

Rory Duff May 2023 newsletter



The above image was taken by myself this March. The springs here are the source of the Wekiwa River and they are found in the Wekiwa springs state park in Florida, USA.

People like the Seminole Indians and their ancestors have been coming to these springs in peace for thousands of years. They were part of what is now called the great Mississippian culture. This culture lived not just in Florida but also Georgia and Alabama - well before the borders to those states existed.

Peace unfortunately came to an end a few centuries ago when the Seminole found that they had to defend their homes and their people from the Spanish invaders in the 1500's. Then, later on again from the armies of the United States in what were known as the Seminole wars (aka The Florida wars. The 1st war lasted from 1817-1819).

Today, peace has returned to these beautiful crystal clear springs. They are free for anyone who wants to swim, sunbathe or just picnic.

I had the good fortune to be able to spend a day here last month and enjoyed a wonderfully relaxing and refreshing swim with my wife and our good friend Jill Jordan.

What made the swim so pleasurable, apart from it being a 90° Fahrenheit (33° C) day, was the feeling of freedom.

The people around us were from many different nationalities and cultures and everyone was having fun. There was no controlling authority present, not even any lifeguards. It was truly both exhilarating and liberating and both young and old were responding by being friendly with one another - happy to chat away with people they did not even know.

What made it feel so good was down to more than just that though. We were surrounded by nature. A myriad of different types of plants and trees hosted the sounds from many species of birds singing from their branches - added to that large wild turkeys were seen strolling along the grassy banks.

It all enhanced the valuable feeling of pure freedom and it made me think of what will come again everywhere on Earth as we transition into the new Age.

That feeling though began to dissipate as soon as we left, but what did last, and what was found in the days to come, were the many conversations that followed with strangers we met whilst we were over in the US. Everyone seemed to be incredibly friendly towards each other. Was this just because it was the Sunshine state?

Deep down the clear majority of people in the World seem to just want to live in peace and get along with one another, to smile and chat with each other and to exchange views and ideas and even to trade and do business together.

This got me to wondering just **what the numbers might be.**

How many people really want war?

How many people really want to own, control and rule the World?

How might us knowing this number help us go on to make our future more positive?

One of the important things in life is to know what the reality is - what the truth is, as close as is possible. Then, when you know this is not at all nice, the trick is to stay positive, heart centred and filled with love and compassion.

When we can do this, no one can exert any control over us.

The answers to these numerical questions are not easy to find but, right now, we are seeing **a huge divide forming in the World.**

On the one side - the 'Western' side - there are really just five countries or groups of countries:- the USA, Europe, UK, Australia and New Zealand; on the other, the '**Global East & South**' we find Brazil, Russia, India, Iran, China, South Africa, (BRICS) with more and more countries joining them like, Egypt, Saudi Arabia, Bolivia, Argentina and the United Arab Emirates – all of whom are reducing their dependency on the US dollar.

One of the world's great independent journalists **Pepe Escobar** wrote recently:-

"The numbers: the dollar share of global reserves was 73 % in 2001, 55% in 2021, and 47 % in 2022. The key takeaway is that last year, the dollar share slid 10 times faster than the average in the past two decades.

Now it is no longer far-fetched to project a global dollar share of only 30 % by the end of 2024, coinciding with the next US presidential election.”

[Dedolarisation article by Pepe Escobar](#)

This division is becoming more apparent in a geopolitical way as well but this wedge goes far deeper than that. The following statement was made back in 1923 by an amazing man who I will name later.

“Today there is a deep rift between humanity of the East and the humanity of the West. And those who do not go deeply enough into these matters cannot see how East and West are divided and how the East is waiting for the new Bodhisattva to bring them in his own way something of which the West has only the vaguest idea. The nationalistic struggles of today have not yet been sufficiently overcome throughout the Earth by the Universal consciousness which must flow from the Christ impulse.”

The term ‘**the new Bodhisattva**’ refers to **someone whose ‘goal is to awaken’** and this is perhaps why this statement is so relevant to us today. It also perhaps begins to explain just why mankind finds itself in this position today.

I don’t know who this Bodhisattva is but I strongly suspect that they could be a ‘Higher Being’, from the worlds of Spirit, who once walked this Earth. They are now most likely directing this awakening amongst us all – both East and West – where the East are far more aware of these changes.

The main point here in this quote is that **this divide has been foreseen** and that it has been associated with our awakening. **It does not refer to an awakening of just those people living in the East.** There may be many more people over there who have awakened and who are taking appropriate actions, but there is a growing number of us over in the West too.

We are fast becoming ‘the Many’ and we already vastly outnumber ‘the few’

Of the Western nations, mentioned earlier, ‘**the few**’ seem to be those people who are hell bent on global domination. In those nations, we are beginning to see more and more of their populations deeply unhappy with their politicians.

There have been hundreds of thousands of protesters in Israel, France, Germany and Holland in March – all clearly unhappy with what seems to be a globally imposed policy via the World Economic Forum – WEF – an unelected group of wealthy people with dubious amounts of wisdom.

Their cry that ‘we will own nothing and be happy’ seems more like an order rather than an explanation. **It does however give us a clue** about how they are going to try and impose control and how small their numbers must be.

Our politicians are really just puppets that are told what to do, and when, by their uber-wealthy benefactors. I am fairly sure that most of these politicians don't want war, but many of them seem to be very easily 'bought'.

The media are just the mouthpiece of their self-ascribed 'Overlords or Übermensch' (*Certainly people who are not 'Elite' in any way*). Once a formidable industry that kept governments accountable, now the media seem to just consist of highly programmable people who will say what they are told to say without thinking.

What seems to provide their 'globalist marionettes' with some illusion of power are the numbers of people who they pay via their governments – the military, the police and the judges. These people, many of whom have good intentions, really just want peace as well.

At this stage, I think there are two important questions to consider:-

How many people really want to see the necessary wars that are now needed in order to form just one World Government?

Why are we not seeing any whistle blowers pointing fingers at the people who are really doing this?

Before we delve deeper into these though, here are some of the things that I would also like to cover for you in this newsletter:-

In the **Science section** we look at two ways the 'few' have been working on to depopulate the World so they can control us more easily and how they have been previously getting away with this.

In the **Earth energies section** we take a look at a report from a friend of mine who has been looking at a **sacred site in Zimbabwe** and how a type 4 lines there connects with **a special site on an Emperor Dragon** before crossing the big pond of the Atlantic and into the USA. The synchronicities just keep on coming..... remember that finding these energetic sacred sites, and meditating in groups on them all around the world, is the fastest way to bring light into the hearts of many.

In the **Books section** I write about another synchronous event that was part of a prolonged message given to several people over the Spring equinox harmony time this year. I needed a book to read on my journey 'to and from' the states and I chose one I had bought and read around 35 years ago. The test of a really influential book is that every time you re-read it, it has something further to give you.

In the **Media section** I have added a documentary that goes with one of the topics in the science section as well as introducing my friend Jill Jordan and her work to you. She really encompasses the true nature of '**sound living**' and it is definitely something that we could all benefitting from doing more of.

In the **'Other' section** I have provided an update on some of my work as well as listed some of the events I have planned that you may be interested in. I have also added a couple of links and a hint at what Mr John Dee, the statistician, is now doing a deep dive into. I also finish with the quote I mentioned earlier by adding another one which leads to a book with a subtitle that begins to bring everything together with a new understanding of science.

Spring Equinox harmony time gathering and group meditations

It feels such a long time ago now since the last gatherings we all attended. A new record for the numbers of people coming to Oliver's castle in Wiltshire produced some really unexpected sensations and surprises. Over 200 of us, many who came from hundreds of miles away, shared common visualisations of large protective domes and huge columns of light and more than two people told me they had seen golden temples descend amongst us.

The birds, including several red kites, circled overhead, the children and the dogs played and the Sun proved all forecasts wrong and came out to shine for us.

It was truly a magical experience that, by account from several people afterwards, still seems to be providing the many with more and more synchronicities.

Knowlton Henge in Dorset, facilitated so well by Adrian Lee, hit their maximum possible numbers and had a day that seems to have equalled what we were finding in Wiltshire.

Many more gatherings were also being had all around the UK and the World. Corrine Jackson over in Spain reports that there were 15 gathered in Avila, where St Theresa once used to pray, 5 were gathered at the Templar Vera Cruz church and 10 were gathered at the old Benedictine monastery at Collado Hermosa.

Indeed, we probably need to arrange something on the sacred network to enable everyone to share their positive experiences.

In a nutshell though, what people are finding is the power of these places that comes up through through the people and which then binds us all and energises us. In just turning up, you will be helped, as these energies seem to be slowly switching us into a higher state of evolved consciousness in preparation for what is coming.

More on that another time though...

First we must confront what is unfolding in the World right now by the 'few' so we can pre-empt their plans and prepare physically mentally, emotionally and spiritually in the best way possible.

Ownership and slavery

Not long ago there were studies on the interrelationships of ownership between all the largest corporations in the World. It was discovered that there were around 117 organisations that owned around 80% of all other companies.

This seems to lead to the thinking that **the numbers** of uber-wealthy people that want global domination, WEF style, **must really be quite small** – perhaps less than 100,000 people.

But 100,000 people still leaves a great risk of one or two of them exposing everything that is going on.

You might well point to the ‘Klaus Shwaub’ types, but these people are clearly puppets too.

It is here we must look at the **practices found in the secret military services** – MI5, MI6, CIA, FBI, CSA, and all the other dark ops that we hear about.

All of these operate on a **need to know basis**.

Even presidents and prime ministers don’t get to know what is really going on.

There is a practice of **‘Compartmentalised knowledge’**

There will be many people working on a single project, but they will only ever get given a small part of the picture without ever knowing the full reason – just enough knowledge, probably along with good financial incentives and much misinformation – all in order to get them to do the job that is required of them

There are no whistle blowers in these military projects because only a very few people at the very top know the full plans.

The few uber-wealthy people who own most of these 117 organisations, also own the defence contractors and this is their route that allows them to control what the military do.

We are now probably talking about only a few hundred people in ‘the know’ around the Western world. Of them all, there will probably be between **30 and 50** of them that all know each other and talk to each other regularly in secret.

Try now for a moment to put yourself in their shoes.

They really think they know what is ‘right’ for the ‘good’ of the World and its ‘future and they will definitely think what is good for their future.’

Their main worry is about failing to achieve their goals and being found out before they can put it all into place.

This includes the public finding out who they are and how few of them there are.

These ‘few’ can manipulate elections, cause fear wherever and whenever they want through their control over the mainstream media and they can eliminate anyone who poses a threat to their plans.

