



Hi to you all and thank you for choosing to read this newsletter

To begin, I would just like to say there are no racist intentions, in any way, in regards to the above image. I have added it here as a light challenge to see if you can guess what it might be all about. All will be revealed as you read through this newsletter.

Thank you so much too for wishing to read this. Time is becoming more and more precious for us all and I really have tried to cut the size of the newsletter down to a minimum. The information that presented itself this time though just seemed far too important not to include – so my apologies for its length but it does answer some critical questions that are just not being addresses anywhere else.

2023 seems to be a year where, if we do what we have always done, we will leave ourselves in deeper trouble than we are now in the World.

Making changes and transforming has now become critical. **Doing nothing, will be the most dangerous option.**

There is always some **good news to be found and a way forward.** It is also one that is within the grasp of everyone and I will cover some of this later on in this newsletter.

March 2023 Gatherings

My estimate is that we had over 1000 people gathered at sites around the World at the last Winter gathering which is absolutely wonderful. The aim this year is to get to a figure of 10,000 people at the next Winter solstice.

The Spring gathering this year is on **Sunday 19th March** and I will be heading to Oliver's Castle in Wiltshire. The event is listed on the Sacred network but you don't need to book because there is plenty of space for everyone. If you are thinking of holding a meditation near you, whether it is on a sacred site listed on the sites map, or not, why not list the event so it will come up in the searches. You may even find other members contacting you asking to join.

The Theme

Before mentioning the theme for this newsletter, we must look at the reality that we now collectively all face – **and it's not nice**. As you read, please also bear in mind that **there is hope** and in an area **that I have not written about before**.

I have previously mentioned - We are facing a **Spiritual attack**, indeed it is also an Existential attack.

Existentialism is the philosophical belief that **we are each responsible** for creating purpose and meaning in our own lives. Our individual purpose and meaning is not given to us by governments, teachers or any other authorities. **We must be free to choose our own direction in life as it is this that helps us to develop an ability to respond which helps us to become response-able.**

This freedom, unfortunately, is not something that a few 'humans' would like us to have as they would wish instead to control us and keep us in a state of **fear and non-responsiveness**.

Living in fear is not an option for us as that will stop us realising **our true spiritual nature** and fear will stop us all from reaching our full potential.

The timing of this 'ramping up of the levels of fear and control' around the World now is not by accident, it is because **our energetic environment is changing**.

The increasing amounts of cosmic energy getting through to us, is really very evolutionary. Cosmic energy is known to mutate cells and it is likely to be quite capable of switching on some of our dormant cells too. Think here in terms of increasing psychic ability.

Just imagine the effect on society and its control structures if millions of people had a much keener sense of telepathy, empathy and clairvoyance. There is no way the people wanting to stay in control could keep up their continued lying.

And, just as Rudolf Steiner predicted a hundred years ago, they decided upon a course of mass vaccination in order to try and stop this spiritual transformation. Unfortunately, this has had some incredibly serious effects that may well stop their conspiratorial plans.

These serious effects are now the theme of this newsletter and more precisely, it is one of **excess deaths**.

You may well have come across this subject but what has always been missing is anyone explaining **how we have these excess deaths**. There is of course the obvious answer, but until you look deeper into the 'HOW', you just don't get any idea of the gigantic size of the problem this could build into.

I am not alone in thinking that excess deaths could potentially become a significantly bigger problem than expected, but, having looked at 'How' this is happening, we can begin to see the seriousness of it all.

A good start at looking at this reality can be made by looking at one of Dr John Campbell's recent videos. In it he draws attention to the numbers of excess deaths in the UK over the last 7 months being around 3000 souls per week above the normal rate of 'deaths' per week. In January 2023 this rate was already 20% above average.

There has been no explanation about this from the chief medical officer or the government. It looks like they are trying to ignore it and hoping it will go away. Whatever comments that have been made are to try and tell us that there is no causal link between the vaccine and these excess deaths.

Doctor Campbell, in his video, counters this very nicely by showing that if that was the case, we would expect to see this as an isolated occurrence in the UK. He then goes through the figures from several other countries. In 30 countries, across all age groups, there are a similar percentage of excess deaths. This common factor now certainly seems to suggest a common cause.

Sadly Canada's figures were so bad they stopped counting in August 2022 and Australia stopped reporting their figures in September 2022. That's probably even better evidence of causality.

The title of the video is 'Excess deaths in 30 countries'
<https://www.youtube.com/watch?v=av4Ej6om0WI> (16mins)

What I want to try and do in this newsletter is not to just look at the obvious cause, but instead the science behind just **how** these deaths happen.

When you **understand the how, a grim picture emerges.**

On a positive note, I think there are some specific actions we can take that will considerably help to keep the excess numbers much lower.

We start to look at this in the **Science section**, where you will begin to see just how much the Covid 19 virus and the mRNA vaccine is impacting the human body and **why many people have so many continued problems.**

The section starts by diving into the huge subject of human health and how our understanding of that also seems to have been corrupted for around 150 years for just one reason – greed.

In one word it is all about the '**Zeta**'.

What I am really sorry to say is that the problem we now all face seems to be far bigger that you might have imagined.

There is also one huge question I have not heard being asked yet is "**When will these excess deaths end?**"

Again, I feel I need to apologise if what I am about to write about - if it is new to you. The reason is that I must introduce you to some scientific researchers who expect over **one Billion plus deaths** to occur **over the next five years**.

When I first read about this, I thought that **there is no way the numbers could reach this high**.

Indeed looking at their evidence is not pleasant reading and **it did look like we could easily reach one or two million excess deaths – but certainly not a billion**.

Unfortunately, these scientists did not seem to be factoring two other effects – one of these is the effects of **the approaching galactic current sheet and its plasma wave**. The other is connected with **the Zeta** – which I will go into later.

With these two additional effects, we might easily see over a billion excess deaths – indeed a **complete loss of nearly all human life on Earth is also now possible**.

The zeta effect could well be terrible, but fortunately it is something that is within our power to stop.

The first reason that has been given for the larger numbers is because, **with more and more ‘jabs’**, a large number of people are building up something called **a homogenous immune system**. The data shows that when you take the third and fourth ‘jab’ this homogeneity really begins to kick in.

The very first message that needs to be spread out to everyone is - **Stop taking any more globally rolled out mRNA Vaccines and boosters. That alone will help stop excess deaths from reaching a billion**.

I will go into the scientific detail later but **one of mankind’s great strengths against things like virus’s is that our individual immune systems are all slightly different**. This means that it makes it difficult for a virus to spread. A virus does not want to kill its host but it has to adapt and change as our bodies develop a natural immunity to it. A virus looks to stay alive by finding other hosts.

What appears to be happening is that humanity is developing less diversity in its immune response with more and more people responding to pathogens in the same way.

The spike based vaccines have done the worst possible thing because many people have now developed a homogenised human immune response. The ability of the ‘triple+ vaxxed’ individuals to withstand these mutations is going to be harder and harder. The good news is that if you have survived the first two jabs, you are much more likely to live a longer life.

We will take a look at the evidence that shows just how much more serious it gets when you take the boosters and any more mRNA vaccines.

When you then add in the Zeta impact, you can begin to see why we are finding the common symptoms associated with these sudden excess deaths and just how big a problem it could become if nothing is done.

In regards to the numbers of excess deaths, there are also links to Geobiology – my own chosen area of research on how the Earth affects life on this planet. Indeed the proposed solution actually links

to some of our recent understandings in this science that will help considerably with the solution. I will go into this in the **Earth energy section** and how certain energetic configurations can make the problem far worse and why.

This understanding in Geobiology is given support in the **Media section** with a beautifully constructive and informative video and together you will again see the connection to the Zeta problem.

One of the ways the cabal of 'Would-be World controllers' – WEF etc., have tried to establish their control over us, is to **shut down debate**. Their modus operandi has been to **only allow one theory to be studied and debated** – one that fits their agenda and narrative.

This is not science. Two or more competing theories are far better than putting all of humanities eggs into one basket. I am talking here of the insistence of the universal acceptance of the **relativity religion** and the **highly flawed big bang theory**. Through huge investment grants, the mainstream narrative is desperately still clinging to these two 'theories' whilst denying any research into the potential of the Ether – something that Nicola Tesla supported with his amazing discoveries.

So in this **Media section**, I have added an outline summary from the video for you to read first. It contains the **latest thinking about the Electric universe theory** with the impactful thinking that **the cosmos is energy and more importantly energy in motion**. The patterns that are being observed are scalable which means what they find on the large scale is mirrored on the small scale and vice versa when it comes to the flow of energy.

We will look at these patterns and see just how similar they are to the ones we find in Geobiology. This too will help you come to see just how this problem of excess deaths really could be so large. However, it will also help with the understanding of one of the parts of the solution too.

Before you get to read all about that, we need to hold in mind the difficulties faced by some of those people who were duped, pressured or forced to take the jobs.

Overcoming the Psychological problem

An enormous percentage of the global population is now trapped in a mass formation psychosis, trance and unable, or unwilling, to regain their common sense and ability to comprehend that they have been duped, used, lied to, by the 'Wannabee' World controllers.

This is a problem we really must help people overcome – and it will not be easy as a person needs to accept their reality before they are motivated to take action, change and take up what solutions exist.

You may well be a parent who took the first, maybe also the second and third job. Maybe you have a close friend who is in that position. It is quite likely, that **these people will be beginning to read or hear about these excess deaths**. Although the mainstream media and politicians are trying to avoid these discussions, with rising deaths, that will become impossible soon. We are already hearing

about mortuaries being full and hospitals struggling under the increasing numbers of patients arriving in ambulances.

When these people who have had the 'jab' eventually do hear about this problem, **do you think they will want to investigate further?** If they had convinced their spouse/partner and their children to take these jabs too, **how responsible do you think that they might feel in regards to the future health of their loved ones?**

The idea that they have severely compromised the health of their children would be horrifying to them. Not knowing what they can possibly do about it, will make them feel even worse.

We really must help these people by being sensitive to their feelings and this has to be done very delicately. One of the best things we can do is to **give them hope with a choice of two or more actions.** When presented with a choice and some hope, their focus of attention changes to the choice. The mind, which has neuronal connections that are built to make choices and take directions, now has a path it can follow. I will go into some of these options under the section titled **Solutions.**

However, before we get to those, the very first thing we need to do is to get our own heads around the problem of excess deaths itself. Please do check the references given in this newsletter and **do your own research as you really need to remain skeptical with something as huge as this is.**

In the **Social media section**, I will give you an update on the sacred network and how well it is doing. There are a couple of little challenges you might like to try too.

On a lighter musical note, in the **Other section**, I wanted to share with you some really beautiful new but ancient sounds. Sanskrit is one of the oldest languages in the World and it was spoken around 6000 years ago by the Holy Rishi's in the Indian subcontinent.

What many people are unaware of is just how resonant it sounds when sung. It is as though the language was meant to be sung rather than said. You should try **meditating with it and if you do yoga, it makes for an almost perfect background sound.**

Music, sound and vibration, and how we create a resonant connection with it, is our future. Enjoy.... Right now though we must begin with the Science....

Science

Do you know the difference between a health specialist and an ill-health specialist?

If you are feeling only slightly unwell, who would you turn to?

You may well be asking what an **ill health specialist** actually is and what the difference might be to a **health specialist.**

Well there are hundreds of thousands of people who are really good ill-health specialists – they know about all kinds of ill health and what to do about it to get you back to normal. Doctors & nurses and many others are **all amazingly competent people** when presented with people who have illnesses – **they are specialists in ill-health** and they can recommend all sorts of treatment that will help you.

Unfortunately they have little or no training in things like nutrition, good diet, physical fitness, breathing and meditation and the many other ways that a person needs to be aware of in order to become, **and stay**, as healthy as they possibly can.

Ill-health specialists have one goal, to return a person to a normal life so they can get back to living and working and they do this really quite well most of the time.

Normal life here means able to return to a life where a person can return to work and move and take care of themselves and others around them.

To look at an example between the two, we can perhaps see this when looking at physiotherapy. **Normal physiotherapists**, who come under the term of ‘**ill health specialists**,’ aim to get a person back to normal movement without pain.

