with a positive mind, but it had been extremely tough for many people. It had to happen though, as countries in the West all had huge homeless populations and children were going starving. Crime was rising and the political classes on all sides were just not doing anything about that but still happy to waste money on wars all for lucrative financial kickbacks from the lobbyists.

By the time the elections came, new parties had been formed purely for the purpose of getting into power for one reason – to change the voting system and the way governments were run.

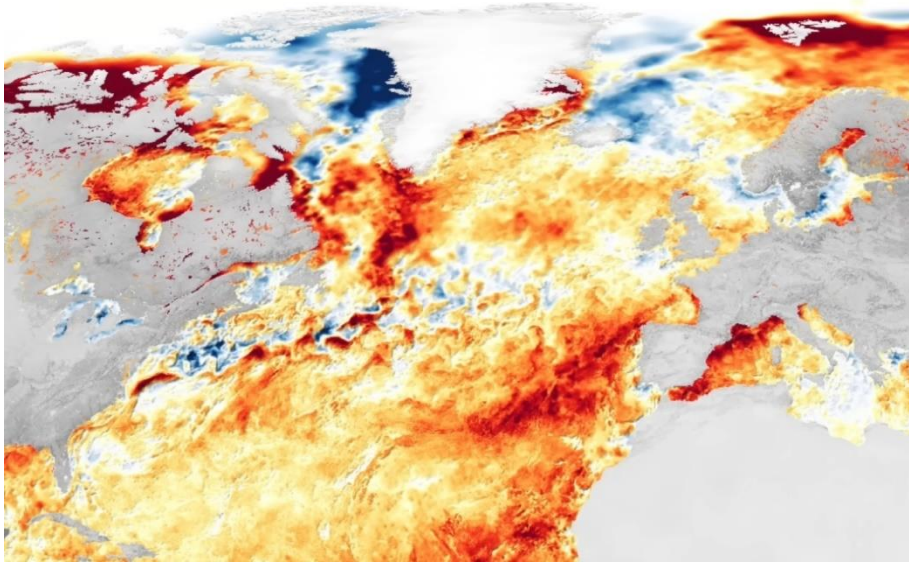
The result was decentralisation and, with it, came a sense of freedom and renewal – an intoxicating mixture that galvanised the local communities.

It was amazing to witness the human spirit soar in this environment and much was achieved over the last few years.

As I sit here in 2033, there are still local, regional, national and international problems that need to be overcome, there always will be, but this time, we seem to have developed the resolve to work

creatively together to come up with appropriate solutions that become marketable to other communities and trade is once again flourishing,

Science section



The above image is an ocean temperature map and one that is typical from the National Oceanic and Atmospheric Administration.

Looking carefully at it you will see North Africa, Spain and Europe and the British Isles in grey on the right hand side. On the left hand side you will see the grey area of the USA and Canada.

The colours are there to indicate the temperature of the ocean. As you can see by the red off the coast of Spain the sea there is close to boiling. In truth though, the colours are only a few degrees in difference – the idea is to scare people into a state of fear over global warming.

But is that really what is happening?

You may remember that when this all began the narrative was all about mankind warming the temperature of the Earth through its reckless activities.

The narrative then changed from global warming to climate change. **Does that then include Global cooling that mankind might be responsible for?**

I am not actually going to try and answer these questions in this article instead, what I would like to do though is to provide you with some interesting information that will hopefully make you curious enough to demand that further debate is needed.

There is no point trying to come up with the truth or any solutions, unless there has been good honest debate as people need to buy into any solutions, right or wrong, if they are going to be accepted as a possible way forward.

Debate though is being intentionally stifled. There is a narrative and no one seems to be allowed to question what it dictates to us. That alone should raise alarm bells.

In addition to wanting debate and providing some thought provoking information, I would also like to add some new thinking about the potential for water to bring about positive change in the World.

In that regard, if you look at the top of the image you will see the white area of Greenland. To the West of that country you will notice a strong blue colour.

That one area had the potential to change everything. But before I can explain more about that, I need to refresh your memory on ocean currents.

Ocean currents are like a conveyor belts, driven by differences in temperature and salt content which determine the water's density.

Aside from travelling large distances North to South and East to West, the conveyor belt also travels at depth in one direction, and back the other way, up at the surface. In other words they are one long circulating current with both a vertically and a horizontal component.