They are not ‘unvanquishable’ though.

Their very individual nature leads them to be competitive and to not trust one another. Each will be vying for their own supremacy – *‘It’s not personal, it’s just business’* is one of their mantra’s.

What may come as a surprise to you is that it is highly likely that none of them are anything like as smart as the top scientists in the World and, with their huge ego’s, they will be likely to easily overlook the smaller but important factors that affect their plans. That will mean that they will be forced into making assumptions – just because they too will have a shortage of time to take in and check all the information they receive.

This means they can make mistakes and they can be wrong.

They also have to rely on their puppets to carry out their work and most of the politicians in the Western World really are proven idiots who cannot think for themselves – Just look at the numbers and how few of the politicians have any strong science or engineering background.

So these ‘few’ people can be defeated and there is a way.

Their real risk to them comes if we all come together in some kind of unity. **They are terrified of our numbers.**

We cannot fight them though. Even with our increasing numbers, they know how to suppress and defeat us if we can be led into any kind of physical conflict.

It is here that we now come to the crunch.

They need to keep us **divided** and they need to dramatically **reduce our numbers** and they need to keep us in a **constant state of fear**.

What we can do is to decide upon the division we see in the World. We don’t need to accept the imposed division between democrat and republican, conservative or labour or any other political divisions they create.

Instead we can chose to not show any division.

We can become united with the aim being well informed and staying healthy and living within a state of love.

If we do that in large enough numbers, we can take our own direction – our own path and just ignore them.

It is with these differences that we can now see how we find ourselves in a struggle for our spirituality and the potential to evolve our consciousness.

In deference to the great American poet Robert Frost, **like two roads diverging in a yellow wood, we can take the grassier one that wanted wear and go on to make all the difference.**

To achieve that difference, we must be ever-mindful of what the 'few', the globalist cabal, are doing and 'head them off at the pass' by **pre-empting their every move.**

Pre-emption means we can prepare ahead so we can stay on our path.

This month's newsletter aims to start by looking at two of the projects of the 'few' and what we can do about them.

These are covered next in the Science section and are about Geoengineering and the lies about Cancer.

Science section

One of the areas where there is definitely **compartmentalised knowledge** is in the field of Geo-engineering.

The stated aim of this project in geo-engineering, which has been going on for many years now, is to delay the heating of the Earth by dimming the Sun.

It is hard to think that the 'few' might actually believe that themselves. Blocking the light of the Sun is almost certainly their goal but they are not going to reveal their real reason. We will get to that later though.

As with much the 'few' do, as soon as people begin to find out, the clarion call goes out to their media to label their decriers as 'Conspiracy theorists' and then all their TV, Radio & newspaper outlets type and echo out the same propaganda.

I would imagine that most of you know the difference between con-trails and chem-trails, but for those of you who don't:-

Con-trails are made by jet aircraft or rockets that are travelling at high altitude. They leave a trail of condensed water that is a vapour trail. After only a few moments these trails disappear.

Chem-trails are also made by jet aircraft but this time the trail of white cloud that they leave lasts for many hours and can be seen as white lines across the sky. They are called Chem-trails because the difference between them and the Con-trails is that Chem-trails contain chemicals. This difference seems to be intentional.

The questions that should be of interest are why and what problems are they causing?

In past, many paid stooges have been quick to label the existence of chem-trails as 'conspiracy theory', however there have been many videos showing planes releasing these chemicals into our upper atmosphere with their chem trails switching on and off behind them.

This can only happen with the flick of a switch that releases the chemicals and that stops and starts the release of them.

This chemical spraying has been going on for years. Crop spraying to kill insects started back in 1923. Cloud seeding with Silver Iodide to try and make ice crystals and then rain started in 1946.

These days though they are using aluminium oxide, barium oxide and strontium oxide for a different reason.

The immediate problem, which I am sure you can all guess, is that this leads to extremely damaging pollution for our soils, root growth becomes stunted and these toxins go on to contaminate our food.

So are the 'few' just trying to cause us ill-health and depopulate us? Well it is certainly having that effect, but that is not their main reason but certainly one of **four reasons** the 'few' are happy with.

The ill health reason

These chemicals contain nano-sized particles of Aluminium, Barium and Strontium oxide. Normal testing of particulates in the atmosphere does not manage to detect these smaller sizes of nano particles. Specialist detection equipment is needed and testing needs to be done at these high altitudes where the chem-trails are being emitted.

Humans have no defence against these nanoparticles – they just keep building up inside us. It suppresses white blood cell production and that damages the immune system. This leads to higher cases of cancer and increased rates of mortality. This certainly fits the depopulation agenda as well as increasing profits for the large pharmaceutical companies.

Nanonised Aluminium also causes dementia. It is important to note that we can only get this inside us through inhalation or injection.

It is not just humans though, bees found dead are often found full of Aluminium when analysed.

Something is also very wrong when we get firefighters saying that forest fires are becoming more and more regular and harder to contain and stop. The chemicals are killing large

numbers of trees and these dead trees burn faster which is why fires catch hold that much more easily.

Global warming

The 'few' try and tell us that they are trying to dim the Sun in order to combat Anthropogenic global warming. Anthropogenic means 'man-made'.

Well we are certainly polluting our planet and we need to stop that, but our effect on the weather is completely negligible when you add in the full effects of Space Weather, the Sun and the total particle forcing that comes from cosmic rays. *(The IPCC's latest CIMP6 modelling has only just begun to factor in part of this effect. The model being tested around the world has already brought back results showing far less human effect on climate change than previously believed by the climate scientists. When they start on the Coupled Model Intercomparison Project 7 (CIMP7) it should include more of the energy input from Space and that will mean humans can only be having even less of an effect compared the natural cycles we are in)*

So we have to ask just what effect chem-trails have on our weather and it seems that with more clouds in the sky, it is having an initial effect of sending more heat into the ocean – thereby warming the planet.

Why this is a reason is that the 'few' have an agenda to introduce a **new carbon tax** to fund their activities and everything they can do to scare the public about warming & out of control temperatures will help them achieve this.

Pollution we must stop, but they don't care about this.

Military weather control

This brings us close to one of the main two reasons the 'few' are paying large amounts of their money on chem-trails.

To understand this, you should think of a two pronged attack and yes this is all about the military and gaining advantage over any enemies of the 'few'.

The two prongs in this case are the nanoparticle chem-trails and the High-frequency Active Auroral Research Program or HAARP.

HAARP uses radiofrequency microwave transmitters and the first one was based up in Alaska. There are now over 100 sites around the World controlled by the 'few' and their military.

The key to understanding this is that the false clouds produced by these chem-trails stay up in the air for a long time. The reason for this is due to the very small size of the particles as this allows them to stay suspended in the air for many hours.

When the microwave radiation is switched on at the HAARP stations these metal nano particles heat up or cool down depending on the frequencies chosen.

This then produces hot or cold air which then either rises up or descends. This has the knock on effect of then lowering or raising the ionosphere by creating either high or low pressure zones.

Spraying chem-trails in specific areas and then switching on the particular frequencies then changes the local weather patterns.

This is why we are getting the strange weather like the floods in Southern Florida, the repeated snow across parts of the USA and other odd weather at other times of the year.

Manipulating the local weather can lead to shifting large air masses which lead to great air pressure changes that can change the direction of the upper level winds.

The military have now learnt how to steer these weather systems and nearly all of these planes spraying out these toxic chemical take off and land at military air bases.

If you are surprised at this military connection you might like to know that **Lyndon Johnson**, President of the United States between 1963 to 1969 once said:- ***'He who controls the weather controls the world'***.

One of the unfortunate side effects for us in regards to this manipulation is that certain frequencies also affect the nanosized metals that have collected inside our bodies. In addition to that, magnetic fields will also excite these metals and go on to cause damage to our mitochondrial DNA.

5G, Tetra masts and overhead pylons do our nanoparticle drenched bodies damage in this same way if we spend too long near to them.

The fourth reason

You may well have heard of, or even seen, **the Grey Halo**. This is a grey area that has been seen around the Sun. It is caused by these nanoparticles.

These chem-trails, or false clouds as they are also known, are polarising light. Light polarization is a property of light waves that depict the direction of their oscillations.

Light that has been polarized vibrates/ oscillates in only one direction. This is in contrast to a non-polarized light that vibrates in many directions.

The dark ops project by the 'few' may well be good for military purposes by causing droughts and floods, but it seems it is also good at blocking out light from the Sun.

So yes it could be said to be 'dimming the Sun' but why?

As I see it, this solar radiation management is being done to stop the other positive effects the Sun is having on us.

Light from the Sun has a healing effect on us

Sunlight kills bacteria, it reduces high blood pressure, it helps regulate our immune system, it strengthens bones, it can improve sleep quality – all from boosting our levels of Vitamin D. It can also boost your mood by increasing your serotonin levels.

The sun has been also shown to have another positive effect on humans. Research in the field of **Heliobiology** looked at the variations of geomagnetic activity on **cardiovascular health**.

It is known that Melatonin is a hormone produced in the pineal gland, from the chemical melanin. Melanin is produced in the skin through exposure to the Sun.

However **suppression of melatonin production from a lack of Sunlight** was found to desynchronise normal biological rhythms and this can also lead to ill-health in Humans.

(Solar and geomagnetic activity, extremely low frequency magnetic and electromagnetic fields and human health at the Earth's surface – SJ palmer

<https://link.springer.com/article/10.1007/s10712-006-9010-7>)

In addition to that, the energy from our Sun right now is intensifying in evolutionary ways. Higher levels of its cosmic energy are getting through our lowering magnetic fields and having this transformational effect on us.

So it seems we need to get more exposure to the Sun at a time when many people in the media are telling us to cover up and protect ourselves from it – even trying to keep us indoors.

It is perhaps now why you can see why the 'few' want to spend so much money and time on chemicals and why they are doing this via military air bases. Now you know, all you need to do is to spread the word. If millions of people know this, they can prepare accordingly and ensure that the food they eat and water they drink is as healthy as possible and that they get as much of the Sun on their skin as is possible.

So don't wear polarised sunglasses unless you are going to spend a lot of time in a day in the sun and even then, don't wear them to begin with.

The same goes for Sun lotion. Don't put protective high screen factor creams on until you have had some pure sunlight directly on your skin to begin with. Just how much direct sun will depend on your own skin sensitivity levels.

If you would like to know more about this, and have the time, I recommend the following documentary titled '**Geoengineering: Groundbreaking Documentary Exposes The Truth**'. It will cover much of what I have written about and more.