However there are **specialist sports physiotherapists** who could be called **health specialists**. Their aim is slightly different as it is to bring a person back to full fitness so that they can compete at a top level. They employ a whole range of stretches to help with this which are just not used by a normal physiotherapist – not because the ill health specialists cannot provide that same treatment - but because they are not given the time to do so and it is not within their given scope to take a person up to levels of maximum possible fitness.

Getting back to normal though is only half of what is necessary. For the rest, we will have to turn to a variety of other areas of health – but this is for later on. What you will read about leads us to the point of understanding that **our future health will be much more dependent on us each individually getting far healthier than just normal**.

We are going to have to get as healthy as we can – and that means **getting the best possible immune system that we can achieve individually**.

To do that, we are going to need to **regularly see health specialists** – those people who know what it takes to build a really strong immune system.

If we can develop, and importantly learn to sustain a strong immune system, it is likely we will never have to see an ill-health specialist.

When it comes to our health though, **we are all slightly different – one approach will not work for everyone**. There many ways to arrive at the best possible health and we will need to find out what works for us individually.

We will also need to learn to become much more attuned to our mind and body so that we can **sense when** to speak to a health specialist – **well before** having to go to see an ill health specialist.

So why should we all be now thinking this way and making these sorts of decisions?

The reason is that the number one most important thing everyone should have on their mind right now is.....

How they can maintain the best possible immune system if mankind is going to survive, possibly, 1 billion + deaths over the next five years.

The History

We need to look back at the early scientific thinking in order to **now go down this rabbit hole.**

Back in the early 19th century three scientists were engaged in pioneering research into diseases and how people caught them.

The first was a French chemist and called **Louis Pasteur** (1822 – 1895). He became well known for his discoveries of the principles of vaccination, microbial fermentation and pasteurization. This resulted in his theory that germs were what caused disease in a human body. This biochemical way of thinking resulted in the huge pharmaceutical industry becoming what we see today.

It was nice and easy, just **identify the germ and then apply a single mass produced solution** that would work for everyone. It was incredibly profitable and the industry invested vast sums of money to identify the germs and provide their pharmacological solutions.

The second scientist was **Claude Bernard** (1813 – 1878). His work was later built upon by another chemist called **Antoine Bechamp** (1816-1908). In 1854, Bechamp even succeeded Pasteur as professor of Chemistry at Strasbourg University in Germany.

Unlike Pasteur, Bechamp thought that illness depended on something he described as “tiny molecular granulations” which he called **microzymas**. **These only become ‘pathogenic’ when they encountered a change in their environment.**

A change in their balance or function was then down to a change in the bodily “terrain”. His thinking was that this change of terrain, or environment, was what leads a body into becoming ill - and not from any ‘invasion’ of germs.

These microzymers were actually later called "tiny **enzymes**"—and it was discovered later on still that they produced both enzymes and cells while "evolving" amidst favourable conditions.

With these two different routes that these chemists went down, it led to two different theories - **Germ theory and Terrain theory.**

Germ theory, based more on **Biochemistry**, led towards what Western medicine has practiced for over 150 years and the belief that external germs or microbes invade our body and cause illness.

Terrain theory, linked more with **Biophysics** lost out as it has little or no funding from wealthy private corporations to continue its research.

Germ theory won the backing of the bankers and big pharma because they saw such huge profits to be made by **providing the same one solution** to a problem for millions of people.

Terrain theory required much more of an **individual holistic approach** and, because of that, it was almost impossible to generate the same levels of profit – investors these days are driven only by profits.

Money drives the direction of research – just like it did with Relativity over the theory of the Ether.

There is absolutely nothing wrong in setting out to make a profit but, obscene levels of profit that lead to greed, selfishness and a 'fear of loss' that requires the pursuit of just one theory, is absolutely wrong. If the theory you have invested money in becomes disproved, you stand to lose billions in profit. The truth does not matter to these people – just the money and the power that goes with having lots of it.

This terrible strategy is what leads humanity down divisive and dead-end paths.

Science advances by disproving theories as it seeks the true nature of reality. We therefore always need more than one theory and we must accept that there are times when we are wrong and theories must be dismissed. **Consensus of opinion is not science** – just another made up concept to push one particular narrative and drive more money into the pockets of a few.

So which path is right - Germ theory or Terrain theory?

Terrain theory says our health is all about the **status of our immune system** and the microbiome. *(Microbiome refers to a collection of microorganisms in our body that we depend upon to keep us alive. It protects us against germs, breaks down food to release energy, and produces vitamins.)*

A well-functioning immune system and good gut health does not allow microbes to cause illness. **We actually have more viruses, bacteria, fungus, and other microbes inside us than we do cells** and these are getting along fine inside of us for long periods of time.

A strong immune system explains why, in every epidemic, some people have no symptoms, some people have minor symptoms, some people have severe symptoms, and some people unfortunately die.

You might recall the cruise ships during the covid crisis where there were several occasions when there were two people stuck in the same cabin for weeks and where one person ended up ill, whilst the other did not. The logic behind germ theory here would suggest that a virus would have certainly infected them both. The logic behind terrain theory would suggest that one person's immune system was much stronger and was able to deal with the virus.

In germ theory it is thought that a virus, which is a tiny piece of genetic material inside a thin coat of protein, causes disease and that this can be transmissible such that other people can catch the virus.

In terrain theory we are instead part of an ecosystem in which our bodies aim to be in balance with the terrain around us in order for us to stay healthy. The theory suggests that **we are constantly being poisoned by the toxic environment that is always around us** and inside us. These are in the air we breathe, the water we drink, the food we eat and even our thoughts and any stress will lead to our body being poisoned.

Our bodies however have adapted to deal with these poisons and toxins and, as long as we maintain a healthy balance, we will be fine.

On the face of it, it looks as though terrain theory is right, but.....

Germ theory vs. terrain theory is probably the wrong question as this leads to divisiveness and the labelling of 'germ theory' followers as terrain theory 'deniers'.

This is where **following two theories, and researching both, can be a good thing.**

Instead of an either/or, it is possible that both areas have a degree of validity. Some vaccines may very well have been proven to be a good solution to past problems but that does not mean all vaccines are going to be the right solutions for a particular problem. This means that **questioning each vaccine is absolutely imperative.**

A new way of thinking is that some microbes and bacteria interact with the terrain and that interaction then changes the body's natural environment and upsets the natural balancing act that continually goes on inside us. It is this internal change of environment that then causes diseases.

In other words it is a combination of both theories.

When pioneers set out to research new areas, it is important to recognise that mistakes are made. Indeed they should be expected and these pioneers know this – it goes with the territory. It is indeed unfortunate that today we find too many people in positions of power that cannot admit they make mistakes.

I mention this because **Louis Pasteur** said on his death bed, about his entire life's work, "**the microbe is nothing; the milieu is everything.**" (*milieu being the territory*)

Another person who said something similar was the German Physician **Rudolf Virchow**. He was thought of as the father of modern pathology and in his later years he said "**If I could live my life over again, I would devote it to proving that germs seek their natural habitat—diseased tissues—rather than causing disease.**"

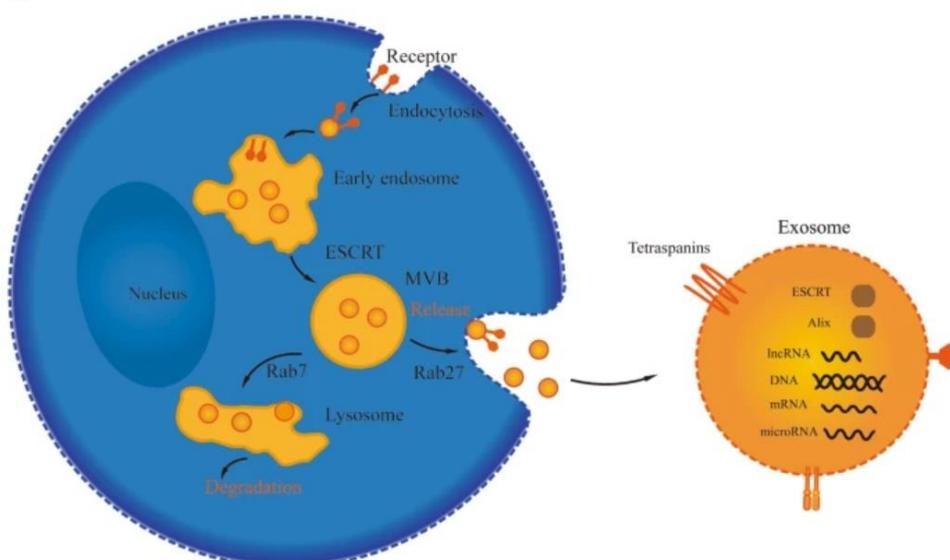
Having doubt, being skeptical, not being stubborn, is paramount in scientific investigation – but it is not good for selfish, greedy investors.

Having introduced terrain theory in this newsletter, it is time to see how it now connects with where we are heading – **the importance of zeta potential on our health.**

Exosomes

When a cell encounters a toxic environment **tiny protein balls** are excreted by the cell and these have a small amount of genetic material inside of them. **These are called Exosomes.**

They were originally identified in 1983 and confirmed in 1987 with technology that was just not available in the early 19th century. Pasteur and Bechamp would have loved to have had access to this technology.



The above diagram shows a cell (coloured blue) with tiny Exosomes (orange) – The large orange exosome one is just an expanded version of the small ones.

Exosomes get released into the blood by many types of cells and they travel through the blood to other cells in the body. Their role is the removal of unnecessary proteins from the cells but they are also involved in **cell–cell communication**, especially when it comes to immune system responses. They are known as **the regulator system** for **Sepsis** which is the body's **extreme response to an infection**.

In other words they are essential to a healthy functioning immune system.

This now makes them very much part of Terrain theory which says our health is all about the status of our immune system and our microbiome.

In a healthy person, these “bugs” coexist peacefully together, with the largest numbers found in the small and large intestines but also throughout the body. It makes up part of our internal environment.

A well-functioning immune system and good gut health does not allow microbes to cause illness.

When our immune system is threatened our Exosomes go to work. If our Exosomes are not functioning well, our immune system is impaired and we are far more like to suffer from ill health and disease.

Exosomes and zeta potential

Extracellular vesicles (EVs), **include Exosomes** and Microvesicles, and these both play a vital role in **intercellular communication**. A key part of this communication is that they also carry a **net negative surface electrical charge** under certain physiological conditions. This charge is what helps to establish a Zeta potential (ZP).

When we find **negatively charged** and **positively charged** particles in suspension in a fluid system we find **both attraction and repulsion forces** occurring between them.

When the **charge difference** between all the positive and negative particles **is high**, (*ie the gap between the + & - charge is high*) the system is said to have a **high zeta potential**.

When the gap between the two different **charges is low**, it is said to have a **low zeta potential**.

When these, high or low, **charged particles are roughly equal in number**, we find a **stable balanced system**

When there are **more positively charged particles than negative ones, or vice versa**, we then have an **unstable system**

When we have **low zeta potential in a balanced system**, we find that the **particles** begin to come together or **coagulate** as the particles become more and more stationary as they are not affecting each other.

A highly charged system (**high zeta potential**) in a **balanced system** would mean a **good healthy and strong immune system**.

Zeta potential is therefore a **measure of the electrical potential between particles**, and indicates the repulsive interaction between particles.

A **zero zeta potential** means that the conditions for **aggregation of contaminants are maximized**, the solution itself would become **unstable**.

Exosomes with a strong negative surface charge will work efficiently when they are in an environment where there is a similarly charged positive particles. Positive ions can come from a variety of other sources in the system including its acidity.

There are therefore **many factors that can, and will, affect zeta potential and** maintaining this healthy balance is where the health specialists can help.

Further information on Zeta potential in these Extracellular vesicles can be found in the following paper (*Remember that exosomes are just one type of extracellular vesicle*):-

'Zeta Potential of Extracellular Vesicles: Toward Understanding the Attributes that Determine Colloidal Stability' June 30, 2020

<https://pubs.acs.org/doi/10.1021/acsomega.0c01582>

Having written about the importance of a strong balanced electrically charged 'zeta potential' and its role in a healthy immune system, I am hoping that some of you might be now seeing a connection to Geobiology and how the Earth can affect us.