Of particular interest to us is the Atlantic Meridional Overturning Circulation (AMOC).

This large system carries warm water from the tropics northwards into the North Atlantic.

As this warm water flows northwards on the surface it cools and some evaporation occurs. This increases the amount of salt. A low temperature and a high salt content makes the water denser, and this dense water then sinks deep down into the depths of the ocean.

This cold, dense water then slowly spreads southwards, several kilometres below the surface. Eventually, it gets pulled back to the surface and warms in a process called "upwelling" and the circulation is complete.

This global process makes sure that the world's oceans are continually mixed, and that heat and energy are distributed around the earth. This, in turn, contributes to the climate we experience today.

So if this current changes in any way, we get changes in our weather patterns. A serious change would mean serious weather changes. One particular serious change is if the temperature and the salinity of the ocean current dramatically changes. This could affect the whole circulation such that it might stop and even go into reverse.

For this reason, we need to take a look at what might cause any temperature and salinity changes.

The changes in salinity are easy to explain. When Ice melts it releases fresh water into the oceans and the salinity drops in those areas. Where the sun heats the ocean there is evaporation and that increases the salinity.

The changes in temperature can occur in several ways and how much should be attributed to each of the variable ways is something that is uncertain.

This is what the International panel on climate change (IPCC) is trying to establish with its Coupled Model Intercomparison Projects (CMIP). The trouble with these is that these are climate models and this is not real life. In addition to that, not all the variables seem to have been included in their models.

One big bone of contention is that they sum up the energy from the Sun as Total Solar Irradiance (TSI) and they put this down as an invariable figure – an amount that does not change – something which is just not true.

The trouble is that this does not account for solar particle forcing and it does not account for space weather and energy coming from outer space. If these factors were included, this would mean arriving at adding Total particle forcing to their models. This is extra energy that is entering our Earth's environment that is not at the moment accounted for in the models.

Energy is what changes the temperature.

This energy is one of the sources of heat in our World and if it is included in the models, it means that less heat can be attributed to mankind. Anthropogenic (Mankind) global warming may well therefore be much less than expected and possibly non-existent – leaving only our pollution as something that must be addressed.

One other aspect of energy that should be factored in, is that of volcanoes. It is well known that there is geological volcanic activity beneath the ice sheets on Greenland and in Western Antarctica and this provides a large heat source that is melting the ice beneath the surface. This then cools the water and decreases its salinity. The following paper explains this in more detail

Both Greenland and Antarctic Ice Sheets Melting from Below

<https://www.scienceunderattack.com/blog/2020/1/25/both-greenland-and-antarctic-ice-sheets-melting-from-below-69> - January 2021

In central Greenland, Japanese researchers recently discovered a flow of molten rocks, known as a mantle plume, rising up beneath the island. The previously unknown plume emanates from the boundary between the earth's core and mantle a depth of 2,889 km (1,795 miles), and melts Greenland's ice from below.

Although West Antarctica is melting (*mainly due to the volcanoes*), East Antarctica seems to be growing its side of the Antarctic ice sheet.

It may surprise a few of you to learn that only this last July 24th 2023 the Concordia weather station in Antarctica recorded its coldest temperature in six years. It was minus **83.2 C**.

<https://www.weatherzone.com.au/news/concordia-antarctica-hits-832c-worlds-provisional-lowest-temperature-since-2017/1407455>

Growing Antarctic ice sheet

<https://www.euronews.com/green/2022/05/13/what-s-behind-the-surprising-growth-of-one-antarctic-ice-sheet>