<https://www.youtube.com/watch?v=eRUD4MF9g70> (1hr 17mins)

For now, we should take a look at the second article in the science section and another example of how the 'few' are trying to dominate & control us to stay in power.

Cancer is not a genetic disease – it is a metabolic disease.

So why do 'big pharma' and the mainstream media keep on telling us that it is a genetic disease?

The Native American Indians and their ancestors have smoked their pipes since around 5000BC. It was a major part of their ceremony and there is no evidence to suggest it did them any harm at all.

Most pipe circles use blends of herbs, woods and tobacco. It varied according to season, the tradition of the tribe, and the individual elder who was running the circle, and the intent of that circle at the time.

The pipe itself altered the ceremony. Some had pipe stems made from cedar wood, some from hickory, or pine wood and this too then weaved into the alchemy of the pipe smoking.

All in all there are many elements to both the pipe itself (many of which are ancient and passed from Keeper to Keeper down the generations) and the mixtures that are smoked in ceremonies.

A person chosen as a custodian of a sacred pipe, usually an elder, must be considered "wakan" or holy, to carry, use or be a keeper of an ancestral pipe.

Pipes were made both reverently and with deep meditative care. Many are works of high art.

So, as you can see the layers of meaning present within each facet related to the sacred pipe are deeply inextricably woven into every aspect of the whole.

It left a level of spiritual complexity within the pipe that helped bring about any desired intent.

With the arrival of the Europeans in the 16th century, the consumption, cultivation, and trading of tobacco quickly spread amongst them.

In the 19th century the US tobacco company **RJ Reynolds** started up and in 1847 **Phillip Morris cigarettes** started in the UK. The greed and the competitiveness between all the cigarette companies soon began after that in order to get people to buy their own brands.

To do this some people stooped low and they started to add addictive chemicals to their tobacco as well as chemical flavourings. This allowed preferred brands to emerge that whittled down their competition and increased profits.

The process of adding these chemicals was done in much the same way that early fizzy drinks and sweets companies added similar addictive substances to their products – although today they still deny they did this back then.

In **1985** tobacco companies RJ Reynolds and Phillip Morris bought **Nabisco foods, General foods and Kraft foods** over a period of 3 years. From then on we started getting **processed foods** with chemical additives that also had addictive properties as well as artificial chemical flavourings.

With addictive substances in our drinks, our tobacco and now our food, this led to **chronic over consumption** of those things that had been made addictive. It was the start of the obesity and ill health epidemic we see today.

Where Native American Indians smoked only occasionally, smoking 40 cigarettes a day with their additives led to lung cancer and tobacco was wrongly labelled as the killer.

In truth it was more likely to be the toxic additives in tobacco and the general over consumption. In the case of food and drink, it is likely to be the same reason.

Cancer is a metabolic disease not a genetic disease

Metabolism is a set of chemical reactions in a cell, or in a body, that allow and help that cell, or body, to grow, reproduce and to stay healthy.

A **metabolic disease** occurs when **abnormal** chemical reactions in your body disrupt this metabolic process.

As mentioned earlier, **addictive chemicals** that have been deliberately placed in tobacco, food and drink has led to cravings and human overconsumption.

Over time, the **cravings** and over consumption leads to **irritations within the body** at a cellular level.

Aside from cravings, **toxins** that are poisonous to human cells, like some food additives, also lead to **cell irritations**.

Factors external to the body like radiation will also lead initially to **cell irritation**,

Chronic irritation, if what is causing the irritation is allowed to persist, leads to **inflammation** and this can lead **cells being injured and damaged**.

The **immune system** kicks in to stop this inflammation but if the addictive habit, the toxins or the damaging external environment continues, the **cells become more even damaged**.

Mitochondria are small structures found inside cells. They are present in large numbers and are part of biochemical processes of respiration and energy production within the cell.

They also control the cycle of a cell. A full cell cycle is its growth and then its division in to new smaller cells. Each of these smaller cells then grows and divides and the cycle continues.

When damaged cells start to divide, that **damage can be passed on** to the 'daughter' cells.

This continues again and again to the point at which the cells own mitochondria become damaged. **These cells have been called pre-cancer cells**.

Pre-Cancer cells that divide again and again end up having more and more mitochondrial damage such that the mitochondria themselves begin to malfunction.

This malfunction leads to **loss of control over cell division** such that abnormal cell division results.

This is now when cancer cells occur. The definition of cancer is when cell division is out of control.

So why do the 'few' who own and control big pharma and the mainstream media, try to tell us that cancer is a genetic disease?

The beginning of an answer to this is actually how we should personally look at our lives. Knowing it is all about our mitochondrial metabolic process provides us with a clue.

Back in 1931, **Otto Heinrich Warburg**, a German physiologist and medical doctor, was awarded the Nobel prize in 'Physiology or Medicine' for his discovery of the nature and mode of action of the respiratory enzyme. This opened up **a new understanding in cellular metabolism.**

Otto Warburg discovered that **cancer cells generate much of their energy without oxygen**, through the process we know as fermentation.

What became known as the Warburg effect, he found that **glucose** in dietary carbohydrates acted as a **primary metabolic fuel** for many tumours. This observation prompted **early understandings in cancer treatment.** A reduction in eating carbohydrates led to glucose deprivation and low blood sugar levels and this seemed to **slow tumour progression.**

In December, 1950, Warburg told a gathering of Nobel laureates that the cancer cell's transition to fermentation was caused by **an inability to use oxygen properly.**

Much later it was discovered that cancer cells did not need oxygen to survive – Indeed, **they thrive in conditions without oxygen.** <https://www.pnas.org/post/journal-club/suffocating-cancers-that-thrive-without-oxygen#:~:text=But%20cancerous%20cells%20aren't,to%20treatments%20than%20other%20tumors.>

All the cancer cells need are glucose and an amino acid protein called Glutamine. If you stop these, you can kill the cancer. Unfortunately your whole body needs Glutamine in order to function healthily too.

This leaves **glucose and oxygen.** If we increase our aerobic uptake and have more oxygen in our blood and then reduce our blood sugar levels as much as possible, we can kill the cancer cells.

Unfortunately, eliminating glucose is not that easy either as our body's need carbohydrates to also stay healthy. When we eat carbs, our body breaks them down and produces, amongst other things, glucose.

You may well be then asking **what can be done.**

Well there is an understanding that **our immune system fights cancer cells and pre-cancer cells on a regular basis.**

Ongoing treatment all our life – balance in what we eat and drink and with our environment. Not too much of any one thing and certainly no additives or toxins

If we do get early signs of irritation or inflammation, it is telling us there is an imbalance and it is here we can take early action to change our intake and lower our blood sugar levels by **reducing our carbohydrate and sugar and glucose intake for a while**.

Cancer therefore seems very likely to be caused by imbalance

There is no cure for cancer, life itself is terminal, we just need to navigate our way through it in as healthy a way as possible – **striving to keep our bodies in balance**.

One of the problems we face on a daily basis that can throw out this balance is **stress**. Our bodies are built for short bouts of stress but **permanent stress is bad for us**.

Under stressful conditions the body produces a steroid hormone called cortisol. Cortisol in turn **provides the body with glucose** by tapping into protein stores via gluconeogenesis in the liver.

This sudden burst, or 'sugar boost' of energy can help an individual fight or flee from the thing that caused the stress in the first place. Think here of suddenly seeing a dangerous animal a few thousand years ago in the stone Age.

However, if we have too much cortisol being produced, for too long, the body will consistently produce extra glucose and this leads to increased blood sugar levels – something that any cancer cells will greedily devour.

It is here you might well see the profitable side to keeping large numbers of people in a constant state of fear. The **constant stress millions of people** around the World now because of the constant worry poverty and hunger may well help to explain **why the 'war on cancer' is failing so badly** but proving so lucrative for the 'few'.

It is perhaps a helpful reminder here of **why and how meditation can help**.

Meditation brings us into the now – the present and this helps us to eliminate our thoughts on the past and the future. Why this helps is because it is the past that can make us depressed and it is the future can make us worry.

At this stage of reading this, you may well be thinking how cancer is diagnosed. There is a huge amount of money and advertising that goes into the idea of diagnosing cancer early enough.

This has always troubled my mind – why the need for speed if you have a healthy immune system?

There is logic in the phrase **'Let the body do what it does best'**.

Our immune systems kick in as soon as our body recognises any inflammation which will mean that **it is already working to eliminate the pre-cancer cells and the early cancer cells.**

This means that **our blood will show high levels of a variety of immunoglobulins.**

In other words high levels of these in your blood would seem to indicate that your immune system is working on a problem.

In the old days, when we had symptoms of ill health, we generally waited a while to see how our body's responded. If the problems prolonged, we might take some form of off the counter medication before going to see our General Practitioner.

They would make an assessment of your symptoms and depending on how severe they were, they would prescribe a course of action. In that time, your immune system had a chance to do its work and on many occasions, it would have been successful.

These days though there are new initiatives being put in place around the World where, before seeing your GP, **you are first required to take a blood test.**

Now there are many different types of blood tests you can have, and in the past your doctor would have prescribed the most relevant ones for your symptoms. With this new process, there are specific blood tests that are done and these include looking at several immunoglobulin levels and their ratios.

If these come back at raised levels, you are immediately put on a pathway to a particular cancer diagnostic test. Medical practitioners have been trained now to just facilitate this process.

They will also tell you that these **high levels are possibly an indication of cancer** and before you know it you are sitting in hospital about to get a biopsy or a scan done where they may also add sugar to your blood so possible cancer cells can show up on it.

What concerns me is that **we might be shortening the periods of time to diagnosis and then intervention so much that we are in danger of interfering with the body's own nature immune processes.**

After all, **the blood tests may well be just show how efficient your immune system is.**

Of course 'catching cancer early' in order to initiate expensive treatment is a great sales pitch. The problem though is that **for all the extra cases of cancer that are diagnosed, the war on cancer is still failing and death rates are still rising.**

So catching cancer early does not seem to be having an overall effect on bringing these death rates down.

One of the reasons for this is that chemical therapy (chemotherapy) is done by using highly toxic chemicals that will kill you. The idea though is to kill the cancer cells before that happens. **It is all about getting the right dosage** and unfortunately, this does not always happen.

The survivors are those people who are most resistant to the toxins

In these cases 'death from complications of cancer' gets put on the death certificate and it gets coded under 'iatrogenic' causes. **(Iatrogenic death is death caused by medical examination or treatment.)**

Iatrogenic death – death from medical intervention - is the 3rd biggest killer in the USA.