Before we get to that though, we need to progress on to the possibility that billions of people may die over the next five years as it seems that the pathology of **SARS-CoV-2** was in part mediated by **changes in the physiologic zeta potential**.

In other words **Covid 19 seems to have greatly reduced our zeta potential**.

Reduced zeta potential

In a scientific paper from the journal Nature in April 2021 titled **'High-dimensional characterization of post-acute sequelae of COVID-19'** it suggested, in the discussion at the

end, that **'Strategies are needed to reduce chronic health loss among individuals with COVID-19'**. <https://www.nature.com/articles/s41586-021-03553-9>

Researchers studying the effects of Covid-19 found that survivors of the virus had a **59% increased risk of dying within 6 months** after contracting the SARS-CoV-2 virus.

Ziyad Al-Aly, the chief of the research and development service at the St. Louis VA Medical Center in Missouri, who led the study said :-

*"When we are looking at the acute phase, we're only pretty much looking at **the tip of the iceberg**. We're starting to see a little bit beneath that iceberg, and **it's really alarming.**"*

With such a high percentage of people at increased risk of dying after contracting the virus, we have to ask why that is the case.

Increased risk here is pointing towards a **weakness in the immune system**.

The way the SARS-CoV-2 virus works is that it uses proteins on its outer surface, called **spike proteins**, to enter the cells of the body. **This changes the internal environment of the cell which then causes the disease.**

These **spike proteins** are **positively charged** so here we can see how **this might well be able to disturb the balance of the immune system by altering the electrical zeta potential – especially if there were extremely high numbers of spike proteins.** *(Many more positive spike proteins would create an imbalance in the zeta potential and this would lead to a less effective immune system.)*

Spike protein information

You may have read or heard about spike proteins in regards to vaccines so I have added some clarification here below:-

All vaccines aim to stimulate the body to build its own defences against a virus through the development of these spike proteins. This is done in a way, **and with an amount**, that allows the body to easily build up its defences to that virus so that, if it meets the real virus, it is far better prepared to fight it.

However the new mRNA vaccines do this in a slightly different way.

Messenger RNA (mRNA) vaccines, like the COVID-19 vaccines, **teach the body's cells** how to make a spike protein that triggers the body's own immune response to fight the virus if it gets into the body. The mRNA vaccines are meant to be injected into a muscle *(not the blood – which is why the needle should be aspirated to check for this)* and it uses the cells own functions to create a spike protein that will fight the virus.

The problem is that with this **self-produced spike protein** is that it is **not possible to control the amount** of this protein and if it gets into the blood it can also end up anywhere in the body.

Traditional vaccines already come with a designed harmless protein in **a controlled amount of dosage**, that takes years of research to get right. This precise amount can then trigger the body's own immune response to fight the virus if it gets into the body in a much more controlled way.

In both ways we find the zeta potential will be disturbed because of the increase in the positive ions of these proteins.

The difference is in the amount of positive ions because of **the amount of control**. With the mRNA vaccines it has already been noted that there is **a much greater charge density** of the spike protein produced and there can be **a much higher amount** produced than by the SARs-CoV-1 virus itself.

This **effect on physiologic zeta potential** by these mRNA vaccines is bound to have a **detrimental effect on the immune system with resulting autoimmune disorders** and there are **numerous studies** that suggest **the spike protein disrupts physiologic zeta potential**.

The good news is that there are several therapies that can help restore the zeta potential for either people with the virus or with vaccine injuries but these are found by seeing the **health specialists** and not the ill health specialists.

I will mention some of these therapies later on in the section titled solutions, but now I want to write about some of the conclusions that a **Canadian PhD neuroscientist** has to say on **zeta potential** in regards **to mini strokes, blood coagulation, sudden adult death syndrome and vaccine injury**.

His specialist knowledge of neuropsychiatry and experience from working with childhood development, and people with brain injuries, seems to have led him to discover just **how big a part changes in zeta potential plays** in these.

His name is **Andrew Moulden** and he was the first person to ever diagnose strokes in young children. No one else thought that young children would suffer from strokes – a problem normally associated with older people but he recognised the neurological signs in the children.

He found impaired blood flow which left the cranial nerves within the brainstem **more vulnerable to mini strokes**. The blood vessels that feed the back of the brain are narrower and are more susceptible to thicker blood blocking flow to these regions. He came to

recognise that it was **the collapse of the zeta potential** that led to the coagulation of the blood – something he called **blood sludging**.

Normally it is the elderly who have impaired zeta potential and this explained the many mini strokes he was finding. In his own words he said:-

“Poor zeta potential is one of the most common root causes of disease I encounter in my patients and “zeta potential” is the clearest correlate I have found to the ever-elusive concept of “health.”

Infections consistently reduced zeta potential and when impaired blood circulation was addressed it yielded profound benefits for patients. **Hydroxychloroquine, atabrine, and quinine all reversed blood sludging.**

Andrew Moulden also observed that **vaccine damage was cumulative** and more severe diseases came about as blood sludging progressively increased. With the reduced efficiency of the immune system all sorts of diseases like edema, pneumonia, chronic infections autoimmunity and cancer could occur.

If you would like to read the full article on Andrew Moulden’s work you can [click on this link](#)

An immunology professor speaks some truth about the mRNA vaccines

You can perhaps begin to see how a weak immune system is not something you want and that repeated boosters of, specifically, mRNA vaccines is going to continually weaken it.

However before we look at **further evidence for this with the igG4 problem**, and how we might go **from millions to billions**, it is perhaps good to hear from some vaccine specialists in regards to **too much vaccine** and their induced spike protein.

In one of [Dr. John Campbell’s](#) other recent videos titled ‘Immunology 101’, he speaks with [Professor Robert Clancy](#) - an immunology professor in Australia who is the country’s leading authority on vaccines.

The professor does not mention zeta potential but he does talk about the problems with the new mRNA vaccines compared to the traditional ones. He talks about there being no control over the amount of foreign antigens that get put into the body with the mRNA vaccines and that the amount of spike protein produced is critical to getting the right response. He goes on to say that traditional vaccines ensure a very precise amount is given.

He also states that too much mRNA vaccine will lead to autoimmune diseases as **“Booster after booster is turning off the immune response!” & “Over immunised people are getting more severe infections”**

He goes on to say that mRNA vaccines have not been studied for anything like enough time on humans but they do offer hope in some areas.

He does however also say there is good news about some mRNA vaccine technology as it looks like it will be **good for individual treatment of diseases like cancer.**

An individual cancer patient would have a sample of their T-cells sent to a laboratory where they can be 'educated' to produce a specific response particular to that person. They would then send them back to be put back into that person. Early tests have even shown complete success.

So it seems that **mRNA vaccines** do not seem to be suited to the 'one size fits all' old germ theory way of thinking, but **they might help on an individual basis.**

One concerning bit of information at the outset of the video is that the UK and Australian governments have already ordered over 200 million more doses of the mRNA vaccines for 2023.

If these get into a large number of people who already have had vaccinations and boosters, it will be absolutely dire and the numbers of excess deaths will certainly dramatically rise.

You can watch their conversation on this link:-

<https://www.youtube.com/watch?v=yMyERFBdB4E> (35mins)

So we have come to the point of realising that mRNA vaccinations and their boosters are seriously damaging our health and our immune system in a variety of ways – including zeta potential.

It is time now to see just **how this problem might be about to get much bigger** if we don't begin to immediately focus on building up our immune systems and get people to stop taking any more boosters and certainly no more 'one type suits all' mRNA vaccines.

The IgG4 problem

When we are exposed to germs, our body makes unique antibodies that are specifically designed to destroy only those germs. These antibodies are called Immunoglobulins. They are proteins that fight germs like viruses and bacteria.

There are several types of Immunoglobulin and the relevant ones for us are IgG1, IgG3, IgG4. IgM & IgA.

IgG1 is the most abundant of them all and is important for **mediating antibody responses** against viral pathogens.

IgG3 autoantibodies are produced as a result of a body's **autoimmune** response. One of the things this does is to finish off any of the remaining parts of the virus. It is the best response your body has at **neutralising the effects of the virus**. It has been said that **IgG3 is 50 times better at doing this than all the other antibodies**.

This means that out of all the four subclasses, **IgG3 is showing 50-fold stronger neutralization than the other three subclasses against SARS2**. Click here for an Applied Biological Services paper that covered this in Oct 2021:-

<https://www.pnas.org/doi/10.1073/pnas.2107249118>

IgG4 is an antibody that is found in the **blood** and is also part of the body's immune system. It arises as a response to repeat exposure to anything the body needs to tolerate, like bee venom, pollen or peanut proteins. IgG4 can also act as a neutraliser but when the virus mutates it becomes far less effective at that. It has been described as being more like a garbage disposal system.

Immunoglobulin M (IgM) is the largest antibody and is the **first antibody to appear** in the response to initial exposure to an antigen. (*An antigen is any substance that causes your immune system to produce antibodies against it.*) It responds in a body to bring down the viral load. Viral load is a measure of the amount of a virus in the blood.

Immunoglobulin A (IgA) is an antibody that plays a role in the immune system of **mucous membranes**. It gets to work on cleaning out these membranes.

So when you get a respiratory infection, like the Sars Coronavirus, the responses you would expect, and most want to be effective, are mainly the IgG1 and IgG3 antibodies.

The problem that we face is that the **immune response system is changing** due to the vaccine and its spike protein.

Instead of an IgG1 & IgG3 response, new findings are showing just an IgG4 response.

This is entirely inadequate and very dangerous when the virus mutates – which they naturally do.

This basically means that a **'multi vaxxed' person's immune system is increasingly useless when it comes to this mutating SARS virus**.

It is seriously compromised and overworked which makes the body far more susceptible to many other threats on it. Other illnesses and common viruses can now become lethal.

Serious diseases like cancer and heart failure will also be much harder for these people to fight and overcome – no matter what chemical treatments they are given. Deaths from

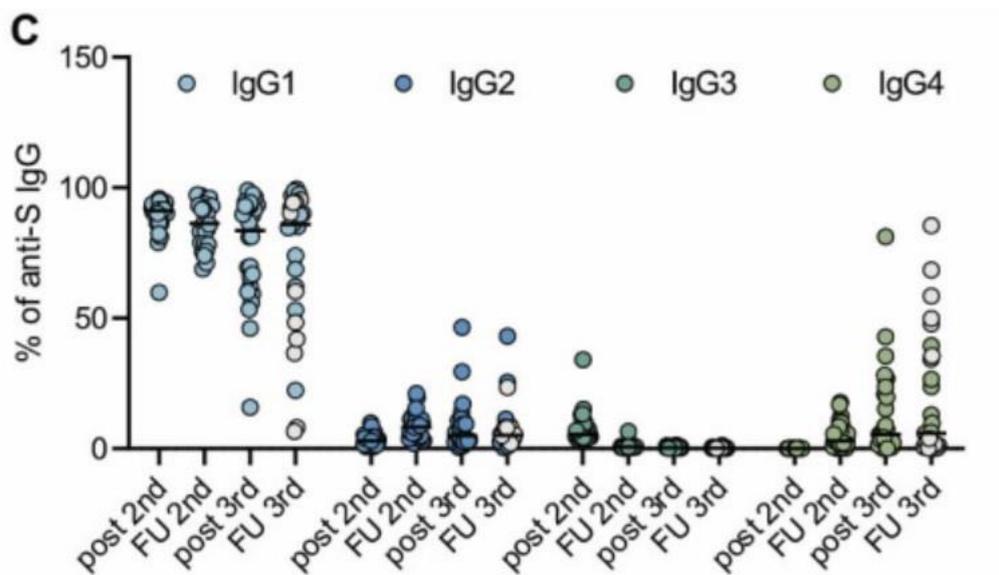
these illnesses, **no matter what is recorded on the death certificate or coded differently automatically by the WHO**, will also be attributable to the 'uncontestable' numbers of excess deaths above the norm.

It is highly likely to be these failing immune systems, which will be what is going to be continually driving the numbers of excess deaths upwards.

Billions of people who have taken 3 or more 'jabs' are now stuck with an impaired immune system.

They all now need serious help to boost their immune systems.

The following chart is taken from an article written by an anonymous scientific researcher. It shows the immune response after 3 mRNA 'jabs' have been taken. A strong IgG1 and IgG3 response is needed but as you can see the IgG3 response has declined considerably and the IgG4 response has had to increase as a result of that.