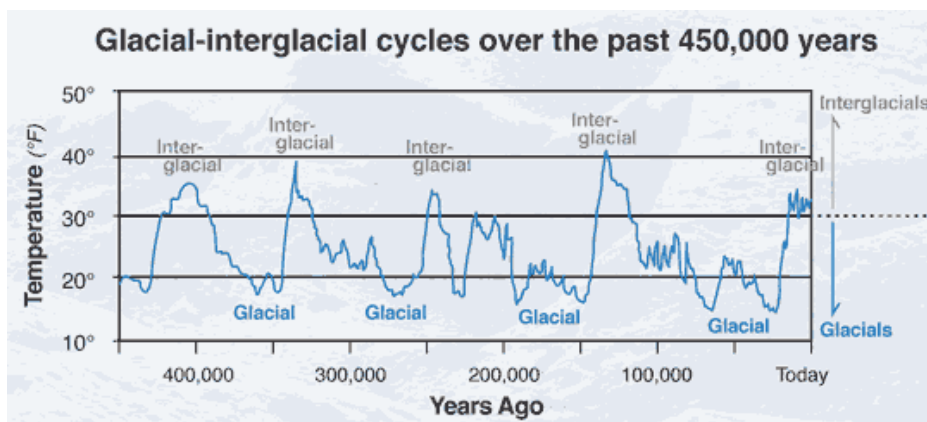
A change in wind conditions over the Weddell Sea seems to have pushed floating sea ice against the ice shelves, binding them together.

Together with greater snow fall that side of the country, the ice sheet has thickened considerably. As you can perhaps appreciate climate change is not that simple to evidence and it is perhaps only really obvious over much larger periods of time.

To look at this we must turn to solid evidence of temperatures over long periods of time and this is done by looking at oxygen isotope ratios in ice core drilling samples where drilling has gone deep down into these ice sheets. The deeper you go, the further back in time the snow was compacted into ice.

Glacial and interglacial periods

https://energyeducation.ca/encyclopedia/Glacial_and_interglacial_periods#:~:text=Similarly%2C%20an%20interglacial%20or%20interglacial,interglacials%20last%20approximately%2010%2C000%20years.



The above chart shows the paleotemperatures going back 450,000 years. You can see that the Earth has experienced cold glacial periods for most of the time with the occasional peak of warmer times which are called the interglacial periods. (Note the last 10,000 years as a larger graph on this section appears later on.)

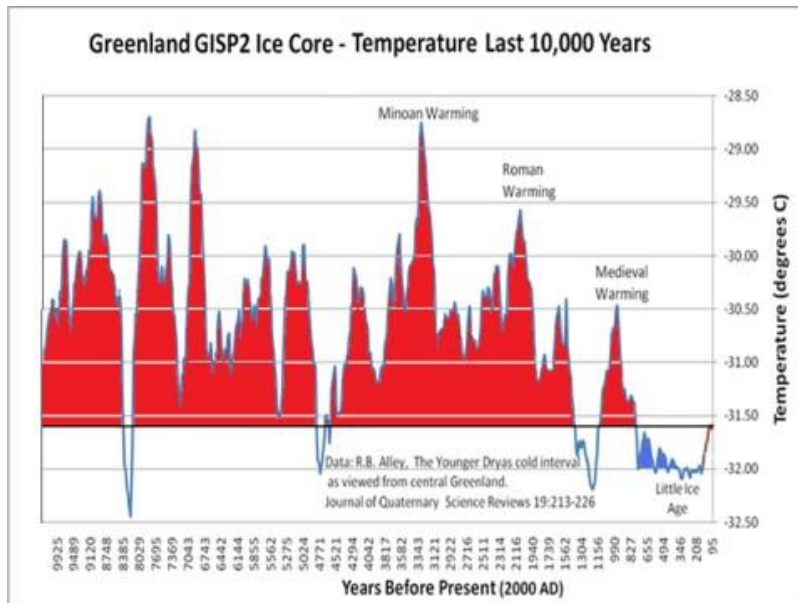
An ice age is a period of time where global temperatures drop significantly such that glaciers advance and encompass over one third of Earth's surface both laterally and longitudinally.

During an ice age, a **glacial** is the period of time where glacial advancement occurs. Similarly, an **interglacial** or interglacial period is the warmer period of time between ice ages where glaciers retreat and sea levels rise.

Over the last 450,000 years, glacials have lasted anywhere from 70,000 to 90,000 years whereas **interglacials have lasted for much shorter periods of time** of only around 10,000 years

Presently, **we are experiencing an abnormally long interglacial period called the Holocene**. It has lasted nearly 11,000 years. If the temperatures are going to change, it looks an odds on bet that we will have a new period of glaciation next and we might well wish that mankind could warm the Earth's climate.