In the UK we don't even record iatrogenic death. There is just no code for it.

Unfortunately chemotherapy treatment is extremely profitable so there is no real will to change it.

There is also no magic pill cure for a metabolic disease.

At this stage some of you might be thinking of cancer having some kind of connection to genes.

This is where everything seems to be becoming a bit murkier – and perhaps the media is deliberately helping to mislead people on behalf of the 'few'.

One of the ways that is used to manipulate and influence people is to fund scientific research and to financially support the scientific journals so that highly 'credible', but 'bought and paid for', **people are saying things you want them to say.**

These people though are quite careful in how they play with words though.

What you may have heard from some of them is that there are cancer genes. For example they will point to the letters **BRCA** which stands for BReast CAncer gene.

They will tell you that there are important genes that stop the cells in our body from growing and dividing out of control. **Doctors call these tumour suppressor genes.**

They will go on to tell you that a fault in the gene, or a mutation in the BRCA1 or BRCA2 gene means that the cells can grow out of control and that this can lead to cancer developing.

By using the word gene enough times, it leads you to thinking that cancer must be genetic.

In reality though, **all that has been said here is that we have genes and that they can become faulty** or they mutate. Nothing is being said about **what may be irritating these genes in the first place** that cause them to become faulty or to mutate.

Many internal or external reasons could cause this irritation. What we do know though is that the cell itself can be irritated and that this **leads to inflammation and then mitochondrial damage**. We know too that the mitochondria themselves have their own genetic information called **mitochondrial DNA** so it is fair to say that this initial irritation could cause defects and mutations in our genes.

We also know that **50% of people with these BRCA1 or BRCA2 genes do not go on to get breast cancer**.

So **Cancer is not genetic but it is slowly being made out to be – we must ask why?**

Why try to convince billions of people that cancer is genetic?

In the United States, the Food and Drug Administration (FDA) have approved two vaccines to prevent cancer: the human papillomavirus (HPV) vaccine and the hepatitis B vaccine.

<https://www.medicalnewstoday.com/articles/cancer-vaccine>

There is some very scary reading on that news page. For example *'Vaccines are medicines that train the body's immune system to fight disease.'*

Here are humans creating vaccines that think they know better than the body's own immune system how to fight a metabolic disease.

Where this is all heading is a **trillion dollar industry** that is already being prepared with the roll out of mRNA vaccines with the stated aim to prevent all forms of cancer.

In light of the previous disaster, we must ask how likely this is to be true.

For people to even begin to accept this, **the population must believe that cancer is a genetic problem**.

In the media section of this newsletter you can listen and watch an interview with Dr **Thomas N. Seyfried who is a Professor of Biology at Boston College** talking about these same things and **how cancer is a metabolic disease and not a genetic one**.

In the light of all the deliberate obfuscation and outright lies surround the mRNA vaccinations for covid-19, **we should be extremely wary of a one size fits all vaccine**.

On the other hand though, if people have damaged and mutated genes that have led to cancer, **a tailored individual mRNA vaccine based on a person's T-cells**, might work exceedingly well.

We should push back against the 'few' by supporting that option.

The 'few' won't like it though as there is nothing like as much profit in it for them.

Do Viruses even exist?

There is a school of thought that has been suggesting for some years that viruses don't actually exist and it has gained the attention of some well-known people. In the media section you will hear more about the 'viral existence' debate.

At this moment, I would like you to think of the following possibility:-

This is a **'what if' scenario** designed to test your ability to stay positive. Just accept for a moment that what I am about to write is all true and can be proved. As far as I know, it may not be true.

"During the Covid 19 pandemic we were told what we now know to be all sorts of lies.

The World Health Organisation (WHO) seemed to have complete control over the coding and the numbers of CT cycles done with the PCR tests such that they could create positive or negative test results on demand in order to influence thinking.

*We know too that it does not matter at all what a doctor writes on a Death certificate because **algorithms will change the coding.***

With these capabilities and knowing the propensity for lies in order to make profits, consider this to be something the 'few' may have thought of.

*With the vaccinated having now had their immune systems impaired and with the **rising numbers of excess deaths** which include myocarditis and cancer, the 'few' are facing a potential problem that will lead to a huge loss of income.*

*Many of the unvaccinated, myself included, are doing anything we can to stay away from the medical systems. We just don't want to be another 'iatrogenic' statistic, but we are perhaps fast becoming 'beacons of light' who are **making the failure of these vaccinations systems increasingly visible** with our stronger immune systems and lack of ill health.*

Consider now the chemotherapy and the cancer management industry. They have fought hard to show the highest possible percentages of survival due to their treatments. 80% survival rates for things like breast cancer – and in truth there is much that is good about this statistic albeit still with many people dying.

However, if the numbers of who people coming forward for diagnosis, testing and treatment are increasing only coming from the vaccinated, they are the ones being hit by these excess deaths.

It will become increasingly obvious that survival rates for cancer treatment are going to be coming down.

What if breast cancer survival rates fall down below 50%?

How will people view their chances of survival weighed against the toxicity of the treatment and the high numbers of iatrogenic deaths?

Will they look for alternative ways to get healthier?

*What then will happen to the industry's expected profits and **what might they then do to safeguard against this?***

In answer to the last question, what we know they could do is to electronically change test results.

They could turn many more blood tests and biopsies into cancer scare stories in order to drive up lucrative treatment pathways.

*In doing so, **many healthy people would become caught in their trap** and with their stronger immune systems, they could perhaps drive their necessary survival rates higher as well as their profits.*

*But the 'few' would not do that....**would they?***

Do you remember the towers that were hit by two planes on 9/11? How many towers came down that day?

If you think two, you should watch [this video](#)

In fact three came down and no plane hit the last tower to go into free fall collapse. It was clearly a demolition job which would have needed at least a week to place all the explosives and their detonators in the right positions.

*So yes, 9/11 was definitely an 'inside job' too and if the 'few' can do that to their own citizens, and if the 'few' can manufacture both virus and vaccine well in advance in a US funded Chinese laboratory and then bring about the deaths of millions and worldwide economic collapse, **they can certainly manipulate your test results.**"*

So how well did you manage to stay positive?

Could any of you have even directed love toward the 'few' in order to help them change?

If you could answer 'Yes' to the last question, you are preparing very well for the coming transformation.

It is certainly not easy but that is what we must hold our hearts.

It seems that all we have to do is to **become more and more heart-centred and to look for balance and harmony in life** and if we do that, **we will be fine.**

This applies to power and politics too and there is a wonderful example of this that has just happened in Switzerland.

Switzerland is divided up into 26 different cantons. There are a mixture of 22% French, 64% German, 8% Italian and 6% Romansch speaking Cantons that have a degree of autonomy within their area. There are also a variety of different religions that are followed.

The people in the country are also allowed to have referendums. This provides a nice balance of power in the country between the people and their government and it also proves that when people have some freedom and control of their own they seem to get along well (albeit it did take a few wars in the past).

One example of this control is their ability to challenge a law. Citizens must collect 50,000 signatures within 100 days of the official publication of a new law if they don't like it. If they manage to do that, a nationwide referendum is held. And if the majority of the voters reject the law, it is cancelled.

What happened recently is that **Switzerland has just stopped all Covid vaccinations**. They have all been withdrawn and doctors can only administer the controversial vaccines in individual cases under certain conditions - but then bear the risk of liability for vaccination damage. https://rwmalonemd.substack.com/p/news-from-the-front-lines?utm_source=direct&utm_campaign=post&utm_medium=web&fbclid=IwAR2yxb2o7gpeftcOwd16acQF-BjGMsgVuRKGx4mAkVYArgU4dYZ6RpdXupM

I cannot help think that if more countries were more decentralised in this way and the people had referendums like this, the World would not be in the mess that it currently is.

I began this section writing about pre-empting the actions of the 'few' and then describing their geo-engineering and their pharmaceutical manipulations. Knowing these things, gives us choices in regards to what we can do in the future.

With that in mind do please share this newsletter with anyone you think might like to know about the things I have written about. All my newsletters also go up on my website too.

Media section

In support of the last section, here is the video I mentioned earlier. It is titled **You've Been Lied to about CANCER!!! [with Dr Thomas Seyfried, PhD]**

<https://www.cancer.org/research/cancer-facts-statistics/all-cancer-facts-figures/2023-cancer-facts-figures.html> (1hour 17 mins)

I wrote earlier about the debate on whether viruses actually exist or not. This probably should be one of the most pressingly necessary debates in the World right now but instead it is one which 'big pharma' is trying really hard to suppress.

Dr Sam Kelly speaks about this debate in a video titled [RFK Jr. Enters The Viral Existence Debate](#).

RFK Jr has been a tireless campaigner in warning the public about the problems of vaccines. It seems now that he is undecided about the two sides of this debate

<https://drsambailey.com/resources/videos/covid-19/rfk-jr-enters-the-viral-existence-debate/> 16 mins

The video highlights the need to question the science and how the establishment doctors are running scared of any debate on it all.

Interestingly **Mr John Dee** is now investigating these things and he may well have come up with the best hypothesis yet.

More about this in the 'Other section' at the end of this newsletter.

In addition to these two videos, I wanted to also introduce you to the work being done by my friend in Florida that we went to meet up with at the Wetiva springs last month - Jill Jordan.

Jill embraces the idea of living with sound for a more fulfilling and peaceful healthy and balanced life. Her channel can be found here:-

<https://www.youtube.com/@JillJordanSoundLiving>

Aside from offering some splendid solutions as part of her work, Jill also facilitates the group meditations at the node on Flagler beach on the harmony times. So if you live not far away, why not get in touch with her. She will also be placing the details up on the [sacred network](#) website where there are also directions on where to find the node.

This now nicely brings me to the earth energy section.

Earth Energy – How we are all being helped

On the 'only planet of choice', any help given has to come with a choice we can make.

Things cannot be done for us. One of the ways the higher 'beings' can do to help us is to guide us through synchronicities. The more we come across this wonderful phenomenon, the more we realise the help we are being given.

Awareness of this is the game changer – we are not alone.

In the time that I have been working on finding the major energy lines around the World and their intersections, I have been introduced to people who lived in places that I was actually working on at the time. These synchronicities are quite lovely because they provide

ways of getting feedback on the work that I do. This is done by sending them the information on the sites I found that are near to them and them then visiting these sites.

Just occasionally, some of these people are able to dowse or sense these energies by other means. It was in this way that I came across two wonderful souls who were living in the Netherlands – Josephine Pelle and Rob van Steensel.