(On the bottom you can see Post 2nd Jab, Follow Up (FU) 2nd jab, post 3rd jab & follow up (FU) 3rd jab for each of these Immunoglobulin. The left side vertical scale is an indication of amount.)

The full article can be read in the link below here and it is clear that there is a line of logic that is being followed.

Although anonymous, the writer must have known enough about the subject to write the article and to include the charts and sources. It is also fairly likely that the author would have been assisted by someone else who really had to stay anonymous too for obvious reasons. I have to say that this article does not make pleasant reading and goes distinctly

against the mainstream narrative. Whatever your thoughts are right now, at the very least it demands further scientific investigation and debate.

<https://www.rintrah.nl/the-trainwreck-of-all-trainwrecks-billions-of-people-stuck-with-a-broken-immune-response/?fbclid=IwAR3ewfRDkZHBmzrAJSU3aPVMkUsQJo1Yr13mOZIVcsV3ZtdQxZOVe7lol74>

That we have an IgG4 response and not enough of an IgG3 response after three mRNA vaccines, is unfortunately not the end of the problem. **That is just an individual problem.**

We unfortunately also face a collective problem that I wrote about earlier.

The IgG4 antibody response is homogeneous, it's the same epitopes that everyone is learning now to tolerate. An epitope is part of an antigen molecule to which an antibody attaches itself.

Everyone normally has a different immune response to different regions of the spike protein. **The immune response amongst the unvaccinated is now very different** from the response that is generated by the body **from those people who have taken 3 or more 'jabs'**.

Unfortunately, those people who had '3 or more jabs', will be sending out IgG4 antibodies to those regions and the epitopes for all of them will be the same.

This homogeneous population-wide shift towards a IgG4 response for certain antibodies, will end up impacting our relationship to many other respiratory viruses.

This means that **'vaccinated' people will likely become much better asymptomatic spreaders of other respiratory viruses** and this may well now explain why so many children are getting these responses from their 'vaccinated' adults.

The bottom line is that the 'vaccinated' will increasingly have a more and more impaired immune systems that cannot deal with other viruses and mutations of the original virus. That means they will not only get ill and catch other diseases more often, but their chances of survival of the more deadly ones will lessen dramatically.

This also means that **anyone working to help one of these people will need to have an extremely strong immune system themselves.**

This is something that is really a very new situation that we find ourselves in. There will therefore be some uncertainty to it all. The only logical way to overcome this seems to be to try **and do everything possible** to boost the strength of your immune system.

At this point some of you might be thinking that they can see the size of the potential problem becoming bigger but certainly not how it might lead to over a billion people dying.

This is where **we now have to add in two more major problems.**

The First major problem we face is actually the excess deaths themselves.

The high percentage of excess deaths is unfortunately just the beginning, the increase in illnesses, disabilities and even more deaths will have **a huge effect on our demographics and our economies.**

Demographics are a measure of populations increasing and decreasing with birth rates and death rates. Countries with demographics showing an increase in older people and a decrease in younger people, like many, so called 'developed' countries are fighting hard to reverse this trend as they know it leads to the death of economies – this may well be **why many countries like the USA and the UK are allowing so much migration** to go on. Their governments know they need to close the increasing gap in their workforce. Imagine now what the impact increasing numbers of excess deaths are going to do.

Economies will dramatically keep failing as there are less and less skilled workers doing important tasks. Failing economies greatly adds to the numbers of deaths and the problem worsens. **It is a death spiral.**

There is a saying that **'Demographics are our destiny'**.

We are facing economic collapse if nothing is done and this is just what the **World Economic Forum** seems to have **planned for and are waiting for.** **'You will own nothing and be happy'** sounds and feels like another of their half lies.

This too is something we need to prepare against as they see this as **a perfect opportunity to crash the financial system** in order to **bring in their central bank digital currencies.** We must resist these at all costs because **that will stop all freedom and freedom of choice.**

Before we get to the potential solution for those motivated enough to change, **we must pre-empt the 'Would-be World controllers'**. There is one area in the last two additional areas in which they failed – **vaccine passports.** *(They are still under the impression that they did not bring down the population by anything like enough the numbers they desired to reach).*

For these reasons they seem to be **planning another 'Plandemic'**. The globalists always seem to like to hold practical experiments and simulations before the actual ones happen – as if they know it is about to happen.

Well, on **October 23, 2022**, the John Hopkins centre for Health Security, in collaboration with the infamous World Health Organisation and the Bill and Melinda Gates foundation held a **“Catastrophic Contagion pandemic exercise”** in Belgium. The group of participants included 10 current and former health ministers and senior public health officials from Senegal, Rwanda, Nigeria, Angola, Liberia, Singapore, India, and Germany. Mr Gates was also present. Click here for a link to find out more:- [Catastrophic Contagion, a high-level pandemic exercise in 2022](#)

I have to say that the holding of this conference alone did not sound any alarms for me. However when I heard about the **simulated ‘country of origin’**, it certainly made me sit up and take notice.

You see many people think that it was just a virus that caused all the initial deaths a couple of years ago. This is actually wrong. As I wrote earlier, it is not logical for a virus to kill its host. **What leads to death is the body’s response to the virus** and this is the single most important bit of information to grasp here as this links to the solution.

Of the many responses we get, the one that kills most people by far, is that our inner organs become starved of oxygen and they die. Lack of oxygen is what stops the physical body from living any longer.

They become starved of oxygen because it is not getting into the bloodstream via lung function and this is not happening **because the lung tissue has become too inflamed.**

The response that kills is the inflammation.

Now Gates and his friends at the WHO know this and they also know that any new ‘pandemic’ is going to be ignored by many, many people because the last one has been derided by many as being planned by them so they could role out their pre-prepared vaccine response.

What the globalists and their central bankers now also need is to get us all to accept vaccine passports that are linked to their new central bank digital currency.

You see, without mandatory passports, people are just not going to buy into any digital wallet with any fake fiat digital currency kindly ‘gifted’ to us in order to improve interest in having one.

So, in order to get people to accept this currency, they need to link it to something they can mandate – a digital vaccine passport – An Alien passport.

Extreme fear needed

In order to get enough of us to accept this **Alien passport**, there needs to be extremely high levels of fear.

To get really high levels of fear, they need many, many more deaths they can blame a new virus on.

To get these deaths, they know they need much higher levels of inflammation. *(I actually don't think they factored in the effects of zeta potential as they are such strong advocates of germ theory and don't even consider terrain theory any more).*

This is where previous readers of my newsletters will have an advantage as they know there is one other factor that is causing increases in inflammation at the moment – radiation.

When cosmic energy hits our atmosphere, it creates high energy particles called neutrinos and gamma ray radiation. Radiologists already know that their cancer patients get treated with radiotherapy, they develop lung inflammation. There are already on going trials with some of their patients who are being given Hydroxychloroquine in order to try and bring this inflammation down.

From what I have come across, it seems to be working.

The next Plandemic

This increase in radiation and its link to inflammation and increased deaths is now very relevant to the simulation that was put on in Belgium last October.

The thing that really stood out for me was that the target country for ground zero for this new plandemic – was **Brazil**.

As past readers of my newsletters will know, **Brazil is sitting underneath a large magnetic low anomaly**. This means that much more cosmic rays get through and much more gamma ray radiation is being experienced in this country.

If you look at the Science section in my March 2021 Newsletter <https://roryduff.com/wp-content/uploads/2016/10/March-2021-Rory-Duff-Newsletter-for-site.pdf>, you will read about this anomaly and the effects of radiation and autophagy. There are graphs that show that **the worst affected country for deaths by far is Brazil**.

If these globalist WEF WHO psychopaths are allowed to go ahead with their plans, they may well be picking Brazil for the next one for a good reason. The extra radiation already being felt there, will considerably add to the death toll and that **will help them ratchet up the levels of fear to the very maximum** for many people.

Advance knowledge, even of their potential plans, will stop this.

Sadly, on the day I write this on the 11th January, a friend, Vivian, has texted me from Rio de Janeiro.

She writes to tell me the recent effects of the current space weather they have been receiving as well as the political turmoil in the country.

People over there, because of the anomaly, are feeling the emotional effects of space weather more than anywhere else in the World. It may well be a sign of things to come for the rest of us as the cosmic energies increase.

This is the picture she paints. "People are not handling it well. It is like a pressure cooker, there is no electricity or internet due to heavy rains. Inflation is very high, the poor are losing everything. There are lots of vulnerable children. The new government is threatening enforced vaccinations for babies as well. There are riots in Rio and in the capital Brasilia. There are chemtrails everywhere. There is lots of cancer suicide, depression and people are in a regressive state psychologically. Something you might not also expect is that insects and animals are going crazy."

There is no surprise that these sorts of things are not making the mainstream news around the World – so much is being deliberately withheld to stop the masses awakening to the agenda these psychopaths have and the changing energetic environment.

One thing that I have been mulling over though is the idea of a **universal penalty** for all those involved in these excess deaths due to the vaccine – the politicians, the owners and directors of the corporations involved and the pundits in the mainstream media should all be penalised the same way.

Yes they should face trial to see if they were involved and complicit but they should know, in advance, of the universal penalty.

If we can perhaps agree on this in advance, they will know what they face when the time comes and this just might make a few of them think differently. There could even be some offer of a reduced sentence for those who come clean and admit their guilt.

This concept of a universal penalty, one that is completely outside of the judiciary's ability to do favours for their rich friends, needs to become widely discussed.

The one thing these globalists fear the most is being poor, so this is where their penalty should start along with re-education into society via time in a correctional institution.

The second additional problem

This second problem is linked to the increasing radiation and again it has probably been overlooked by the globalists because only a very few of them will consider that **the universe works based on plasma cosmology and not relativity theory.**

To look into it further, I really would invite you to watch a lovely video. What I saw in it was the connection to Geobiology but that then led to seeing an increased problem with zeta potential.

Media - Cosmic resonance by Andrew Hall

https://www.youtube.com/watch?v=Ez6KJWL_-NU (20min)

Author and engineer Andrew Hall explains how **the shape of matter conforms to the shape of energy flow**—and **the shape of matter forms circuitry that anchors the shape of energy.** It's a feedback loop.

More and more things seem to appear at the right time in life and this video was put up online on the 8th January 2023 when I was looking into a possible theme for this newsletter.

A possible theme had emerged a few days earlier and synchronicity was pointing towards **the connection** between **zeta potential**, the increase in **excess deaths**, the importance of keeping a strong **immune system** and the link with the problems we are finding with the **Benker grid intersections.**

The timely arrival of this video on cosmic resonance, confirmed this theme with its observations on the electromagnetic field and the new research on energy flow in standing waves and their patterns. The latter very much seemingly now confirming the 3D cubic nature of the Benker grid and its intersections.

It is the increasing power of these grid intersections that seem to be something that is **likely to add further imbalances to our immune systems by disrupting our zeta potential.**

The video was made by Andrew Hall, an author and engineer who is a supporter of the Electric Universe (EU) theory. In it he shows the limitations of consensus science to explain the many observations in nature and in the universe. Those striving to maintain the old paradigm in physics and cosmology continually resist the idea that **the cosmos is all about energy** and **energy in motion** and that **matter itself is also just energy.**

The electric universe theory is all about energy transformation into matter and then matter back into energy in a way that is controlled by standing waves.

Why I like this so much is that this fully aligns with Ron Pearson's creation of the Universe theory (*The EU theory has not yet fully integrated how creation fits into it*). I see the two theories working hand in hand together and in this case, **Pearson's sub quantum world of vibration and energy and standing waves are what drives this continuous transformation.**

The feedback loop that Andrew Hall talks about, between energy and matter, can now also be seen as between the sub quantum and the quantum in regards to size. Energy flows up into the larger quantum to create spikes of energy. It is these spikes that create the particles of matter at specific frequencies before then recede as the spike of energy falls back into the sub quantum.