Below is a chart of Greenland ice core temperatures for the past 10,000 years



You can see that the very small increase in temperature in the last 50 years looks as though we are going back into a warm period, but when revert to looking at the previous graph, this is a minor fluctuation. (*Temperatures in this graph are in Celcius, whereas the previous chart is in Farenheit. It is the comparative year on year trend that is important not the actual temperature*)

Sea level changes

Another major difference between glacials and interglacials are the changes in sea level. During a glacial period, sea levels drop an average of 100m as water is evaporated and stored in the growing glaciers and ice sheets.

During an interglacial period, sea levels rise as ice sheets and glaciers melt with the increase in temperature, thus resulting in an increase in volume of the ocean as water is heated.

In other words, **we may well also experience a large drop in sea levels**.

The Beaufort Gyre

It is with this knowledge in mind that we should look at a large area of swirling ocean to the North of Canada up in the Artic circle.

The Beaufort Gyre (BG) is the largest Arctic Ocean freshwater reservoir and it seems to have drastically **increased its liquid freshwater content by 40%** in the past two decades.

Scientists have said that if this cold fresh water reaches the large scale circulating ocean currents, it would have a serious impact on that current in the upper subpolar North Atlantic.

This would seriously cool the Earth climate and possibly even trigger the next glacial period by changing the direction of AMOC.

More details on this can be read in the following paper.

Labrador Sea freshening linked to Beaufort Gyre freshwater release

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7902633/>

Scientists have been wondering just which pathway this cold water would be released from the Beaufort Gyre. Would it come down through the Canadian Arctic Archipelago, or the Fram strait or the Labrador sea?

It has done this before in a release event from 1983–1995 but now the amount of cold freshwater is twice as much in the gyre. In addition to that, we have the volcanoes under Greenland that have also been recently melting the ice.

A publication by the Yale school of the Environment has called attention to this problem back in 2017.

How a Wayward Arctic Current Could Cool the Climate in Europe

<https://e360.yale.edu/features/how-a-wayward-arctic-current-could-cool-the-climate-in-europe>

It is at this point that we can fast forward to today and the image of the ocean temperature map and look at the dark blue area to the West of Greenland.

This very cold freshwater area is now so big, having come from both the gyre and the volcanic meltwaters, that it is very soon going to be heading down into the North Atlantic.

Two critical questions are **when and what will happen** and you might like to add a third and that is why is next to no one talking about this in the climate science field.

A positive way forward and a connection to Rome

As strange as it might seem, I see one huge positive here. The properties of water are coming under much discussion recently.

Researchers like Masero Emoto (*Human consciousness affecting water*), Graham Pollack (*Structured water energised by light*), Johann Grander (*Revitalised water*), Jacques Benveniste (*Homeopathic effect with water*) and more recently Veda Austin and Randy Hatton, have all shown that water has some special properties. It has memory, it can hold geometric patterns and it can store and amplify intentions, it has the power to heal and with light it has the power to ionise and energise.

In addition to this, with Ron Pearson's theory for the creation of the Universe and his theory of quantum gravity (*Showing that intelligence must have arisen on a sub quantum level that created all matter – including water particles www.pearsonianspace.com*), we can see how the universal intelligence is therefore in everything. Our conscious intentional interactions with water can therefore bring about real positive change.

With the release of water from the BG and the Greenland Ice cap, we have here is a huge amount of newly created water from Ice with fantastic potential. The potential exists because it contains no memory or intention.

If enough of us were to now send specific positive intent into this new large mass of water, by the time it reaches the North Atlantic Ocean it will transfer that intent into that ocean.

There is one extra bit of help we may well be getting if we choose to do this.

A Special light from the Sun

In two of the prophecies that we share dialogue around in the level 4 sacred path modules, we find reference to a special light from the Sun that will come as we near the final evolution of consciousness.

In the first, it was said that one of the Gods of the Inca – Manco Capac - stepped into this World assisted by a **very special ray of Light**. Shortly afterwards his brothers and sisters arrived, again assisted by a **special ray of light from the Sun**. They became known as the '**illuminated**' ones.

In the second, a Japanese prophecy, it is said that when the goddess comes out of the cave again, a **special light will return to the World & the darkest age of humanity will end with the dawning of a new Divine Light**.

These are both legends but they much much symbolism that provides ambiguity that can be worked on. One of the interpretations is that this is referring to ourselves emerging into the new World with the help of this new light from our Sun.