A few years ago now, I sent them locations of the Emperor Dragon that runs through the country and the location of some power spots along the line. They very kindly went to these places and sent back a report on what they found. They have even revisited these sites a few times and sent me very helpful updates on how these amazing lines have been expanding in their width and power. There are unfortunately none of the type 5 lines running through the UK for me to check regularly.

Rob also spends some of his time living in **Zimbabwe** and, about 2 years ago, he asked me to check the lines over where he normally stayed. I did this and found a type 4 alignment running roughly North West towards one of the 2nd order nodes that I had found back in 2012 when mapping the first three Emperor Dragons (The second three did not appear until 2017).

At the time, I wondered why the node appeared to be in the middle of the jungle in Angola. I had been remotely tracking it down through Africa from Ethiopia. You can read a bit about where this goes in my [May 2021 newsletter](#).

In divining just where exactly in the jungle this node was, I found it was on the bank of the Cuanza river in a small town called Muxima – about a 2 hour drive inland from the capital city on the coast - Luanda.

Looking on an even smaller scale, it appeared that the node was at a small church.

After a rather surprising search on line, it was discovered that this church was called the Sanctuary of Nossa Senhora da Muxima.

This was no ordinary church at all. The Portuguese first visited here in 1589 and it seems that someone amongst them felt this was a site upon which to build a church and to spread Christianity amongst the local population. Since then it has become the largest 'Marian' centre in sub-Saharan Africa. It would seem that some time ago someone had a vision of the virgin Mary there and now it receives over **a million visitors every year**.

That is a lot of people praying and meditating on a 2nd order node!



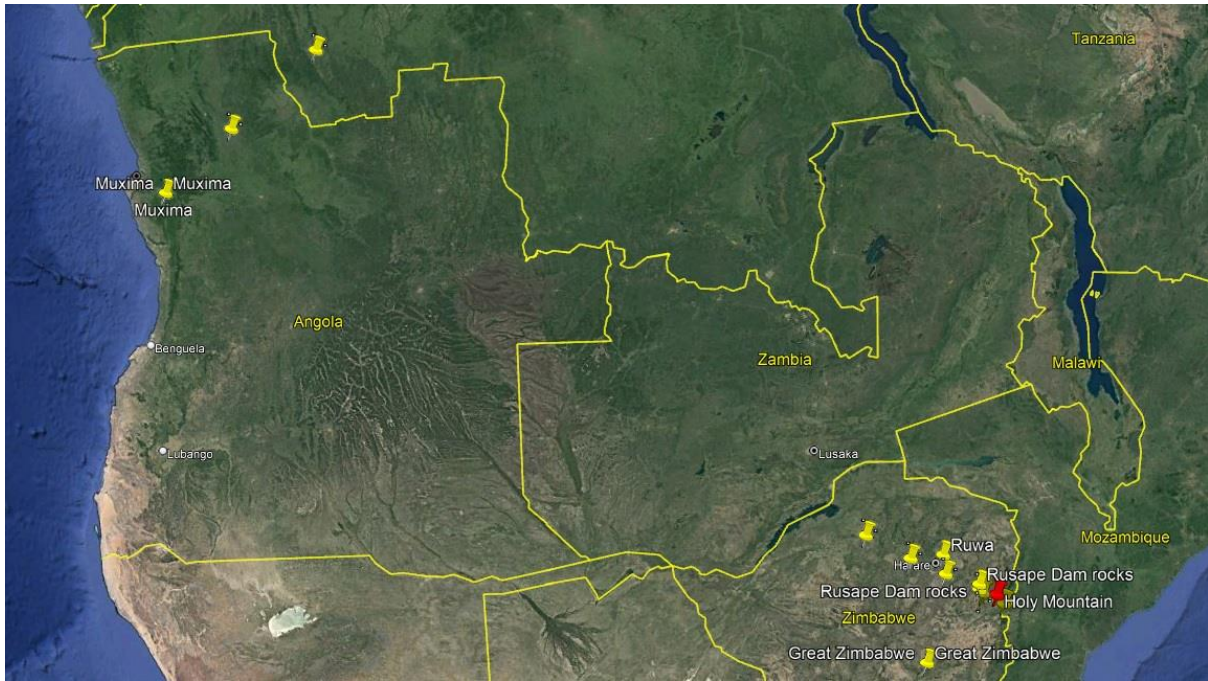
When I checked the map again recently, I found that the locals had put up another centre 8 miles away called the Paróquia Imaculada Conceição da Muxima.

Of all the places it might have been built, it appears it was just further on down the same alignment to the South West. It too is on the same Emperor Dragon.

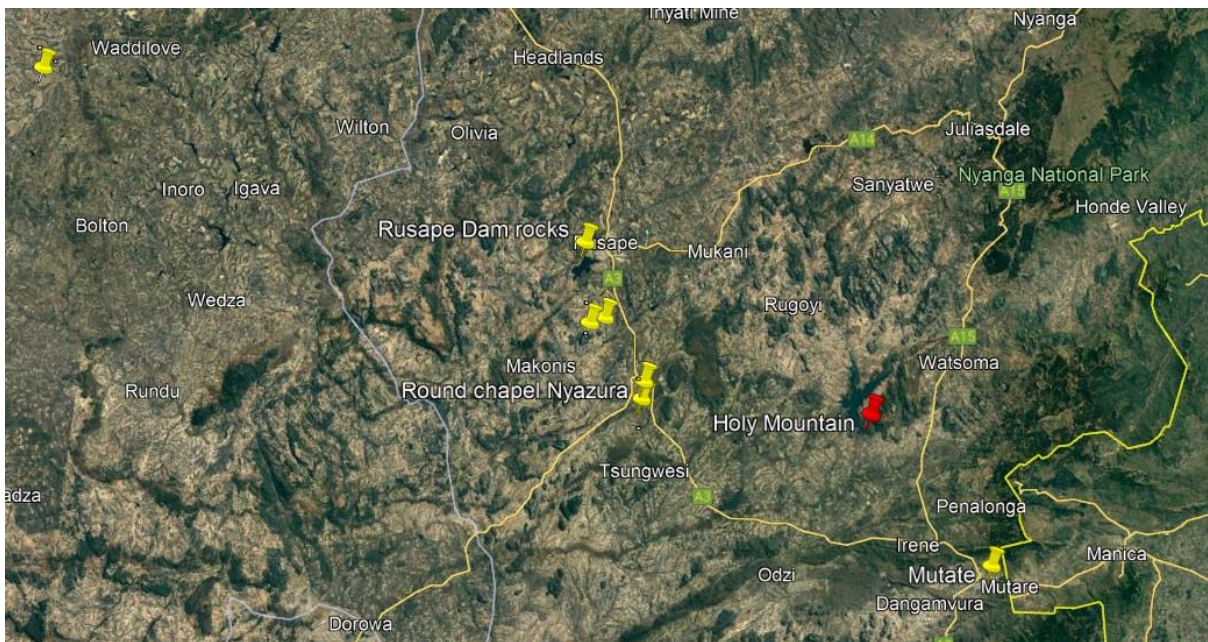
I can only consider that the people who decide on the locations of these building must be feeling out these perfect locations for meditation and prayer.

It now seemed that the pair of type 4 lines came through the Sanctuary of Nossa Senhora and headed South East across Africa into Zimbabwe. What follows now is Rob's report on what he experienced at and near the holy sites on the lines in that country.

The story does not end there though because immediately after I had mapped these lines for Rob, I received a request for a sacred site search near Austin in Texas. Yes, the same pair of lines were found there too and what followed was even more of a surprise.



The above images shows Muxima on the left with the yellow markers outlining the position of the Emperor dragon. On the lower right there are markers showing the direction of the type 4 alignment that head across to Muxima.



The above is a close up area where Rob was staying in Zimbabwe. Of particular interest was a Holy mountain, shown by a red marker, called Mount Jenga.

What follows is remarkable in several ways with the symbolism and the effects of these increasing energies and it provides us with a rather salient message in regards to what we might expect.

**A visit near to a power place and an encounter with a black mamba snake near mount Jenya/
Osbourne Dam, Zimbabwe – Rob van Steensel Jan/Feb 2023**

“I don't have a vehicle at my disposal. I was able to visit the area near the power place at Osbourne Dam on 2 occasions. This was just because my friend Iris had to go there.

The first visit was on Sunday 22 January 2023. Iris was joining a gathering of apostles at the lake. We had to go through the mountain pass to get to the lake. The mountain range as a whole is called mount Jenya.

At the highest point people stop to put a rock on a heap as a reverence to the spirits of the mountain. So we also did.”



“The energy felt very light and transparent there.”



“Most of the time of the gathering of Apostles, I was sitting at the side in the shade under a tree. It was for me too hot to sit in the full sunlight. Because of this I could absorb and process the energies present. I joined at the end when the blessings were offered. I sensed the energy of the mother and the ability for self-healing.”





“Driving out of the area direction North at twilight we found a big black mamba on the road in front of us. Size about 3.5 meter. With the help of people living nearby we managed to chase it from the road.

In the days after I experienced the energy of the snake. It was providing me with deep insights and transformations on private and collective level.

The second visit to the area was an unexpected one on Friday 17 February 2023. We were visiting a sports day of a primary school called Five Streams. It is situated on an elevated plane near the mountain range Jenya. One could look far away in all directions from this plane.”



“Suddenly there was this drawing next to me on the ground. Probably a child had made it.”



“I think this was a drawing of the Jenya mountain range at the back and the big open field. We had to drive up and down to get lunch for the children. We arrived again at the spot at 14:14.

The big open field now felt like the energy Josephine and I experienced at Lhee. (This is the site of a node on the type 5 Emperor Dragon in the Netherlands)

The sun was now shedding a bit of light on the mountain range.”



"I sensed some sort of attunement. I could feel cosmic energy coming from the earth. Energy not quite free flowing because of the dam in the river. I was sensing the presence of 'blue light'.

Two days later the child in me could feel, could connect to the mountain range. After that all attention was drawn to the approaching cyclone Freddy, which hit Africa twice, but never entered Zimbabwe.

There was also an Apostle in the region of Chipinge who made an altar and prayers to stop the cyclone. He had been attacked before by villagers because the area was experiencing severe draught. I could also feel the energy and interact with the energy of the cyclone.

In December I had also been to a large meeting of the Apostles in Masvingo near Great Zimbabwe. I experienced the energy there as an all overseeing consciousness stretching as far as 200km.

There is spiritual teacher in the Netherlands who looks at the blueprint of countries, cities, areas. He says it is the larger consciousness of the original geometries.