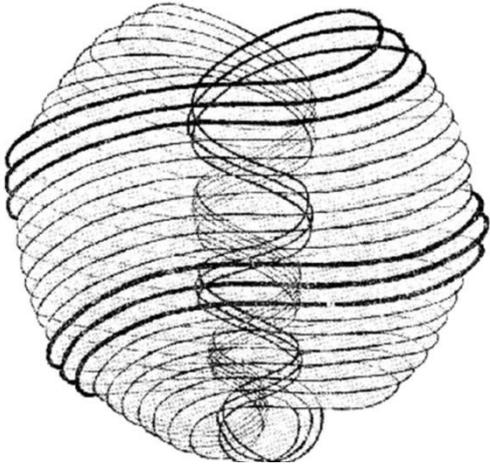
This repetitive appearance and then disappearance of these particles in a specified location are all controlled by sub quantum standing waves. (*Something Seth from Seth Speak also talks about in his book channelled by Jane Roberts on the true nature of reality. If you are wondering how sub quantum waves are controlled, these are computational subroutines organised by an intelligent ether that Ron Pearson showed how it emerged from the void.* www.pearsonianspace.com)

As Andrew Hall says in the video, **the shape of the matter is determined by the shape of the energy** and **the shape of matter forms electric circuitry** and this circuitry goes on to anchor the shape of energy that is forming it. It is this that **creates a feedback loop** which **keeps the particle stable.**

He goes on to say that the particles on the inside are **whirlwinds of trapped energy** that are patterned into infinite cyclic circuits. This description of a whirlwind of energy is curiously exactly like the description that Annie Besant and Charles Leadbeater, two theosophists, said a particle looked like in their book titled 'Occult Chemistry' in 1919.

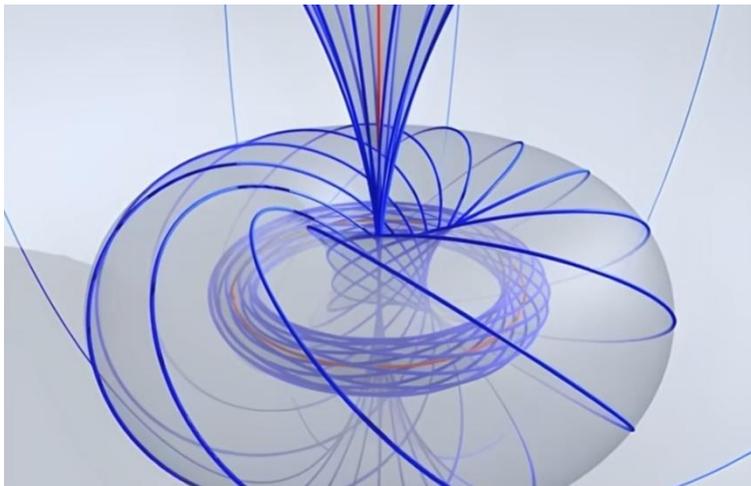
They also maintained that **flow was what maintained the matter of the universe.** Through their **inner visioning** they saw that an atom was shaped like a whorl surrounded by spirals with forces coming in from the outside and into the inside. They also described the currents as 'different electricities' responding to vibrations.

This is now very similar to energy being controlled by standing waves.

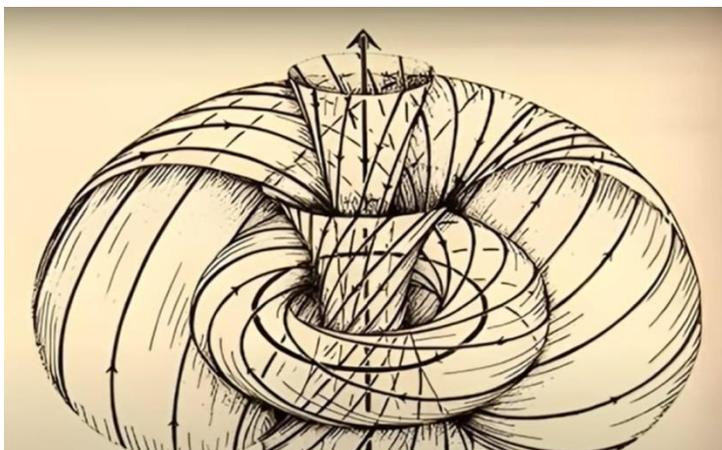


The above is an image of the drawing made by Besant and Leadbetter of the whorls they 'saw' in an atom.

Compared this now to the 'Whirlwinds of trapped energy' drawn by Andrew Hall for his video.



Electric universe theorists explain this as energy that has been exchanged with its environment by induction. Internally it maintains a resonant balance with its environment.



The above image now adds the direction of flow within these tori and vortices and regular readers and Geobiologists will see the immediate similarity between this energy formation and the energy formation found at symmetrical nodes during the harmony times.

What the Electric universe theorists go on to say is that **this pattern repeats everywhere on the small scale to the galactic and super galactic scale** – it is inherent in nature itself and probably why we see it forming both at symmetrical nodes and where other earth energies intersect – notably here the Benker grid intersections.

Andrew Hall describes this pattern as **luminous bubbles within bubbles**, circuits within circuits, harmonics within harmonics and I have to say this is very similar to the Native American Indian Black Elk's description of the Universe as circles within circles, spheres within spheres, Worlds within Worlds.

This is a standard pattern of energy frequency and vibration (standing waves) found in nature and something that consensus scientists (Relativity religionists and big bangers) just refuse to accept.

This propagation of energy in a variety of standing waves has been given added credence with a paper by the Engineering physicist Hans G. Schantz titled '**Energy flow in Standing waves**'.

In it, Schantz writes that the **energy is not in the copper wires of a circuit**.

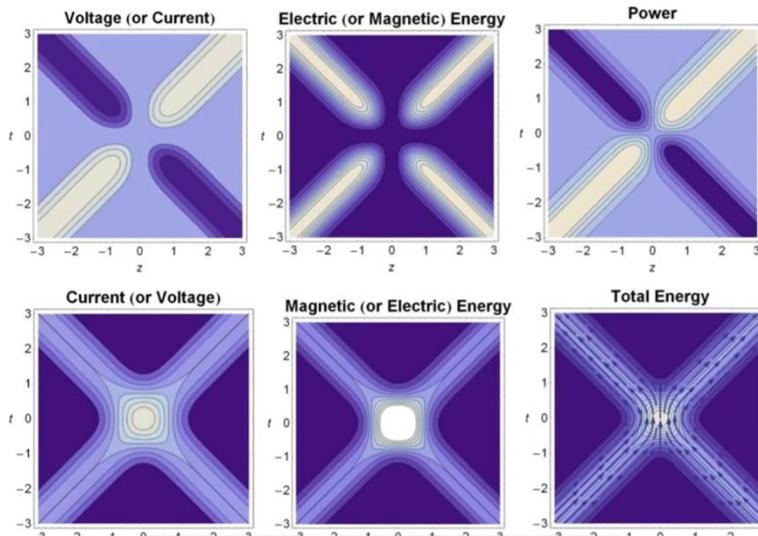
If you think of copper wire when it is connected to a battery and a light a charge that passes through the wire so that the light comes on. What Schantz has shown, through his studies on impedance is that **the energy does not run through the wires of the circuit but flows instead through the electromagnetic lines of force** that surround the wire with a current running through it.

In regards to electromagnetic lines of force, think of the Earth and its North and South pole and the magnetic lines of force. The same type of magnetic field around the Earth and its lines of force, is the same as the magnetic field and the lines of force that surround a wire in a circuit that conducts a current.

We are given to think that electrons are channelled down the inside of the wire and that this is where the energy comes from to light a bulb. It would seem that **the energy flow around the wire now plays the major role in directing the charge**.

In the video Andrew Hall then goes on to describe how powerful this energy flow is on the geology of our planet and even on one of Saturn's moon's called Iapetus. He does this by describing how some rock formations came about – including ones that have puzzled geologists for years.

This power of energy flow has significant consequences for us and our health too and begins to explain how electro-sensitive people suffer from all the wires in their houses and how our health can be seriously damaged by electrical power lines crossing over houses or near to them.



In his paper, Hans G. Schantz shows how an alternating electric and magnetic field produces an 'X' shape constructive interference pattern of energy flow. This is on a horizontal scale but it also has an effect on the vertical scale where areas of maximum and minimum impedance is found.

What should be of interest to all Geobiologists is that he goes on to say that this pattern of energy flow is both **repeatable and scalable**. The video goes on to consider the scale of the Earth with its magnetic field and it is here that we can begin to see the connection with the Electromagnetic grid lines.

Geobiologists consider there to be two types of earth energy, one vibrational from the inner core with its expansion and contraction standing waves; the other is the electromagnetic grids like the Hartmann/Curry and Benker grids. These are thought to have come from the interacting magnetic fields of the Sun and the Earth in the ionosphere where resulting 'Birkeland' currents head down into the Earth to form the ground induction Hall and Pederson currents.

This understanding of scalable energy flow patterns now helps us to see that these earth energy electromagnetic grids must be formed in similar ways and with similar patterns to the ones we see in the above images.

The cubic nature of these patterns mirrors the cubic nature of the earth energy grids and with this resemblance we should take note of something else that Schantz tells us. Where there is this **constructive interference** (at the 'X'), where the positive and negative ions come together and recombine **we find an increase in the capacity of energy**.

With an increase in capacity of this energy at the intersections there is **a potential for this to be discharged.**

One of the problems Geobiologists look for is where these Benker intersections are found in houses and work places as these are the possible problem areas – especially if your body spends too long in these places. You can perhaps now see how this information on energy flow patterns begins to explain these problems.

These electrical discharges will affect the zeta potential in human bodies and this will threaten the body's immune system and this in turn will make a person far more susceptible to illness and disease – **even more so - if your immune system is already severely compromised.**

You will have to fight for your health and your family's health and that means **fighting to improve the health of your immune system** and that means thinking about the terrain/environment you live in as well as what you eat and drink. It is not just about Biochemistry, it is about Biophysics too.

It also means we can never ever trust any narrative that just promotes one view/theory over all others.

The World needs debate and competing theories.

As Andrew Hall says at the end of the video that **'Time has come to rewrite consensus science'**.

I will write more about the Benker grids in the Earth Energy section of this newsletter but one thing some of you might like to ponder more about are the patterns in nature that are called 'zig zag' patterns. This video links them to these large scale energy flow patterns but we have to wonder whether our ancient ancestors also sensed these same 'zig-zag' patterns of energy flow on the smaller scale and recorded these intersections with **'zig-zag' petroglyph patterns.**

The Excess deaths problem becomes potentially even larger

Benker grid intersections are everywhere and can be found in any medium sized property. Spending too much time on **these will greatly impact your body's zeta potential** due to the excess charge difference that the body is not used to. How often **these capacitors release their excess energy** is uncertain but we know that these locations cause ill health.

The second aspect of this problem is that **the advent of the galactic current sheet means a ramping up of the electrical energy.** This is already causing effects on our planets and increased intensity of the Schumann resonances. There have already been studies showing a link exists with these and human ill health but the fact here is that all of this is going to more

greatly impact on all our immune systems if we fail to take what are really quite simple solutions.

This means that this problem could possibly increase excess deaths by thousands or even millions, or, if we take action, it will have little or no effect.

Millions are not yet Billions

Finally, we unfortunately have to add yet one more factor that needs to be taken into consideration. I touched upon it earlier when mentioning the problem with **the magnetic low anomaly over Brazil**.

This is the problem of **increasing amounts of gamma ray radiation** which comes from the cosmic rays from the approaching galactic current sheet as it hits our atmosphere.

Just as the Brazilians are at greater risk than the rest of the World's population, so too are people who spend much of their time in the upper atmosphere – **Airline pilots and Air crew**.

They too, it seems, are not escaping the problem, but instead are facing an even more exacerbated one.

It comes when all the variables are combined.

Vaccine damage and gamma ray radiation and low zeta potential all affect our immune systems and their response is the same - inflammation. It would be easy for one to hide behind another depending on which you would rather mask.

Remember, it is the inflammation of the inner organs that finally stops the physical body working.

Thanks next goes to Lily B. for bringing the following article to my attention as it provides evidence of the problem that the air industry already aware of when it comes to vaccine damage. Unfortunately, they have not yet published any link with increased radiation – whether they are aware of this problem or not yet, but spending time at a high altitude will definitely mean they are being exposed to much higher levels of radiation.