Being a scientist, I like to see some kind of corroborative evidence for this and we might just now have that.

In a new physics paper out on the 3rd August 2023 it appears that after a six year study, a new frequency of light from the Sun has been picked up and it is one that seems to be getting stronger.

The observatory that discovered this is the High Altitude water Cherenkov Observatory (HAWC) in Mexico. Unlike other observatories, it works around the clock. It can do that because HAWC uses a network of 300 large water tanks, rather than any scope with a lens, and each tank is filled with about 200 metric tons of water to make its observations. Its aim is to look for neutrino's and gamma ray radiation.

The network of tanks is nestled in between two dormant volcano peaks in Mexico, more than 13,000 feet above sea level.

From this vantage point, it can observe the aftermath of gamma rays striking air in the atmosphere. Such collisions create what are called air showers, which are a bit like particle explosions that are imperceptible to the naked eye.

The energy of the original gamma ray is liberated and redistributed among new fragments consisting of lower energy particles and light. It's these particles—and the new particles they create on their way down—that HAWC can "see."

When the shower particles interact with water in HAWC's tanks, they create what's known as Cherenkov radiation that can be detected with the observatory's instruments.

Data collection was begun in 2015 and by 2021, the team had accrued enough data to start examining the sun's gamma rays with sufficient scrutiny. One of the scientists involved then reported the following:-

"After looking at six years' worth of data, out popped this excess of gamma rays."

When they first saw their observations, they thought that it could not be right and that they had made a mistake and they said that "The sun cannot be this bright at these energies."

On closer inspection, the gamma rays that they had observed had about 1 trillion electron volts, or 1 tera electron volt, abbreviated 1 TeV.

Not only was this energy level surprising, but so also was the fact that they were finding so much of it. This information is now also supportive of the advancing galactic current sheet which is composed of plasma and cosmic energy – part of which is converted to gamma ray radiation.

For more details – click on the link below

<https://phys.org/news/2023-08-scientists-highest-energy-sun.html>

Discovery of Gamma Rays from the Quiescent Sun with HAWC

A. Albert et al. (HAWC Collaboration)

Phys. Rev. Lett. 131, 051201 – Published 3 August 2023

The Mayan and Hopi 500 year prophecy

Right now we seem to be receiving new light from the Sun. In many prophecies we are told we will be receiving a purifying light from the Sun. Several of them suggest that it will change us and help us to evolve.

Right now we have an increasing power from the fire from the Sun and this will be mixing with the power of the water on our Earth as the radiation falls upon it.

There are many saying about the fire that is found within the water.

The Mayans from Mexico are known as The Keepers of The Ancient Flame. The Hopi Indians in Arizona believe that Water is life and they believe that this is the chief of all elements.

There is an old 500 year prophecy that says 'When the Eagle returns from the north and dances at The Pyramid of the Sun, the world will be ready for the medicine of healing that we have kept alive for centuries.'

It is known as the time 'When the Condor of the South meets the Eagle of the North' and to both groups of indigenous people the unity of fire and water is help to be very sacred as it represents life.

A summary of possible actions we can take

As I have said in many of my newsletters now, **nature gives us both action and reaction**. We must do the same. We cannot sit back and do nothing. Gamma Ray radiation leads to inflammation so we must be careful to take steps to reduce all inflammation in our bodies. Fasting and eating healthy food and drinking good quality water will become more and more important.

So will too the actions we take as we must look to help others.

Graham Pollack found that structured water cannot form without light, whether it's sunlight, ultraviolet or infrared light. Although he does not mention it in his research, the same can be said about gamma ray radiation – a much higher frequency of light.

Gamma ray radiation will ionise and excite water molecules and it provides extremely high levels energy to water.

One of the actions we should consider taking is working with light and water.

It is here we find a connection with the problem identified in my last newsletter and the reason for this article.

There are at the moment three groups of people looking into the energetic problem in Rome, London and Washington DC. Each group spent time meditating and sharing insights on the issues found and all three groups reported that the water underneath these cities was what needed attention.

If we are able to cleanse the water in some way, the problem of the energy draining negative imbalance will begin to go away. Achieving this would make the future far brighter and far more positive for those people living in and around these cities.

It is time now to consider the impact of this huge mass of new cold water off the coast of Greenland.

What if many of us all imbued positive intentions for all our future into this great body of water?