Humankind is not yet capable to handle this. I had taken a stone from there, which at a certain moment I had to get rid of, since I couldn't handle the energy anymore."

As you will have no doubt appreciated, Rob was experiencing a huge amount of these new energies, no doubt also amplified by what is going on at Muxima as well as the reducing magnetic field of the Earth and the resulting increasing cosmic energy we are getting from Space. The latter being the cause of the increasing power of these the energy lines.

One takeaway from this can be viewed in the following way. Long ago, when speaking about these times, I used the analogy of learning to surf a wave.

It is better to practice regularly in the small waves because when they get bigger, the more you will get tumbled over when you fall.

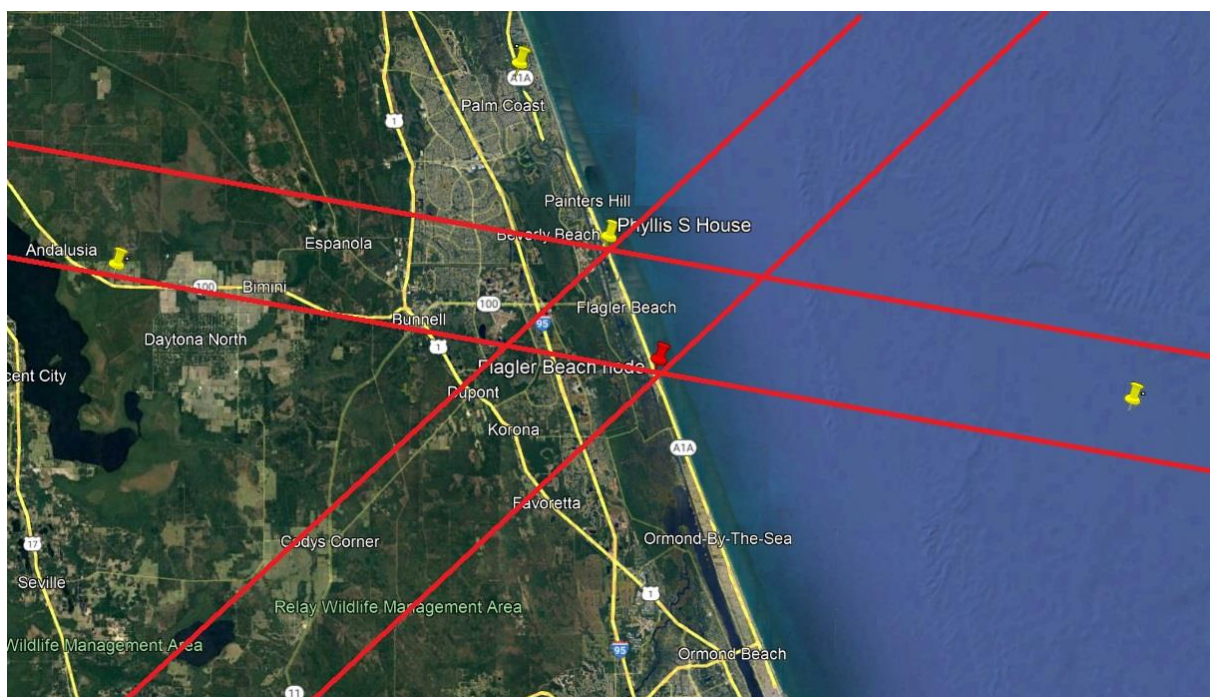
In other words, we need to get meditating on these energy lines and their nodes more often in order **to be able to cope with the intensity of the energies that will be coming.**

As I mentioned, earlier though, the Zimbabwe sites on this alignment was not the only work that appeared on it.

With the site search to the South of Austin in Texas, it was a real surprise to find I was working on the same pair of lines. I won't mention about that area of Texas now though, but instead, I will mention about another state where I found these lines – Florida.

Regular readers of my newsletters will know about my previous work and connections in Florida. I had visited there back in 2019 to stay with the lovely L. Shannon Anderson – an author and Magdalene mystery writer. I had previously met with Shannon and her friend Jill Jordan – the sound living expert (Wetiva springs), at **Rosslyn chapel** in Scotland on a very auspicious day that had been highlighted by the grail writer **Tim Wallace-Murphy** in his book '**Rosslyn chapel: Guardian of the secrets of the Holy Grail.**

Our meeting had led my wife and I to join them at Shannon's home in Florida and prior to this I had mapped a pair of type 4 lines across the Atlantic to the South West and had found them crossing just to the South of where she lived. The map below now shows both this pair and the pair that that had come from Muxima in Angola and the holy mountain in Zimbabwe.



This is where things now seem to enter the twilight zone and it seems to show how the energies in these lines seem to draw us together if we are associated with the same lines.

A typical example is if two people live many miles apart but on these same lines. If those two people are used to meditating or being in a sense of awareness on these lines, something seems to cause them to begin to come across each other.

The lines seem to add additional attraction and an interconnection between people who live or pray or meditate on them.

This could well be an early example of what is to come with far greater interconnectivity – to an even telepathic and empathic extent – when these energies strengthen further – just as Rudolf Steiner talks about as we transition into the 6th epoch.

I will start to explain by mentioning where the type 4 pair of lines runs across the other side of the Atlantic. I had first thought that they entered Spain first but, having found most of the type 4 alignments running through France and Spain now, and having tracked them for some way across Europe, the direction of these alignments was more certain.

These lines from Florida cross into the South of France at Capbreton and head to cross over through Montsaunes chapel, Montsegur and Perpignan on the South East coast. Shannon had been drawn to Montsegur and the Cathars as well as the Magdalene mystery. I had spent time in those places and even filmed inside the Montsaunes chapel. If you have not watched the documentary [Holy Grail Found documentary](#) (45min), you can see it via this link.

At Montsegur another pair of type 4 lines cross over and these run through Rennes-Le-Chateau and this now links with Tim Wallace-Murphy as he spent much time there and lived close by. Unfortunately we missed speaking about these things after he had seen the documentary as his first, and rather urgent, message to me was 'We need to speak' came only a few days before he passed over.

Meeting Shannon, Jill and their friends back in 2019 in Florida, led to even more interconnections. In dowsing for the precise location where the lines from Montsegur entered Florida, I found they went straight through Phyllis Schlemmer's house on the coast there. Its pair was slightly further South on Flagler beach.

Phyllis Schlemmer was a medium who channelled the council of 9 which I write more about in my [December 2022 newsletter](#). It was clear to me at the time that being on these powerful energies must have helped her gain greater clarity when communicating with these higher 'Beings'.

So, when I tracked the Zimbabwe / Austin Texas lines, I was further surprised to find the Northern one also run through Phyllis's house and the Southern one also to the South through Flagler beach.

You might rightly now ask how had I missed these back in 2019.

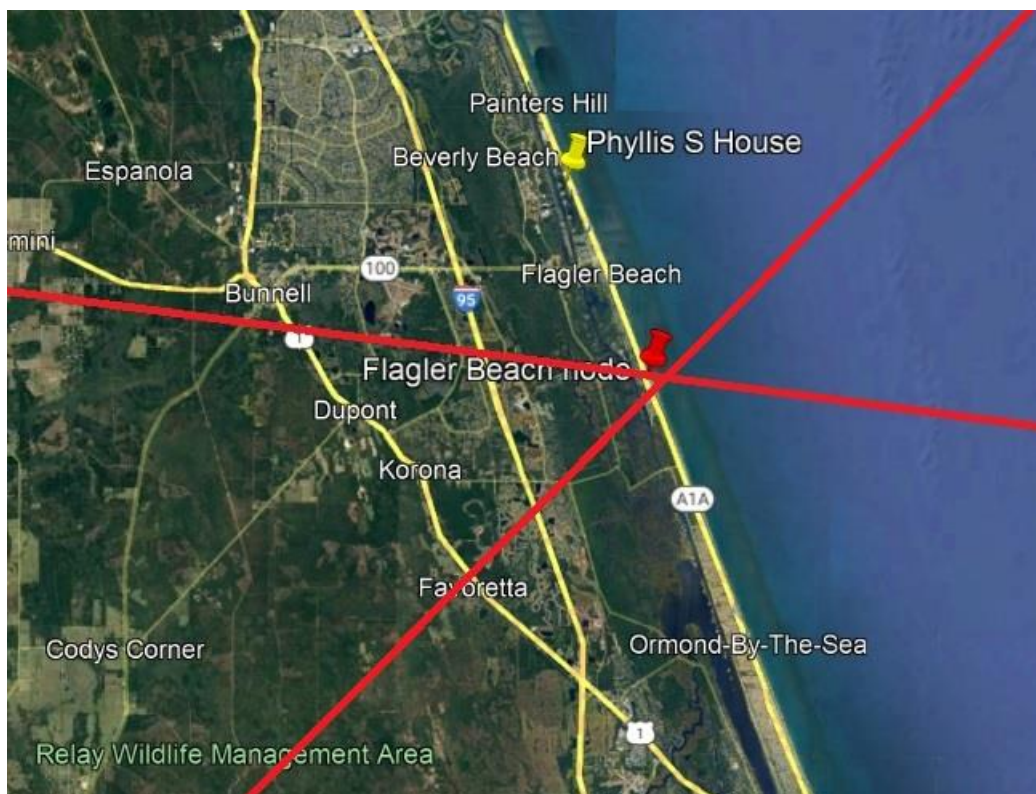
Well if you don't ask, you don't get given the information. In my haste and being slightly short of time, I had forgotten to ask if there were any more type 4 lines at those locations.

The last image now shows what was found – a tic-tac-toe configuration and one that indicated that here was a broken node. Somewhere and sometime in the past, these lines all used to join together at one location.

With the future now all about gathering and meditating around powerful symmetrical nodes, it seemed only right to see if this node should be repaired and where that location should be.

In all my work in doing these things, the final location has always been where people can easily gather. Back in 2019 permissions were given and the new node formed at a location on Flagler beach where our friend Jill Jordan holds regularly harmony time meditations. You can find out more about these on the [Sacred Network website](#).

With the re-discovery of the lines from Africa, these lines were now also joined at this Flagler beach node. The image below shows the two type 4 alignments.



It would be absolutely lovely to hear of a meditation group regularly meeting at this node and holding in mind the connections the lines have with Muxima and Montsegur.

Book section

The book I would wish to recommend to you this month should already be on your bookshelf.

No, it is not one that is that is so common that everyone would have it.

Instead, consider this.

You may well have read a book many years ago that was highly influential or which has been written by one of the World's great geniuses in recent history. There are actually not that many of these people but the depths of their thinking and the highly intuitive way in which they write, make their books seemingly timeless.