The article was written by Steve Kirsch in his January 17th 2023 newsletter for the Centre for research on Globalisation:-

After COVID Vaccine roll out, the U.S. Federal Aviation Administration (FAA) tacitly admitted that Pilots electrocardiogram (EKG) are no longer normal

<https://www.globalresearch.ca/after-covid-vaccine-rolled-out-faa-has-very-quietly-tacitly-admitted-that-electrocardiogram-ekg-pilots-no-longer-normal-we-should-be-concerned-very-concerned/5805050>

The following is a short summary of the headlines.

The October 2022 version of the FAA Guide for Aviation Medical Examiners has quietly widened, by a long way, the EKG (ECG) - Electrocardiogram) parameters beyond the normal range. The normal range is from 0.12 to 0.2 but this has moved on to **0.3 and potentially higher**. This may not seem a large increase but **it now includes pilots and aircrew who have a cardiac injury**.

The **PR is a measure of heart function** and this change has appalled Cardiologists.

It seems that the FAA took this action as they were running out of pilots to fly planes and commercial aviation in the US would have become severely disrupted.

There are signs now that 20% of pilots have damage to their hearts. **A study in Thailand** on over 300 children who had the vaccine showed that **30%** of them had cardiac damage.

If a figure of only 20% is taken from those people who were vaccinated in the USA that would mean that over **50 million people in that country have cardiac damage** from that.

The article goes on to say:- *“This is an admission from the US government that the COVID vaccine has damaged the hearts of our pilots. Not just a few pilots. A lot of pilots and lots of air crew and a lot of damage.”*

Final summary

The man-made Covid 19 began to weaken millions of people’s immune systems and many elderly and vulnerable died earlier than normal. Because man had been deliberately tampering with nature for nefarious purposes, humanity had been given no choice in what would happen to them and it seems that an early mutation stopped many more people from dying.

The psychopaths were left exceedingly frustrated with this outcome and the less than expected death toll resulted in far lower levels of fear amidst the populace. This then led to far less people taking up the cabal’s next step of mass vaccination.

The pre-prepared and pre-patented mRNA Vaccine and its boosters further damaged the immune system by negating the effect of IgG3 and putting added pressure on IgG4 which was now trying to do a job it wasn’t naturally supposed to do.

The homogeneity of the immune systems of the triple vaxxed made them far more vulnerable to further viral mutations and more vulnerable to all other illnesses and diseases.

It also meant that the viruses can now mutate into forms that many people had no defence from and that will make the viruses much more widespread far more quickly. That now puts the rest of the population at greater risk.

The increasing gamma ray radiation has added to the immune response of inflammation and inner organ oxygen starvation and this is beginning to add to the excess death totals.

Continued pressure on the immune system due to the mRNA vaccines lowered zeta potentials and this led to blood coagulation, blood sludging, mini strokes, strokes and cardiac problems. This has also led to more excess deaths in all age groups of those who have had the vaccinations. The increase in myocarditis in young healthy people is most likely also linked to this.

The increasing electromagnetic activity is leading to greater capacitor discharges on the Benker grid intersections and if anyone is spending too many hours on these intersections, it will further weaken their immune systems.

Finally the problem of excess deaths itself will lead to large demographic changes in economies. Businesses will be forced to close, public institutions will continually fail to do what they are supposed to and this will all have a knock on effect on illness disability and even more excess deaths.

New scaremongering about more deadly viruses are being planned in order to role out another mRNA vaccine program complete with passports that contain central bank digital fiat money to 'supposedly' help people continue through another lockdown as well as to prop up the central bankers failing fiat money system.

This will all be attempted to try and bring in some kind of new World of '**dis**-topian' Order that will aim to eliminate all freedom of speech and halt all population movement in order to bring about global domination and completely stop any spiritual evolution of consciousness.

It is the latter that I believe it is all about – control over the Earth and a war on spirituality that has been going on for at least the last 2000 years.

Due to the severity of the looming banking crisis, the overvalued markets, increasing inflation, the fall of the US dollar as the World's reserve currency, and the increasing number of people around the World who are against the current unipolar World from continuing, the psychopaths will probably aim to start the next round of their madness later this year.

They are certainly not yet prepared to do this, this early, but they are already desperate and can see their window of opportunity closing fast. They will fail because they did not prepare well enough in advance and the failed to give humanity a choice with their man-made virus.

Hopefully now you can all see how the 'How' these deaths occurred was so important to understand so that the bigger potential picture could emerge.

The good news is that these large numbers of excess deaths can be reduced.

For now though, it is time to take a look at part of this in more detail in the Earth energy section and the Benker grids.

Earth energies

Following the subjects that this newsletter has brought up, I really felt I needed to write a short piece on the Benker grid lines as they may be new to many readers.

The first thing to say about them is that they form a cubic grid which on average is about 10 meters by 10 meters by 10 meters (+/- 2m). However in some places the grid density can be as tight as 5m by 5m by 5m and as wide as 20 by 20 by 20meters. The lines themselves are about 2 feet wide.

That its grid density changes like this is of interest because it is the intersections that can cause humans problems. In homes and places of work where the grid density is tighter, there will be more intersections.

When people spend much of their time, like sleeping and/or working on these intersections, they start to suffer chronic fatigue. This progresses to chronic pain and then chronic illness.

We already know that the body puts up its own defence mechanism to these strong energies by creating a blockage in the human energy system (*In the Vedic yoga system these are called Bandhas*).

The problem occurs because these blockages then stop all energy coming into the body and this is what starts the process of ill health and the imbalance and the loss of zeta potential as there needs to be an open channel for energy to run up and down through the meridians of the body.

This blockage therefore impairs our natural immune system and we start finding all sorts of ill health symptoms occurring.

The way these Benker grid intersections seem to now be able to do this, with the new understanding that these are places where a build-up of energy is stored, like a capacitor, and then discharged.

With an increase in these electromagnetic energies, these discharges are likely to reach full capacity more regularly and so will more frequently discharge their energies. If your body spends long periods of time on these intersections, it will be receiving more discharges.

The body and all its systems need continual balancing and rebalancing, so spending too long on an intersection is going to continually upset this balance. With more discharges, it will mean more time is needed to be spent on this rebalancing in order to maintain a healthy immune system.

As you will have gathered, with these grid densities, it is odds on that there will be an intersection in most houses and places of work. It is important to know where these intersections are in relation to where you sleep and work. If you find one in these areas, there are some immediate actions you can take. If you can move the furniture – do so – being a foot away from the intersections that will be enough to avoid the discharges.

If that is not possible, you can place a cluster crystal, of quartz or amethyst on the intersection or the lines leading to one. As long as all the crystals in the cluster point in different directions you should be fine. Just avoid any of the larger ones pointing towards where you sit or sleep.

As for the orientation trying turning it each day to see if that helps. I have found that when you get the placement right, it can offer immediate pain relief. The effect of a cluster crystal is to dissipate the discharges of these electromagnetic energies. This produces much less of an effect at the intersection point.

Another thing that will help is grounding. This is one of the solutions that is mentioned later one, but its importance now in regards to restoring zeta potential has become far more important.

One of the solutions I am now aware of, and where lives have been dramatically improved, has come from placing metal foil sticky tape (*these are available via DIY shops*) across their beds and connecting that to a copper wire out of the room and down into the earth of the ground – a bit like a lightning conductor inside the house. Far better sleep is immediately experienced when you next go to bed.

If none of these options are possible, then we know how to expand the grid and anchor it into place with less grid density. Permission at the highest source open to us is needed to do this and it is unlikely to be given if it negatively affects anyone else living nearby to you.

Expanding and contracting the grid density can be taught but it is quite a mentally tricky technique and it requires a form of dexterity when using all three sub modalities. It is something I teach in my level 3 dowsing courses, however, I have had a rethink about these courses. I started them many years ago now and find that a new level 2 course is now needed.

If any of you are interested in learning these techniques you will have needed to have done my level one course first. I am going to be rolling out two level 2 courses this year and each will include instructions and practical experience working with these Benker grids.

The existing level 2 course on tracking and mapping the earth energies will now include this. I am also starting an '**Energy node care course**' and it is necessary to include and teach this activity on this course as well.

With many more people looking to run group meditations at sacred sites, extra knowledge is also needed about working with the energies in order to look after them.

Ensuring the nodes remain symmetrical is critical so being able to check this and bring a node back into symmetry will be taught as well as being able to recognise the Benker grid lines and how to work with them.

There are additional solutions that everyone should look to do more of when it comes to being able to manage the effects from these increasing electromagnetic energies and I cover these in the solutions section as they also relates to **rebalancing and strengthening ones zeta potential**.

Group meditation at sacred sites with the Benker grids

At fully functional symmetrical nodes (sacred sites) the intersecting lines of vibration play an important role. However the Benker grid also has a part to play and knowing its position and grid density and how to work with this grid is an important part of the energy work on a node that is carried out during group meditation.

This is explained in more detail on the '**Energy node care course**'. You will also be taught how to expand and contract the grid and that will enable you to offer guidance and help to other people who might be concerned with where these intersections might be in their homes and places of work. *(If you are interested in doing my level one course and/or my new 'Energy node care course', please drop me **a one line email** to say as such and I will put your name on my advance notice list for the courses I will be running this year. Please do so quite soon though, as I have a limited amount of time when I can run these courses this year.)*

I have not yet finalised any dates but hope to do so in the coming weeks. They will likely be just one in March and April and then about two a month until October.

For more about this grid and the others you might like to get my [short booklet on a guide to ley lines...Click here](#)

Gary M. Vasey conversation

As an additional final part to this Earth energy section, you might enjoy watching and listening to two aging geologists (Gary and I) who have developed a passion for dowsing and

mapping earth energy lines. Gary has been doing this in Czechia, formerly Czech Republic and Czechoslovakia, **and finding the type 4 alignments running through some beautiful Knights Templar sites, forests and wells and springs**. He has lots of videos on his adventures so do have a look at them.

What makes it so compelling is that these Templar locations have been behind the Iron curtain and have not really been studied much at all. The region has also been free from the Roman church for a long time so its churches and chapels have escaped any concealment of their symbolism. In many places in Europe the old Templar chapels have had their walls and ceilings and their telling signs painted over or plastered over. The truth always emerges over time though.

What he has been finding mirrors what I have been finding in a way that I find most amusing. <https://www.youtube.com/watch?v=WMcaWXYHh8c> (49 mins)

In the video, Gary mentions the Templar alignment that he found in Czechia. It is absolutely fascinating what he has been finding and he has taken some wonderful photos of places along the alignment.

His article on **Introducing The Templar Alignment** - Mapping a major Earth Energy Line Across Czechia can be read via this link https://gmvasey.substack.com/p/introducing-the-templar-alignment?utm_source=substack&utm_medium=email

There is a map of the alignment crossing through Europe and into France – see if the Templar fans amongst you can guess the site runs through on the West coast.

Now imagine where it crosses the Apollo Athena alignment and indeed the other type 4 alignments in those European countries – just imagine what you might find at these places – welcome now to a World of exploration and discovery that more and more people are beginning to really enjoy. *(I know because I get emails almost every week from the people who are doing this who have done my level 1 & 2 dowsing courses.)*

A French teaser for you

As just a little taster of exploration for you, take a look at the sacred sites map on the sacred network. There are several sacred sites with symmetrical energy line nodes that have now been found in France. One of them on the map used to be very close to **a very large Pyramid** that was taken down in the last century. By clicking on each of the French sites and reading what they say you will find which one it is. See if you can guess right with your first attempt.

Solutions emerge

A quick reminder of the reality we face.

We must hold in mind the 'death cult's' desire for **a population reduction of over a billion poor souls** (*The Georgia Guidestones' very first inscription was "Maintain humanity under 500,000,000 in perpetual balance with nature."*).

They seem to have begun this agenda with a man-made virus and an almost universally compulsory experimental treatment. The man-made virus and this compulsion went against a natural law of the universe that says they have to provide us with choice – as we are in an environment where choice is integral to our development and growth.

This led to a massive attack on mankind's immune systems that now threatens all humanity if we do nothing.

This attack was just one part of a deliberate plan to break the Western financial system and to replace it with one that gives a small group of people even more control over all our lives. This included breaking the system and way of life of all Americans.

Their aim was **World domination** as that was the only thing that might have stopped their fiat based digital currency control system from failing. Remember many of the cabal have infiltrated establishments and secret services over the last 40 years in countries all around the World – they are all acting traitorously.