Love, Peace, Prosperity and Freedom in a World of many sovereign interdependent communities would be a lovely intention to see manifested.

The autumn equinox is coming up and the harmony time starts on the 22nd of September and will last for nearly 40 days.

It is suggested that all the groups who are meditating during these times, might like to add this intention into their work.

It could be done by first tuning into the energy of the sacred site and then visualising this great body of water off the West coast of Greenland. Imagine the sunlight sparking off its surface and also passing deep down into it fuelling it with strong ionised energy.

Now send pure thoughts of love and peace into this body of water along with thoughts of Prosperity and Freedom in a World of many sovereign interdependent communities.

If we all did this enough times, then that great body of water would begin to store this powerful intention within its memory and as it travelled South it would share this with the water from all the oceans.

I am not sure quite what will happen, but I sense it can only bring positive outcomes and help us move closer to our evolution of consciousness.

It may well be that it is not just one action that will get us there, but instead many smaller ones that all add up to have one big great effect that brings unity consciousness.

Just how we might recognise this is perhaps described in the next section.

Social Media section

I was very taken watching this video this month and it made me wonder just what this young lady was really experiencing. The following are some of her comments:-

“Everything is one”

“I’ve never seen such infinite beauty in my life”

“Everything is so beautiful and lovely and alive”

“If you can’t see it you’ll never know. I feel sorry for you”

“There aren’t these separations”

The lady who had the experience seems very level headed person. She was filmed both before and during her experience and the words are spoken by her whilst having it.

This was a controlled experiment done way back in the 1950’s using a very, very, small controlled amount of Lysergic acid diethylamide (LSD) in a glass of water. LSD is a classical hallucinogen originally synthesized by a Swiss chemist called Albert Hoffman. He was trying to create stimulants for circulatory and respiratory problems.

We have to wonder how this drug became the only drug in the World to become banned in every single country.

Is it perhaps because it gives us a glimpse of unity consciousness?

I have never taken it, so I don't know but it feels as though this is giving us just a hint at what group consciousness might be like.

I did want to share this with you because of just how this lovely lady reacted and how much of a beautiful experience it was for her.

I have to say that I was compelled to watch it twice as there are so many subtleties in how she describes things.

Rare footage of 1950's housewife on LSD

<https://www.youtube.com/watch?v=Si-jQeWSDKc&list=WL&index=3> (8 mins – watch the first six minutes)

Other



On the 30th August we had a rare Blue Supermoon. This is when there is a second full moon of the month and when it is also extremely close to the Earth. It was visible in the evening and the above is a picture I took. Despite trying to find the best settings on my camera, I could not dim the brightness of the moon, but then again this is just a reflection of the brightness of the Sun.

It is said to bring about a heightened sense of awareness and intuition. Well, I'd be happy to accept that.

Sacred Network progress and updates

We hit some problems this month with the sacred network website due to its growing popularity. What was unexpectedly found by our webmaster was that we had a daily email limit. New registration and email notifications just stopped when this limit was reached. The good news is that this has now been upgraded and we are unlikely to reach the same problem again for a while.

I am delighted to say that the second phase of development has begun and this will help put the project on a firm footing for the future. Testing will be done soon and hopefully this will be ready in October. It's too soon to tell you much more but we are hoping to iron out all previous problems as well as adding many extra benefits to the site.

The Sacred path modules

It has been heartening to find so many of you asking to do these modules. That the event on the 24th September was sold out so quickly tells me that we need to find more ways so that more of you can start the modules and become delegates and also more ways for you to become facilitators of these modules.

More ways will be found and the information on what will be happening will be put up on my website www.roryduff.com and on the sacred network. One thing that is holding me back from making any announcements just yet is the development of the sacred network website as this will be the platform for people to register for joining groups as well as the platform for facilitators to promote the modules they are running. Just how that looks and works in practice will determine the best way forward to get as many of you as possible started.

So, please bear with us for a little longer as there is a bit more work to be done. If you are keen to get on board first, we will be putting up information on the Sacred path module public group on the Sacred Network. The level 1,2,3, 4 & 5 groups are for those people who have already done those levels.

Thank you so much for taking time to read this newsletter. Do please forward it on to anyone who you think might enjoy reading it.

Blessings

Rory Duff