In addition to that, think of how much your own life and understanding has expanded since you will have last read that book. Just reading it again will be like you are reading it with new eyes and ears and feelings.

I mention this because in a way it is similar to what I have been finding whilst running the new **sacred path modules** these last two years.

I have taken three groups of people through group enquiry into many subjects like prophecy, synchronicity, Jung's red book images, earth energies, meditation and over 16 different universal prophecies or visions.

In each case, I had studied them all myself and had composed thought provoking open questions in order to stimulate discussion and dialogue – all to help groups come to work really well together.

The reason was that, I had discovered just how much understand I had missed by reading them on my own. The resulting three dimensional revelations that all of us have now felt are really quite extraordinary.

Further insights spin out of insights from others and soon answers to long standing conundrums and confusion begin to appear.

This in a way is slightly similar to reading a book again having acquired a much fuller and broader knowledge set.

So, take a look at your book collection and see what draws you eye.

I did this just before my trip to Florida. I knew there would be some time for reading during travelling and I wanted something to stimulate me.

I chose a book that I had bought new for £3.25 around 35 years ago – **Rudolf Steiner's 'The evolution of consciousness'**.

There is no way that I can precis this astounding book well enough for this section of the newsletter so all I will say is that it was based on a series of talks on this subject that he gave to a small community living in North Wales back in August 1923. These were given near to the end of his incredible life as he died less than 2 years later,

Anyway, the reason I wanted to mention this is that in the few days before going away a series of synchronous moments had begun unfolding between the members of one of my sacred path groups. I have to say it showed me that the group was really gelling well together and that they had developed a form of group intuition between them.

The subject that was emerging was all about **weaving** and in particular the **weaving of the energies**. Several of the members were able to make the last harmony time gathering at Oliver's castle and this theme emerged there too.

So, when I started re-reading Steiner's 'Evolution of consciousness', I was completely thrown by the numbers of times he too had mentioned **weaving and interweaving of energies** in his talks.

I have read the book a couple of times before this and I have to say that I still have no recollection of that word. That it popped up now and in the context of the group synchronicity, really stood out.

We are still sharing dialogue over the true meaning of this weaving and the signs each of us were given. It does seem highly relevant for the development of the group and because of that I wanted to share with you just how things like this can happen if you open up to using your intuition more and then search out and explore synchronicities.

So, perhaps see if you are intuitively guided to pick up a particular book from your collection and see what it might offer you.

The 'Other' section

London meeting and group meditation on May 27th

Following up on another synchronicity, an opportunity has arisen to do a two hour talk with Q&A followed up with a group meditation in [Ravenscourt park in West London](#). The title is

ENERGY LINES AND NODES AROUND CENTRAL LONDON.

- An introduction to dowsing and the communication between the conscious and subconscious mind.
- Energy lines and grids and the energy map of London so far with sacred sites.
- Living on certain types of grids and lines and potential problems.
- What's happening energetically in the World right now and what we should do and expect.
- Carl Jung the prophet and why we too must learn to become prophets.

- Why we need to prepare the world for the children of light who are now being born in these times today.

For a couple of years now I have been looking for nodes in the London area where people can gather around and meditate on. The work is still ongoing but there are several places that would be good to let people know about. So the talk will be on **what has been found so far in London** and how these places connect with the larger type 4 lines outside the city.

I will also be showing **for the first time**, some of the **major European alignments** that have been rediscovered so far.

I will also be covering an introduction to dowsing and **the communication between the conscious and subconscious mind** as well as what is happening energetically in the World right now and what we should expect and what we should do.

I will also be **introducing work that has come from studying Jung's red book** and how much of a prophet he was and why we must all learn to become prophets today. This same work is found in the Sacred path module series which I mention more about further on.

The talk will start at 2pm and the group meditation at 5pm ending at 6pm. If you would like to come along on the 27th there is a £40 - £60 cost as unfortunately there is limited seating area so numbers have to be restricted.

A big thank you here goes to Lizzie Francis who is helping to arrange this. Lizzie has just opened a new centre called the [The Centre of Unlearning](#) for workshops and Wisdom for the Mind, Body and Spirit.

Do please email me if you are interested and I will send you more details. I am particularly interested in **helping a meditation group to form in the area of West London** so, if you are keen to do that, please also let me know.

Summer solstice harmony time gatherings

The harmony time this summer start on Tuesday 20th June – again the last day of the Sun's cycle and the day before the solstice. The harmony time could stretch into 30 days long this time as it approached the all year round harmony that is expected to start in December 2024.

As for where I will be this summer, I am not sure yet. There is much uncertainty and there is some major repair work being done on a 1st order node in Peru – the last 1st order node

needing repair. I know I am not going to be going there, but I am helping the group doing this from a distance.

We all seem to be playing a part in a game of grand design that is going on right now. The universal consciousness has its way of engaging us when the time is right. If we all begin to use our intuition more and to look out for and explore any synchronicities, then we just might be able to do our part.

If you are drawn in these ways to form meditation groups in your area, why not put up details of what you are doing on the sacred network website as an event so that others can come along and join you.

I will send out a Newsletter update on June 1st by way of an update on these things.

John Dee update

For those of you who have been kindly reading my newsletters for some time, you will know of John Dee's work in highlighting the fraudulent activities that affected us during the recently engineered 'pandemic' and its experimental treatment disasters that has led to so many excess deaths.

Having pursued this for some time now, he is beginning to turn his attention to **the very nature of the cause of illness in the first place.**

We have looked at the **germ theory and the terrain theory debate** in my last newsletter and in this one we have looked at **whether or not cancer is a virus or a mitochondrial disease,** well John is now investigating the very real possibility that **Space weather might be the source and the cause of these illnesses.**

The following is a recent newsflash from Mr Dee on his substack page:-

The analytical journal of an applied statistician and former NHS head of department (clinical audit)

*"I'm a former NHS head of department for clinical audit at a busy teaching hospital that specialised in assessment of clinical outcomes. Before this I headed a statistical modelling section as a **G7 government scientist.***

My COVID studies kicked-off in April 2020 after I realised the official narrative didn't make sense, so I decided to grab some data and wade in. Since then I have posted +250k words of analytical output on social media and penned a total of 86k words in 17 short notes covering various topics.

My support work for HART came to a halt at 20 reports, 84k words, 169 tables and 148 figures (some of these have now been published).

My work continues on Substack, with articles offered on a weekly basis. This is made possible through subscription income upon which I financially depend.

Now that we have passed the third anniversary of the first UK lockdown and the fraudulent narrative is well and truly crumbling I shall be broadening my research to look beyond COVID.

My interests lie in cardiovascular conditions, hypertension and the transmission of influenza-like illnesses, though monitoring of mRNA vaccine and other policy harms will no doubt continue for some years to come.

*After having spent eight years immersed in high-end allopathic medicine (and a biologist by training) I'm intrigued by the possibility that 'space weather' (solar activity, cosmic radiation, our declining magnetic shield and the like) **might be influencing the biosphere and thus the health of humans**, and so I shall be exploring these esoteric topics as time and data permit. I could say "watch this space", but that may be a pun too far!"*

Click here to go to [John Dee's Almanac](#) page.

I think you will agree that a £5 per month subscription for his unique information is very good value.

In his own words *'Seasonal variation in flu may not be down to a virus, but instead a **reaction due to cosmic stress.**'*

If you subscribe to his channel, you will get weekly updates on how his investigation is going. If his hypothesis proves to be probable, it will change our whole perception on health.

Mr Dee is certainly not alone in the thinking that space weather might be causing ill health. Back in August 2006 an article in the publication titled Surveys in geophysics had this title:-

Solar and geomagnetic activity, extremely low frequency magnetic and electromagnetic fields and human health at the Earth's surface.

It looked at what conditions on the Sun and in the Earth's magnetosphere might affect human health at the Earth's surface.

It reviewed the research undertaken in the field of **Heliobiology**, focusing on the effect of variations of geomagnetic activity on human cardiovascular health.

It concludes that direct effects of natural ELF electric and magnetic fields appeared to be implausible but a mechanism involving some form of **resonant absorption** might be more likely.

One possibility was that Schumann resonance signals might be the global environmental signal that is absorbed by the human body. This would then link geomagnetic activity to human ill health.

It also suggested that suppression of melatonin, secreted by the pineal gland, possibly via desynchronised biological rhythms, might well also link geomagnetic activity and human ill health.

<https://link.springer.com/article/10.1007/s10712-006-9010-7>

So, it may well be that Sun does not just have a huge effect on our weather, but also on our health in many ways both good and bad.

That in itself seems to represent a bit of a conundrum as to how we live with this benefit/threat. However, perhaps not too.

We are just being presented here with another series of choices on what we should do. How long we should be in the Sun, when to protect ourselves and perhaps too, how to use our intuition as to when and what to do?

It would seem that nature too knows we are a planet of choice.

Rory Duff dowsing courses in the city of Bath

I have to say that I am finding it hard to find the time to run the dowsing training courses at the moment due to the high volume of other work I have on. I do enjoy the days though and look forward to helping others build their skills in dowsing and in connecting with the subconscious mind.

I have run two level 1 courses so far this year, which were actually for people I could not fit in from last year and also a very enjoyable dowsing day up in the Ashdown forest in East Sussex.

As many of you will be experiencing these days with the increased levels of uncertainty, planning too far ahead is also becoming harder and harder.

That being said, I am looking to run two more Level 1 introduction to Awareness and dowsing courses on the 4th June, 11th June. If you would like to sign up for this please go to this page on my website <https://roryduff.com/dowsing-courses/>

I know many of you have been waiting to do the level 2 dowsing course too. I have one set up for May but these places were filled almost immediately by people who have also been waiting since last year. I will be looking to run more in July and August though.

Rome & Spain trips update

The intent is still to run trips to these two places but I have no dates just yet.

As far as I now understand it, all the venues that I would like to take the group to in Spain are all now open again and it is now just a matter of fixing a good time. At the moment it is looking like this is going to be easier towards the end of this year and it might be nicer then to get the warmth and healing properties of the Sun in the winter months.

The trip to Rome, if it is to be, looks like it might be a flying visit to do some vital work on a last minute basis.

If the heads up comes along on this it is likely to be midweek this June. It will mean a smaller group and probably for around – 3 – 4 days.