Unfortunately for them, Russia and other countries like China, India and Iran as well as half of the G20 countries (*Argentina, Brazil, China, India, Indonesia, Republic of Korea, Russia, Saudi Arabia, South Africa, Türkiye*) seem to be against their new system of financial exchange and are looking to stop this global control from happening.

If you have to ask why these countries are thinking this, you need to look at the root cause of all wars around the World over the last 50 years and all the economic blackmail that has been going on.

This is why these Russia and some of the other countries are being increasingly being demonised by the Western media. What these 10 nations have seen is that, since 1997, the traitors within the establishment have turned **NATO into an offensive force** rather than a defensive one and each one of those ten G20 countries now sees the organisation as a threat to their own peace and sovereignty.

We are therefore entering a more decentralised **multi polar** world with the half the G20 countries heading down this path. These 10 countries have most of the World's raw materials and this adds considerable power to the direction being taken as the rest of the World will need these raw materials and their much lower acquisition costs in order to maintain their own export markets, businesses and GDP.

The 'wannabee' World controllers want to keep their **unipolar** World and they can now see their dream disappearing and are getting desperate. The way they have always operated was to find ways to control and take ownership of the raw materials in foreign countries and, when manipulation and economic pressure failed, they just invaded with their superior forces.

There is no conspiracy thinking here, this is the situation that all those who are looking can clearly see. Just look back at what has happened in the past.

Many people now think that World War 3 has become a distinct possibility and, whether we like it or not, **we have become embroiled in an existential fight for the freedom of humanity** where freedom is in short supply in most countries around the World right now.

In the face of all this, it may seem that there is little we can do individually but **it is the mind that moves before the body**. If we are honest with ourselves, we all want peace and so we should look for the best way to reach that first. The question we all face now is the following:-

Will a multipolar world be better for peace and freedom or would the current unipolar World bring peace and freedom?

I believe **the multi polar approach**, where sovereign countries are left to sort out their own internal problems, in their own way, and in their own time, **will prove to be the better path**.

When sovereign nations work together, fairly in trade partnerships, they come to understand how others live and operate and this is where the magic begins. They take the best ideas in all areas that they come across in other countries and then copy them in their own country.

This results in their standards of living, and the well-being of their people, all beginning to improve. This in turn improves the behaviour between their people over time and the nation itself begins to develop and evolve further.

Our World is changing, a better path is emerging. Old hereditary systems are being dismantled in favour for the new. Going with the flow, in these increasingly energetic times, is better than trying to swim or paddle upstream. We are being guided, we just need to listen and become more aware.

When we reframe our minds and look at a much wider perspective, we see that **materialism & reductionism has indoctrinated many people into thinking that our World is all that exists and that mind is just down to brain function**.

The true nature of reality that we are being constantly reminded of by the many great thinkers of the past and the visions and dreams of many, is that **we are not alone**, our minds do survive the physical death of the body and **there are a hundreds of thousands of higher**

(more highly evolved) beings on the different matter frequency systems (Worlds of Spirit) that are trying to help us.

That help though is conditional. They cannot directly interfere with what we do. We exist in a World where we have the power of choice for a reason and nobody will be allowed to take away that choice. We are here to choose.....to learn.....to develop.....to grow.

These **higher beings can help indirectly** though, but we must take the initiative and the first few steps.

The first step is something many of the Universal prophecies tell us to do. They talk about the need to **fast & pray and to purify** ourselves.

I find it most interesting that **these actions now link with the problem we face** with our immune systems all of them will help increase their strength.

This first step requires us to make changes in our lives to strengthen our immunity.

We need to turn regularly to the **health specialists and not the ill health specialists** in order to find ways to **boost individual immune systems**. We need to stay away from all mRNA vaccines and their boosters as **these will worsen your immunity**.

Put simply, we are heading into a situation where **those people who maintain a strong immunity will survive**.

It is not just about ourselves though; humanity itself may not survive such huge losses of life. **We need to help others** to make the same changes that we need to make.

What more and more people are coming to realise is that **we learn most when we teach others** and that has a knock on effect of improving the quality of how we change and how we help others to change.

We can never get to the point of being a really good teacher without starting to teach. There is therefore little point in waiting until some mythical time when we think we are good enough to teach.

We must be taught in ways that 'teach us to teach', so we can immediately go on to teach others. **What we know, we must share; what we learn, we must teach**.

We must all become health specialists in one of the many areas.

Life is all about learning growing and developing and we learn from mistakes. The good news here is that when 'health specialist mistakes' it is nothing like as costly as 'ill health specialists and their mistakes'. (*Do an online search for 'iatrogenic deaths' - it is the **third biggest killer in the USA**.*)

So in order to improve our own immune systems and maintain a strong immunity, we need to help others to do the same - it is the way we all get better at it.

To do this really well and fast, **we each need to become a health specialist and we need to teach others to do the same.**

As you will have already noticed though, there are many areas in which a health specialist can study and then teach. It will be impossible for one person to learn them all. It is also unnecessary as it all it takes are health specialists to form networks in their areas.

These things can be done online and remotely but they work best in a 1:1 format and small groups locally. Specialists in one field can then refer people within their network to other health specialists.

Think of learning and teaching others as a 'hobby' or a 'sideline' to what you currently do and it may even develop into providing you with an alternative income and then a main income.

The key is to start with **what interests you most.** To do that you should look to see what makes you most curious, where is life perhaps guiding you, what synchronicities are you finding?

You may already be studying or working in one of these health specialist areas, in which case your focus could be on building your network community so you can refer people to each other so that you are collectively helping someone return to maximum possible functioning immune system.

You may well ask what areas health specialists cover. The answer can be found in whatever is necessary to build a strong immune system. Health specialists are people we should turn to first before a problem becomes worse. Acupuncturists, Homeopaths, Nutritionists, Herbalists, Kinesiotherapists, Personal Fitness consultants, etc are all able to work wonders on body's with immune systems that have not suffered too much.

We really need to reframe how we look at our health. Currently we tend to leave things until they get so bad, that we have to go directly to the ill health specialists. We must consider this now **as being too late.** Regular consultations with health specialists, like regular 1:1 sessions with a personal trainer, should be the way forward.

Eating what is individually appropriate, exercising safely and becoming as aerobically fit and as strong as possible, taking the right nutritional supplements, eating organic food & herbs, drinking pure water, avoiding processed food, meditating more effectively, singing and chanting, improving your thinking skills and decision making strategies, laughing and having

more fun, listening to other people more, getting more sunlight, spending more time in nature, grounding, fasting, walking a more spiritual path, etc.

There are plenty more and many of these require being able to provide individually tailored solutions. The key to this, as I see it, is to form local groups and establish what skills already exist and to start networking between you all and the sacred network can help you do this as it is a platform to do just these sorts of things.

Through the kind donations of the 200 founding members, that platform now exists. It's called the [sacred network](#).

Register, put on your profile what skills you have and the region you live in, and look for groups to join or start your own local group. Each group has a forum page and an activity page that will allow you all to connect.

Further details on some of the solutions

Some more specific things to bear in mind are as follows:-

Because our **zeta potential can be disturbed by electrical charge** we must be mindful about what we consume and drink. Acidity and Alkalinity will affect our zeta potential. Too much of any one thing, may create an imbalance and damage our immune system.

Grounding plays a key role in restoring zeta potential of the nervous system. Walking barefoot as and when possible will help restore imbalance and discharge excess charge within us.

If you are on any medication, you need to work to get off them. Medication should not be for life as the body will heal itself if given the right attention. When you start doing that and you start making improvements in your lifestyle and health, your immune system will strengthen.

It is highly likely though that as your health improves, your medications will hold you back, so you need to work towards full health along with your ill health specialist (GP). They can then help you reduce your medication levels as your health returns.

Don't accept any protestations from them on this, they are not health specialists. Doctors for example, are not trained nutritionists. *(Unless they took time to do a completely separate training course).*

Aside from learning, teaching and forming local networks, the second part of the solution is **raising awareness of the problem that we face**.

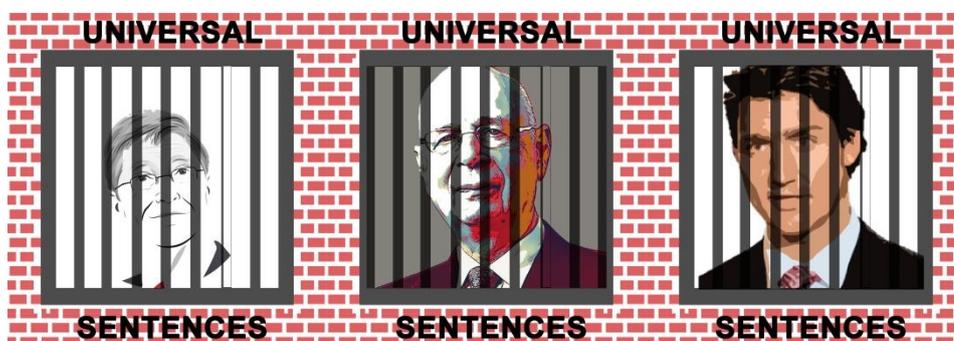
We cannot expect the globalists, the central bankers, the ‘wannabe world controllers’ to help here as their stated agenda is depopulation so that they can get away with world domination.

We cannot expect our politicians, their media and their controller forces to try and stop this either – **unless there is an overwhelming demand from the people who have awakened to the problem** and what the protagonists are doing.

Fortunately the tide is turning against these people.

What is needed is **a simple collective call for three things.**

1. Universal Sentences



Sentences should be both a deterrent and correctional. You need to make them bad enough so that people are not tempted at all to do things that violate the natural rights of other human beings. You also need to have a way to ensure that if and when perpetrators are released back into society, their thinking is completely reframed such that they have changed. The wealthy should also pay for their time in any correctional facility.

In regards to a deterrent, it should be one that is easily and widely known amongst the very rich – they, and their whole family, should lose all their Worldwide assets. Money is the only thing that matters to them so this is their perfect deterrent.

The next thing is to retrospectively eliminate any immunity of prosecution and financial penalty when it comes to crimes against humanity.

If we all call for universal sentences to be handed out to all the members of the cabal and everyone who helped them that should scare them into a confession in order to have a reduced sentence – one that would leave some assets for their family.

2. No Alien Passports



The collective call here should be to just not accept Alien passports.

The Cabal talk about vaccine passports but these were never true vaccines. Instead they were *Experimental Treatments* - *E.T* also stands for *Extra Terrestrial* so this is where we can meme them as Alien passports. If we can stop these, the cabal will have no way of enforcing wallets that hold their central bank digital currencies and we can move on to a form of exchange that includes sound money – money that cannot be inflated away through their endless money printing.

3. End NATO Now



One of the main human rights is the right to defend oneself against being attacked.

Over the last 30 years NATO has been aggressively turning into an attacking force and it keeps expanding its sphere of influence – completely against all agreements it had made not to do so in the past. NATO is even looking to move into a threatening position in the South China sea and exert its presence there and George Soros is calling for Japan to become a member of NATO too. It seems that, what started as the North Atlantic Treaty Organisation,

has become the vehicle to push for global domination for some people. I think there should be a call for the end of NATO now.

NATO is ineffective, costly, offensive and not defensive. Countries should only have defence forces. Attack is not a form of defence – that is just another misnomer propagated by a greedy arms industry. If every country just focused on their defence, everything would be fine. Deterrents are a form of defence and there are far better deterrents than the expensive ones the arms manufacturers want you to pay for.

It is my belief that **a multipolar world will be a much more peaceful World** without the NATO warmongers.

Overcoming a countries internal problems

There is a sovereign individual right, and a human right of people in any country, to self-determination. Not all countries have fair and equal systems for their populations but in an environment of mutual cooperation countries can learn from each other.

Mutual cooperation and trade between countries drives an internal desire to change and this is how nation states and individuals grow and develop into better people and places become more attractive to live in.

Different rates of change and different solutions for each nation's state is what makes sense – not a single, top down driven, 'one solution fits all' way of thinking.

Over time, **mutual cooperation will lead to people willing to make their own internal changes.**

Some of the smartest and brightest children come from families all around the World – they don't just from very wealthy families. It is clear that if our World is to progress, we need a system where the best thinkers, the most creative people can rise to the top so they can help others around them.