Essentially, there are many lines all crossing over in central Rome but there is no node. The old node used to be where the Pyramid of Romulus once stood between the Vatican and the Castel St. Angulo. When the pyramid was taken down over a thousand years ago, the lines at the node most likely moved apart from one another. I have to say that it is tempting to repair the node in the middle of St Peter's square in the Vatican but, as many of you will know, we must do what we are guided to do.

So a new place for the node needs to be found and then repaired. In addition to that, the type 4 lines that will form part of this node head to the node of Mount Cavo. There is also a necessary trip to the strong node up there as this is where the Emperor dragon runs through that connects with the new 1st order node in Peru – all in time for the Summer solstice.

If we get given the signs and all goes well, there will be a huge amount of new energy being directed right into the heart of Rome and only good can come of that.

If any of you would like to help sponsor this trip with a donation to cover the costs or to even come along and join in, please let me know.

Sacred path modules update

We are currently experiencing an enhancing energetic environment on the earth. This is transitioning us through an evolution of consciousness where **we will either be able to help others or we are going to need help.**

Rudolf Steiner wrote that we are moving from individual consciousness to group consciousness and from what we have been finding, whilst testing these modules with three groups, is the power of working together.

What we previously felt we understood through our individual observations is rather like comparing a 2D image with a 3D one.

When a group has learnt how to share discussion and dialogue with one another, new insights, learning and positive changes come about.

When the group studies subjects like prophecy, the work of the great masters in our past like Goethe, Steiner, Jung, they discover so much more than just watching a documentary or reading a book.

When their aim to learn more about the true reality of nature and about the conscious and subconscious mind, it brings new revelations.

When they then study different cultures and traditions all around the world and their spiritual practices, and they then practice those they feel might help them, their meditations and prayers become deeper and even more powerful.

Intuition, empathy and synchronicity all seem to become more common and more intense.

As the group progresses and starts to decipher the symbolism and the common aspects to several different universal prophecies from around the World, light bulb moments begin to pop up. A growing clarity of what has happened before and what is likely to happen again begins to form in the mind. All this then helps to prepare us for all eventualities in a positive way.

What also becomes clearer is a person's own individual strengths and weaknesses in relation to the strengths and weaknesses they see in others. Only by learning to work together in a group can these realisations come about in helpful non-threatening ways - ways that actually help everyone recognise that we are all on a journey of growth and development.

This life-long journey has many names like the Hero's journey, the Cathar path, the Grail path and the path of Individuation but collectively we can call them the Sacred path.

The Sacred path modules cover a wide variety of subjects and come with hundreds of incisive thought provoking questions designed to generate interesting conversations where members of the group can contribute with their own observations skills and experiences.

All of the information that is needed as well as the questions are contained in facilitator guidebooks and delegate notebooks that cover five levels.

Just some of the subjects in each of these levels are mentioned below:-

Level 1 – The blueprint for life, Goethe' Green Snake and the beautiful Lily prophecy, the Qero Indian prophecy and how prophecy works.

Level 2 – Jung’s red book first half, synchronicity and symbolism

Level 3 – Earth energies, the second half of Jung’s red book and elementalism

Level 4 – A comparative study of 16 Universal prophecies that all refer to the same series of events.

The Meditation module – A group study of spiritual traditions from around the World

If a group reaches a required level of understanding of working with each other, they can commence the level 5 modules on group meditation where they look at a wide variety of sources that show how this practice differs from individual meditation.

At this level the group become more autonomous and they take the lead in where they want to investigate and practice as the facilitator takes less and less of a role until the group can continue on their own.

To be able to help many people and many groups take advantage of this, a system has been designed to reward facilitators for their time in helping groups develop and grow.

Indeed part of the learning process that is encouraged is that everyone becomes a facilitator and takes at least one group through the levels they themselves have been through. Revisiting subjects and discussions in this way cements and consolidates learning and adds yet another dimension to a facilitators understanding which presents even more insights into the subjects covered.

Just running one group as a facilitator will also reward you as you will earn more than all your previous payments for the course as well as providing you extra for your time.

Going through the first four levels takes around fifty two weeks based on six people per group and sessions being 90min sessions long once a week for a year. This would earn a person an extra £248pm.

A facilitator doing this part time and running just **four sessions a week** for two groups would earn an extra £1500pm over the course of 6 months based on the same parameters.

Of course you can do as many or as few as you would wish. The marketing will also hopefully be made easier for you as people are already registering an interest in doing these modules on the sacred network website.

If you think this might be of interest, we have several people from the groups who have been testing these modules who will be starting to facilitate the level one modules in a few weeks time. Just register your interest on the sacred network website by joining the sacred path modules public group. They will be in contact with you in that group’s soon with more information for you.

Sacred network update

Just a quick note to say that back end work is still on going in regards to setting up a new learning management area on the website. This will enable facilitators to run the sacred path modules as it will take care of the booking registration, payment and data handling system side to the process.

We hope to have a progress update for you on this by the next quarterly newsletter in August.

Science and Spirituality

The quote I wrote at the beginning of this newsletter was the following:-

"Today there is a deep rift between humanity of the East and the humanity of the West. And those who do not go deeply enough into these matters cannot see how East and West are divided and how the East is waiting for the new Bodhisattva to bring them in his own way something of which the West has only the vaguest idea. The nationalistic struggles of today have not yet been sufficiently overcome throughout the Earth by the Universal consciousness which must flow from the Christ impulse."

Those of you familiar with his language will know this was Rudolf Steiner.

Steiner was known to have been gifted insights into the future that were beyond the number of years he would live at that time on this physical world. This was clearly one of those insights as there is a deep rift right now building between what we know of as the East and West.

He was right here too about the many people who are living in superficial ways and not thinking deeply enough about what is going on.

He is right too about people in the East having a greater sense of our changing energetic environment and how this can empower us to grow spiritually. Far less people in the Western world are prepared for this and this is something we must now attend to.

The idea of a Boddisattva is most likely to have been slightly mistranslated. It is very unlikely we are going to be waiting for some single special person, but instead it refers to our single, collective awakening and the coming of these spiritual energies.

By nationalistic struggles, I feel he is referring to the geopolitical classes whose aim it is to keep us divided rather than our cultural and individual differences.

However it is his last few words that offer us direction

The Universal consciousness which must flow from the Christ impulse.”

If we think of the type and nature of the impulse/force that impels a person to behave in such a giving manner, we must conclude that it comes directly from the universal consciousness.

Our nearest scientific understanding of this is that of the Universal consciousness must sit at the smallest of scales – the sub quantum scale where there is continuous creation of all quantum particles of energy which in turn provide our minds with the illusion of matter.

The underlying way it does this is through waves of vibration.

Vibration creates light and light provides us with the illusion on matter.

In other words the flow from the Christ impulse seems now to be linked to the vibrations of the most powerful energy lines that in turn are vibrations created by the Universal consciousness.

Another quote, which at first seems unrelated to this, is as follows:-

"As a man who has devoted his whole life to the most clear headed science, to the study of matter, I can tell you as a result of my research about atoms this much:

There is no matter as such.

*All matter originates and exists only **by virtue of a force** which brings the particle of an atom to **vibration** and holds this most minute solar system of the atom together.*

*We must assume behind this force **the existence of a conscious and intelligent mind.***

This mind is the matrix of all matter.”

This is a quote by a **German theoretical physicist** whose **discovery of energy quanta** won him the Nobel Prize in Physics in 1918. His name was **Max Plank**.

There are now over 80 Max Plank institutes for scientific research around the World and very few scientists in them accept this statement of his because of the final assumption of the existence of a conscious intelligent mind.

One man who did was the **Engineering physicist Ron Pearson** and, over the course of 24 years of research, he went on to come up with **a full theory of quantum gravity**.

In the following book, Ron points out just how helpful it is to us today in our understanding of Spirituality.

I would also add that he was a very good friend of mine for 15 years until he passed over. I helped with the editing for Ron on all his books and it was the subtitle of one of them that

caught my attention as it similar to Rudolf Steiner's own drive to discover **the science of spirituality**. Steiner called this **Anthroposophy**.

Ron Pearson's book is titled:- [Intelligence behind the Universe III](#)

The subtitle is **the Unification of Physics and Spirituality (2009)**

Details on this and his other books can be found via www.pearsonianspace.com

This **popularisation** is written for those people **who accept** the possibility of **the mind being immortal**. It shows how several major problems in physics and cosmology can be solved by expertise from an allied discipline.

Being a popularisation it is much easier for the lay person to read.

Amazingly the solutions extend the compass of physics to cover the so-called 'paranormal' by providing explanations as potentially real effects! What emerges is an all-pervading background medium called 'i-ther'.

Many paranormal experiences are mentioned within the book and explained.

The maths, provided in our technical books, shows that the i-ther spontaneously develops a tangled filamentous structure very like the neural networks of our brains.

This is incredibly fine grained yet extends to the very edge of the ever-growing universe. It is explained how i-ther has the potential for evolution, by the self-organising power of chaos, until **it acquires a conscious intelligence**.

Then it organises several parallel universes made from its own energies. **All occupy the same space, to interpenetrate each other without mutual interference**.

The theory only needs three dimensions as the many Worlds of Spirit exist on different frequencies of matter. There is no need for relativity, no need for a big bang and no need for black holes.

£13.50 plus p&p click on this link [Intelligence behind the Universe III](#)

The following reasons are what makes this book so important:-

It provides us with solid spiritual foundations here for all the different cultural belief systems around the World.

It shows we do not live in just a material World where your mind just emerges as part of physical brain function.

It provides with an understanding of just how we do not cease to exist on physical death but how we survive.

It is the only science that fully shows how this is possible by providing a complete theory of quantum gravity without any flaws – No other theory has yet been able to achieve this.

Taking the first step

On that positive note, I would wish to conclude this newsletter. Amidst all the turbulence going on all around us, beacons of light have begun to shine and make a difference.

We are 'many'; they are a 'few'.

All the 'many' need to do is to **stand up and be counted** and we can do that by **joining small local groups** and becoming part of larger regional groups and in time these will form vast numerous national groups and our voices will be heard.

It all starts with **our own first step** down the grassier road in the yellow wood as it will make all the difference.

If enough of us do this, we will all be able to enjoy far more freedom and fun in our lives – something that can be experienced at the moment just occasionally in places like the Wetiwa springs.

Many thanks for the time you have taken to read this newsletter. Please do share it with anyone who you think might like it.

I don't run a Patreon page or a Substack page but if you would like to make a donation to help me spend more time on activities like my writing or mapping these energy lines please do so via my home page on my website www.roryduff.com

Alternatively, do buy my books as that also helps.

Blessings and my gratitude to you for the time you have taken to read this newsletter

Rory Duff