For this reason **everyone needs a fair chance to develop** and to make a positive difference. Two tier systems where you have one small group of very wealthy people and everyone else is in poverty, is not healthy for the future of the World that will be facing future problems.

WEF leaders around the World want one World government and Russia is in their way – they need to keep expanding, they need population down to 500 million so they can control us.

We have to come together to stop this at all costs.

We need freedom for innovation and we need innovation to provide solutions to the problems mankind will face in the future.

We also need to recognise our spirituality as our environment is changing and we have the chance to evolve our consciousness. We are not living in a dead material universe caused by an accidental explosion we are living in a live spiritual universe where our hearts and souls can thrive where our consciousness can continually evolve through the environments we have been given to do this in as we are just one small fragment of a universal consciousness.

I mentioned earlier that we are facing an attack against our spirituality. This is not one religion against another though, it is materialism against spirituality. There are only a very few number of people who would wish to wipe out all traces of spirituality in the World.

If you doubt this, think of four of the ten G20 countries that are standing against the WEF and its infiltration in governments around the World right now - China, Russia, India and Iran and it is with these countries that we see the added significance and importance of the multipolar world and its diversity.

In **Confucian China** they are non-dualistic, have no transcendental deity, but consider the Tao to be flowing through everything.

In **Russia**, with its **Orthodox Christians** they show reverence to divine Sophia. They have over 150 different languages spoken in nearly as many different ethnic groups and each with their spiritual traditions. All are being encouraged by the government to sustain their cultural ways amidst one another.

In **Polytheistic India** they have the wheel of rebirth and the law of karma and a spiritual history that goes back beyond the Vedas and the Holy Rishis.

In **Shi'ite Iran**, we find Islam, preceded by Zoroastrianism, which has the eternal cosmic battle between Light and Darkness running through it, has a rich culture of Sufism with its deeply spiritual roots.

In each country there is **unity behind all this diversity and this is encouraged** because it is known that it gives that country the strength, depth and fortitude to overcome its challenges.

It can do this because of the freedom given to all these different groups to express themselves in any way they choose, as long as they don't harm or upset anyone else.

This for me shows us hope and the way forward in a fragmented World. When we all come together we can still retain our differences – indeed it is vital that we do.

What certainly cannot do this is if we are all forced together under one World order that has to, by its very nature, stop all spiritual diversity, cultural tradition and freedom.

That this can be done on a large scale, means that it can also be done on the small scale and that brings us back to the need for small communities where people help and support each other under a large system that supports this.

It is time to now turn to some lighter subjects for the last three sections....

Books

The book I wanted to write a bit about in this newsletter is one that has been pointed out to me several times by several people throughout 2022.

So a big thank you to Lynda, Pam, Heather, Gary and Olly, for bringing it to my attention.

It was first published in 1983 and is a novel set in pagan Anglo- Saxon times that includes some ancient teachings.

I must confess to not yet finishing the book due to my work load at the moment, however it did make me look into some of the more tangible aspects upon which it was based.

What intrigued me was that much of what was mentioned we have been discovering in our Sacred Path Group discussions and research into Geobiology and the Earth's energy systems.

The following sentences are just some of these subjects from the book that will hopefully provoke you into further thoughts and insights.

"Anglo Saxon sorcerers dealt with a life force – a vital energy that permeates everything and which flows up and down the spinal column."

"You can start at any point on the web and find you are at the centre".

"Everything vibrates the web of Wyrð."

"All lines are locked together in the shimmering World of Wyrð."

"All things are enmeshed and connected to one another by the threads of Wyrð."

"Wyrð is created at every instant."

"You can be in harmony with the forces and use their power but you cannot change them."

"We open ourselves up to the patterns of the Wyrð by observing the ripples as it passes by."

"The Wyrð is the constant creation of these forces."

“These forces, and many others, form the end points of a gigantic web of fibres that cover all Worlds.”

You can perhaps see the connection now to the Earth energy lines but for those of you who are familiar with Ron Pearson’s scientific theory on the creation of the Universe, which explains how intelligence must have arisen before it created the illusory matter frequency Worlds, you will see how his sub quantum vibrations also link with Wyrd.

More about these mysterious forces that are mentioned are covered in the Sacred path modules as these link with Rudolf Steiner’s forces and impulses which provide us with even further understanding of our reality.

(If you would like to attend these sacred path modules and perhaps become a facilitator and run them yourself, please sign up to the public sacred path modules group on the Sacred network website and you will be notified first when the courses start.)

If you have not already guessed by now the novel is titled ‘The Way of Weird’ by Brian Bates.

The novel is also quite an enjoyable read.

Social media

I would like to focus this section on the new Sacred Network website and to let you know how it is progressing.

For those of you who are new to this website, it can be found at <https://sacrednetwork.org/>

It is sitting in a fully encrypted blockchain environment within the [Edge network](#) which gives everyone extreme confidentiality.

Our Mission - The Sacred Network is a platform designed to bring spiritually minded people together for the good of humanity, the living planet and all sentient beings.

Our Aim - To share knowledge of where local powerful energetic sacred sites can be found. To support grow local spiritual interfaith groups with the help of these sites. To help these local groups become interdependently connected so that relevant and timely information can be shared between them.

Our Principles - We welcome all open-minded, moderate thinking, spiritual people who seek freedom and truth.

We define moderate thinking spiritual people as those who consider that everyone from all faiths have a right to believe the way that they do and they don’t hold the extreme view that their religion is superior to all others.

One of the ways we can all accept this is to consider that the words God, The Universal mind, Cosmic consciousness etc. are all referring to one and the same.

Essentially this is your site for your groups and for your events

In the short time it has been open, we have rectified a few errors and made it slightly more functional and easier to use and I will mention a few of these later.

We now have over **800 members** from over **20 countries** around the World. Over **30 groups** have been set up, **over 230 sacred sites** on the sites map have been listed and more meditation events are continually being added by the members.

A big 'Thank you' to everyone who has registered and become a member.

One of the **new features** we have added is the chance to put in a region where you live when you register. If you have already registered, you will be able to add a 'Location' field under My profile – info – under profile info click on the edit icon and you will see where to add this and it gives you four options on who you would like to see this location.

The main advantage is in helping people to meet up within their location as you can now do an 'All Members' search under that location field and send out friend requests or group invites.

We have also made it much easier to set up an online or onsite meditation event under the event listing pages. There are clearer instructions on how to do this as well as another search field. You don't need to run events at the sites on the map all you need to do is to add in location information.

If you are then looking for an event, the search bar on the sites map will allow you to just put in a country or continent and do a search and all the events listed will come up below – including past events if they were only a month ago.

Sacred site Reviews

One new area we have added is the **sacred site comment fields**. If you have been to a site or if you are running an event at a site, you can now leave a comment and a way for people to find your groups and your profile.

Where is the 'Sacred Run' challenge

Some of these sites are going to be hard for some people to get to, so if you do make it, for example to the sacred site I have labelled the 'sacred run' in the comments, please do let other people know what it was like. I have not been to the sacred run site myself but with

the numbers of stone circles in a line, along a hiking trail, it must be an amazing place – especially for a run. I will let you try and find it on the map though. I will give you one clue – it is on an Emperor dragon. Leave a comment on the site box to say you found it if you were the first.

A slightly easier search is to look for the Pyramid in France that I write about earlier in this newsletter. The pyramid is not there anymore unfortunately but I have left a photo up so you can see what it looked like. The nearby sacred site was only just repaired this month by three lovely people. That was a story in itself but I am sure they will tell you more about that in their own time.

In regards to sites, there are more to still go up, it just takes time. I also have a few people in other countries who are soon going to be able to find sacred sites and repair them where necessary so this will speed up the process of finding good accessible nearby powerful nodes where people can gather and meditate.

We are not standing still with the development of the site either. The next stage is being scoped out which will offer members even more benefits. There will also be a platform for the sacred path modules and their facilitators to use.

If you are interested in becoming a facilitator and running these modules, please get in contact with me on the sacred path modules public group via the forum message I have placed there. *(The other levels of sacred path modules are for those people who have completed those levels so they can discuss topics without spoiling the learning for others who have not done those levels)*

More about the sacred path modules will be coming out soon but you can read more via this link.

Other - Sounds

We know that the stone circle builders must have been aware of the energy line and energy grid intersections as they placed their sacred sites on these locations.

In the Bronze Age it would appear that some of this knowledge still existed and by the time of the Iron age even the Celtic druids still knew some, but less, of this old lore.

The Normans and the Saxons with their spiritual belief systems also placed their chapels on or near to these intersections so it was clear that they at least knew these were special energetic and sacred places.

We also know, from the old hypogeums, that sound and vibration must have been very much part of any ceremony held at these sites as a resonant connection is what is still sought today at these places. When that resonance happens, it is immediately felt.

This may then raise the question 'What did they sing or chant back in the Stone Age or the Bronze Age?' and 'Can we learn anything from this?'

We know that in ancient Hebrew times the vowels were held to be sacred – so much so that only the consonants were used when they wrote down the words that were being spoken.

Singing the vowels is something we currently do today, but we are still at a loss of understanding of just how this might have been done.

Well one of the ancient languages is perhaps offering us more of a clue today.

Sanskrit is an ancient and classical language of India and the first book of the World – the Rig Veda was written in that language.

The Rig Veda is one of four Vedas that make up the religious texts of ancient India which have been dated back to 8000 years ago. For Sanskrit to have been written down then, it means that the language must have been in use for some time beforehand. This verbally spoken language is now quite possibly even older than the beginning of the Bronze Age which is said to have begun around 5000 years ago.

We know that the Rig Veda contains a collection of over 1000 hymns/poems so we know that this language was also sung. In India, sound is visualized as "pervading all creation" and a representation of the world itself.

In Hindu thinking, they regard the search for perfection to be **the goal of liberation** and that this is **found within sacred sound**.

If we wanted to get some idea of what our ancient ancestors used to sound like when they sang at their sacred sites, the closest we are going to get to that is to listen to Sanskrit being sung.

You might well think it would be magical, but what do you think it might feel like?

Where and how might these sounds touch you in your body?

What might we learn from this so we can sing and chant in similar ways at ceremonies at sacred sites today?

The following video is one I really recommend you listen to. It is an ancient Sanskrit Chant for Help with healing and wellness – something that fits well with the idea that it might help boost our immune systems.

It is titled Laghunyāsa and it is being sung by a young lady called Gaiea Sanskrit. Gaiea studied Sanskrit at Oxford University and is now becoming a You tube sensation with her singing in this language.

If you regularly do yoga, you may well have heard her singing before, because her albums are probably the best sound that there is to do yoga to.

<https://www.youtube.com/watch?v=v34ylisouLo> (9 mins)

Sanskrit Chant for Healthy Mind & Body | Healing Frequency

If you would like to find out more about Gaiea Sanskrit's work her website is

<https://www.gaieasanskrit.com/>

For specific music to listen to during your yoga practice you might like to start with Patañjali chapter 1 <https://www.youtube.com/watch?v=5Dxofq8ufzo>

If you listen to this in a state of heighten awareness having first sown seeds of intent in your conscious mind, you may well receive insights that will help you along your path towards a healthier mind and body.

On these delightful notes, I wish you all the very best for the next three months.

We know from the top astrologists like Pam Gregory and Heather Emsworth, that March is going to be particularly challenging. March is when we find Saturn entering Pisces (*A sign of change*) and Pluto entering Aquarius (*The last time was between 1777 to 1797 when the French and American revolutions occurred*).

So try and pre-empt this mentally and emotionally in advance as that will help.

Anyway, thank you so much for reading this newsletter and I hope that it will help guide you to make some great decisions.

If you like my work and wish to support it in any way, that would be extremely helpful, aside from making donations via my website www.roryduff.com, there are books, courses and modules I will be running soon, so please express and interest in these or buy them. In regards to the courses, the first two dates I have down for the **level one dowsing course 12th March & 9th April**. There will be others later in the year, but if you would like to register early and get on to an advance notification list, please contact me.

If you have enjoyed reading this, please feel free to share this newsletter with anyone you feel might appreciate its content.

Blessings and gratitude

Rory Duff